

Meet My Team

Antioch Postdoctoral Residency Training Team

East Bay Consortium

Mental Health Training Program Bio's

Mary Anne Beach, Ph.D.

Mary Anne Beach, Ph.D. is a Clinical Psychologist and Supervisor on the Child Team at Kaiser Antioch. She is also the Site Training Director. Dr. Beach graduated from the California School of Professional Psychology in 1996 and has been working at Kaiser Permanente since 1999. Her internships in the course of her doctorate training were at the Oakland VA and Berkeley Therapy Institute (forensic emphasis). Upon joining Kaiser Permanente, Dr. Beach lucked into the best job in Kaiser and has loved working as our Adolescent Intensive Outpatient Program Coordinator. She joined the training team in 2003 as a primary supervisor for the Child and Adolescent IOP resident position. Our clinic was the first

to offer residents the opportunity to be trained in working with this very acute, yet very rewarding population. Dr. Beach enjoys working with residents in their last year of formal training and sees it as an opportunity to help residents embrace their strengths as clinicians and to help them feel competent and capable in any high-risk clinical situation. In her spare time, she enjoys watching her kids play basketball, playing bocce, reading, cooking, and watching baking shows with her daughter.

Alena Schabes, PsyD

Alena Schabes, PsyD is a Clinical Psychologist and Supervisor at Kaiser Antioch. She also oversees opportunities for Community Partnership projects for residents in the training program. Dr. Schabes graduated from California School of Professional Psychology and has been working in the Mental Health Department of KP Antioch since 2008. She has spent time on both the Adult and Child teams, so she is very familiar with a wide range of clinical populations that we serve in this department. Dr. Schabes loves to help residents develop clinical skills to work efficiently and effectively with a wide range of clinical problems. She finds it very rewarding to be part of the training program and to support residents to develop clinical skills and work habits through cases and work opportunities that will serve towards long-term success in this profession. In her off-work hours, she loves chasing around her

children, gardening, cooking, and participating in various activities in the community.

Robert Park, PsyD

Robert Park, PsyD is a clinical psychologist on the child and family team at Kaiser Permanente, Antioch. He serves as the post-doctoral training program's psychological assessment supervisor, having had this role since 2011. He graduated from the California School of Professional Psychology (Now Alliant International University) in 2003 and joined Kaiser Permanente as a post-doctoral resident. His experience in psychological assessment includes a predoctoral internship for psychological testing at the Guidance Clinic at Alameda County Juvenile Hall. Additionally, he was part of the psychological testing program as staff at Kaiser Permanente, Stockton from 2004 to 2007. He appreciates working with children, adolescents, and families presenting with a wide range of presenting problems and uses therapy approaches involving aspects of Solution-Focused Therapy, ACT, as well as family systems approach. When not at work he enjoys spending time with his family, including his two children, and enjoying hiking, mountain biking, and reading.

Joanna Mendoza, PsyD

Joanna Mendoza, PsyD is a clinical psychologist at Antioch Kaiser serving both on the child/family team and the adolescent intensive outpatient program (IOP). She is an individual supervisor as well as group supervisor for the DSA consortium. Dr. Mendoza has a multicultural emphasis in group supervision with the postdoctoral residents. She completed her degree at The Wright Institute and was a post doc resident at Antioch Kaiser herself. She enjoys giving back to the community she grew up in and is very familiar with the East Bay Area including Antioch and surrounding cities. Dr. Mendoza is a bilingual clinician and supervisor, providing services in Spanish as well. Having been a postdoctoral resident at this site, Dr. Mendoza enjoys working with postdoctoral residents in their last training year as they hone their clinical skills and get ready to be independent practitioners. Dr. Mendoza has training in integrated pediatrics health psychology and supervises the Maternal Infant Resiliency training program as well. Outside of work, she likes to travel, go hiking, and spend time with her family.

Staci J. DiGioia PsyD

Staci J. DiGioia PsyD is a Clinical Psychologist and Supervisor for the Adult Intensive Outpatient Program (IOP) team at Kaiser Antioch. Dr. DiGioia graduated from the American School of Professional Psychology at Argosy University, Orange County, Ca in 2015. After completing her internship at Anka Behavioral Health, Dr.

DiGioia became a Post-Doctoral Resident here at KP Antioch on the Adult/Adult IOP track and was hired on afterwards as a staff clinician with the IOP/Case Management team. Dr. DiGioia specializes in working with chronic and severe mental illness such as Schizophrenia and her extensive DBT background had helped her become adept in working with Borderline Personality Disorder. Dr. DiGioia appreciates being a part of the Training Department and able to give back to the program that helped her become the clinician she is today. Outside of work Dr. DiGioia enjoys crafting, watching Disney movies with her daughter and kickboxing with her husband.

Karlene Alves, PsyD

Karlene Alves, PsyD is a clinical psychologist at Antioch Kaiser serving on the child/family team. She is an individual supervisor for the DSA consortium. Dr. Alves grew up in the heart of the San Joaquin Valley and so was drawn to working at our Antioch Site as its population most reflects that of which she grew up in. She completed her degree at Alliant International University, San Francisco and was a post doc resident at Antioch Kaiser herself. Dr. Alves has a special interest in supporting teens with risk issues and doing family therapy. Having been a post doc resident at this site, Dr. Alves appreciates the opportunity to give back to the program by working with post-doctoral residents and helping to get the most out of their last training year before they practice as independent psychologists. Outside of work, Dr. Alves enjoys spending time with friends and family, particularly her three nephews, and exploring different parts of the Bay Area.

Lindsey Osterman, PsyD

Lindsey Osterman, PsyD is a Clinical Psychologist and Supervisor on the IAC Team at Kaiser Antioch. Dr. Osterman graduated from the American School of Professional Psychology at Argosy University, Alameda, CA in 2013. Dr. Osterman completed her Post-Doctoral Fellowship in 2014 at Anka Behavioral Health where she served as the clinical administrator for a dual diagnosis residential treatment facility. She went on to supervise practicum trainees, pre-doctoral interns and postdoctoral residents while directing an outpatient clinic for moderate to severe mental illness in addition to managing a crisis residential facility. Dr. Osterman joined the Kaiser IAC team in 2020 and has been supervising post-doctoral residents for the past year. She has an extensive background working with clients with severe and persistent mental illness, substance abuse, PTSD, and personality disorders. Outside of work Dr. Osterman enjoys cooking, reading, traveling and being a Disney fan.