

Meet My Team

Fremont Mental Health Training Program Team Bio's



Monique Ordone, LMFT **Training Director**

Hello! My name is Monique Ordone and I am the training director at the Fremont Kaiser training site. I am a Licensed Marriage and Family Therapist (LMFT), born and raised in the Bay Area. I received my bachelor's degree with honors from San Jose State University. I earned my master's in counseling psychology from Santa Clara University with a concentration in the treatment of At Risk Youth. I have been fortunate to work at Kaiser Fremont over the last five years alongside an amazing team of providers.

I have worked with adults, children and their families in a variety of settings including county clinics, schools, city diversion programs, and in the acute hospital setting. I have also had the opportunity to provide oversight for case managers, provide clinical supervision to Bay Area students seeking their master's degrees, and facilitate trainings on crisis prevention intervention, eliminating the stigma of mental health, and mental health in faith-based communities.

I have welcomed the opportunity to supervise trainees on their journey towards licensure because I enjoy providing knowledge, encouragement, and support. Our team of supervisors are highly skilled, compassionate, and thoughtful, and working with them has been a wonderful opportunity. I'm highly invested in assuring that our training program remains successful and our trainees feel prepared as they move ahead in this rewarding line of work.

Christine Chiu, LMFT

Welcome! My name is Christine Chiu and I'm a Licensed Marriage & Family Therapist at Kaiser Permanente in Fremont. My vision is to support and encourage individuals and families toward emotional health and restoration. My approach to healing is integrative, depending on the client's needs. I value a culturally-sensitive approach to counseling, and will intentionally consider one's background, faith, and experiences when working with individuals and families.

My experience and training draw from various approaches including: Psychodynamic therapy, Cognitive Behavioral therapy and Spirituality-based counseling. I've also been specifically trained in Cognitive Behavioral Therapy (CBT) for psychosis, an evidence-based treatment.

Since 2007, I've worked in private practice and nonprofit agencies specializing in counseling adults and adolescents, covering various concerns including: Abuse & Trauma, Anxiety, Depression, Identity Formation, Life Transitions, Psychosis, Relationship Issues, and Spiritual/Emotional Health. Prior to pursuing therapy, I spent five years working in Human Resources/ Employee Relations and completed my Certificate in HR Management, expanding my career counseling and coaching skills.

In addition to therapy, I've had the privilege to teach courses on Basic Counseling and Emotional Health in the Bay Area and in China. Our communities are foundational in the healing journey and it is important for all of us to be effective and compassionate healers and advocates of emotional health.

Stacey Carioso, LCSW

Hi! I'm Stacey Carioso and I'm a licensed clinical social worker at Kaiser Permanente, Fremont. My educational background includes a BA in Psychology from UC Santa Barbara with a minor in Asian American Studies, and Master of Social Work degree from San Jose State University. I began my career at Kaiser in 2000, as a pre-Master's Social Work intern. I was blessed and fortunate to have had supportive and nurturing supervisors in my early career as I worked towards licensure. I have been one of the primary supervisors for the Child team since 2013, when our post Master's internship at Fremont began. Supervising interns remains one of my favorite roles here at Kaiser. I greatly value my role as a supervisor as my opportunity to help mentor interns with their personal and professional transition into becoming licensed providers. I look forward to welcoming the diversity and perspectives from our interns each year.

Annaliese Taylor, LMFT

I obtained my Masters of Science in Marriage, Family and Child Counseling because I have always been interested in understanding how our significant relationships impacts us, both early on and in our adult lives. Since completing graduate school in 2008, I have had the opportunity to provide therapy to adults in various psychiatric settings and with culturally diverse populations in the Bay Area. These settings include an Intensive Outpatient Substance Use program for women with co-occurring disorders; Inpatient Acute Diversion Unit for individuals transitioning out of the psychiatric hospital; community-based clinic working with individuals with psychiatric and developmental disabilities; and university mental health clinics.

I have a strong passion for helping people gain insight into their problems and giving them the tools, they need to improve overall quality of life. I have experience working with anxiety

disorders, PTSD, loss and grief, depression, bipolar spectrum disorders, psychotic disorders and personality disorders. My theoretical orientation is rooted in Cognitive-Behavioral Therapy and Dialectical Behavioral Therapy, evidenced-based treatments proven to offer significant benefit to individuals struggling with the previously mentioned psychiatric concerns. Although my style is to provide individuals with concrete techniques they can employ to improve their symptoms, I believe that a strong therapeutic relationship is key to evoking change. Therefore, I strive to be a culturally competent provider and maintain a working relationship that is mutual, empathetic and validating.

I have been practicing at Kaiser Permanente since 2014, providing individual and group therapy and case management services to diverse adult populations. I feel fortunate to be a part of the team of dedicated and talented clinicians who make up the Fremont Psychiatry Department.

