

Meet My Team
South East Bay Consortium
(Fremont, San Leandro & Union City)
Postdoctoral Residency
Mental Health Training Program

Allison Burns-Pentecost, Psy.D.

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Consortium Director South East Bay Consortium

I am the consortium director for the SEBC and the program director at Kaiser's Department of Adult Psychiatry in Union City. I completed my doctorate in clinical psychology from the Philadelphia College of Osteopathic Medicine. I completed my postdoctoral residency here in Union City and have been a staff psychologist for the adult team since. My graduate training emphasized CBT, health psychology and psychology in medicine. I also have become a qualified Mindfulness Based Stress Reduction (MBSR) teacher and lead that program for our health education department. In addition to MBSR, I have facilitated groups in Couples Communication and Anxiety Management. My approach to therapy is integrative, primarily informed by CBT and Mindfulness approaches. I enjoy being a generalist and treat a wide variety of clinical presentations in the clinic. We have an excellent residency training program and I'm happy to share more details with those who are interested.

Matthew Smith, Psy.D.

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Fremont Site Training Director

Welcome to Fremont. I have been with Kaiser for over 15 years and started as a post doc resident at this very facility. One of the best things about my job is the variety of experience. I do general diagnostic assessment, therapy, psych testing, supervision, triage, consultation, program development and emergency room consultation. My first love is group therapy and behavioral health education. I am the group therapy coordinator for Fremont and enjoy the energy and process of a group of patients coming together and forming a small community for a brief period. I have designed about half the treatment groups we offer on our adult services and have led almost all of them.

Fremont Mental Health has a long history of promoting excellence in the next generation of psychologists. While we prefer to be quietly humble about our efforts, we are proud to have trained post at our clinic for over 25 years and have a culture of supporting and enjoying the training experience with them. The training I received as a post doc was the best of my life and truly taught me the nitty-gritty of treating various diagnoses so I can feel more prepared in independent practice and be confident that I can help my patients.

Traci Barisciano, Psy.D.

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Adult team supervisor

I am a part of the wonderful team of clinicians on the Adult Psychiatry team at Kaiser Fremont. I am a clinical psychologist and post-doctoral resident primary supervisor. I started working for Kaiser when I was a postdoctoral resident in 2013. I enjoyed the training opportunities, diverse patient population, and working with collaborative and talented colleagues, and thus why I decided to continue here as a full-time staff. Prior to joining Kaiser, I completed my doctorate degree at Immaculata University. I completed my internship year at Gerard Medical Center which is a community mental health facility in Philadelphia. I worked in the outpatient clinic and on the extended acute care inpatient unit. Currently, my roles include adult clinical psychologist, triage provider, primary supervisor, gender therapist/assessor, and I am also part of the Dedicated Consultant Team where I provide psychological consultations for patients who are seen in the Emergency Department. My approach to therapy is integrative, as I tailor my approach to each patient while incorporating empirically supported interventions.

Yuju Chen, Psy.D.

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Adult team supervisor

I am a clinical psychologist and post-doctoral resident supervisor based in Department of Adult Psychiatry in Fremont Kaiser. I joined Kaiser Permanente in 2015. Prior to working at Kaiser, I had worked as a licensed clinician in a variety of settings, including primary care setting, mental health outpatient clinic, and private practice.

I received my doctorate degree from California School of Professional Psychology, SF campus, and my master's degree from National Taiwan University. I provide therapy in both English and Mandarin. The theories and skills I utilize in my interventions are mainly from Cognitive Behavior Therapy and Mindfulness-based therapy. I am also influenced by psychodynamic approach and believe in the critical role of therapeutic relationship in interventions. I work with patients with a variety of diagnoses, but have special interests in anxiety, mood disorder, traumas, immigration issues, and women mental health issues. I am proud to be part of our mental health team and looking forward to working with our residents at Kaiser Fremont.

Joanne Lam, Psy.D.

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Adult team supervisor

Dr. Joanne Lam earned her PsyD in Clinical Psychology from John F. Kennedy University in 2016. She completed an APA-approved pre-doctoral internship at California Pacific Medical Center's psychiatry department. Dr. Lam started at Kaiser Fremont as a post-doctoral resident and was later hired as a psychologist. Dr. Lam's practice consists of individual and group therapy. Her approach in therapy is integrative and she practices evidence-based treatments such as cognitive-behavioral therapy (CBT), dialectical behavior therapy (DBT), and acceptance and commitment therapy (ACT). Other than individual and group therapy, Dr. Lam serves several roles in the Fremont Psychiatry Clinic, including DBT facilitator, Wellness Committee, delegated supervisor on the postdoctoral training team, and a member of the Immediate Services Crisis team. Dr. Lam is bilingual in English and Cantonese and provides treatment to our monolingual Cantonese members.

Shannon Stovall, Ph.D.

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Child/family supervisor

I am a licensed psychologist in the Fremont Psychiatry Clinic and work in child and family services. I received my bachelor's degree in psychology and political science and my master's degree in marriage and family therapy. I completed my PsyD at Our Lady of the Lake University in Counseling Psychology and went on to complete my pre-doctoral and post-doctoral training with The Hume Center. My therapeutic approach is to come from a strengths-based, solution focused and narrative lens while incorporating in other evidenced based interventions and theories such as CBT, DBT and ACT. I am truly passionate about my work with children, youth and families as I feel that systemic work, as well as individual work is necessary for the greatest amount of change and progress. I am honored to be a part of the training program and helping trainees grow and become colleagues in this growing and amazing field.

Gerald Gonzales, Ph.D.

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Child/family supervisor

I am a manager in the Fremont Psychiatry clinic, and I work as a licensed psychologist in child and family services. I completed my bachelor's degree in Business Finance and my master's degree in Counseling from Santa Clara University. I joined Kaiser Permanente as a post-doctoral clinical psychology resident in 2011 after completing my Ph.D. at the University of Oregon in Counseling Psychology and my pre-doctoral internship at Marin County Community Mental Health. My practice philosophy is to work collaboratively; that is, teaming up with children & teens, parents, teachers, and pediatricians to determine the best course of treatment. I chose to work with children and families because of the power of early intervention. The most exciting part of being part of the training program is the opportunity to give back to the field and learn from our talented supervisors and trainees. It is a true privilege being part of the SEBC training program.

Chaya Rivka Mayerson, Psy.D.

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Child team supervisor

I am a licensed psychologist in the Fremont Psychiatry Clinic and work in child and family services. I completed my master's and doctoral degrees in Clinical Psychology at California School of Psychology. My predoctoral work was at the Infant-Parent Program at SF General, and my postdoctoral work was at UCSF, pediatrics. I've worked in nonprofit, hospital, academic and private practice settings in my career as a psychologist and have worked at Kaiser for eight years. My specialties include pediatric gender wellness, children's group therapy, parent-child therapy, and child neuropsychology. Working with a pediatric population is extremely hopeful and rewarding work!

My therapeutic approach is child/youth-centered, and typically blends aspects of play therapy/talk therapy and cognitive behavioral therapy. I prefer a strengths-based, relational stance, and am interested in a variety of evidence-based interventions. I am honored to be included as a part of the training program and helping trainees grow into their interests and strengths.