

## **Meet My Team**

### **Pleasanton Mental Health Training Program Bio's**



#### **Agnes Susabda, PhD**

##### **Adult Team**

Dr. Susabda is a Clinical Psychologist and Supervisor on the Adult Team at Kaiser Pleasanton. Dr. Susabda completed her PhD in Clinical Psychology at Texas A&M University, where her research focused on utilizing neuroscience and psychophysiological approaches to explore the role of emotions in drug and food craving processes. She pursued clinical and research interests in PTSD during her time working/training at the University of Texas Medical Branch (developmental trajectories of substance abuse among female trauma survivors), SFGH/UCSF (clinical training with trauma populations), and the Stanford Aging and Clinical Research Center (the role of PTSD, sleep apnea, and genetics on the onset of dementia among older veterans). Her clinical interests include emotion regulation, Cognitive Processing Therapy, and Acceptance and Commitment Therapy. Currently, Dr. Susabda is involved in the Trauma Skills group and the Self Esteem Group (an ACT based group) in the Adult Team at Kaiser Pleasanton. In her spare time, she enjoys working in her garden, reading sad/sappy novels, and watching reruns of British sitcoms and mysteries with her family.

#### **Allison Delorefice, PhD**

##### **Training Director**

##### **Adult Team**

Dr. Delorefice is a Clinical Psychologist on the Adult Team at Kaiser Pleasanton. She is also the Site Training Director and a supervisor. Dr. Delorefice completed her PhD in Clinical Psychology at Pacific Graduate School of Psychology, where her research focused on racial identity, discrimination, and trauma. She pursued clinical interests in PTSD and rehabilitation psychology during her time training at the VA Northern CA Healthcare System, Martinez (Neurocognitive rehabilitation and PTSD) and the VA Pacific Islands Healthcare System in Honolulu, HI (PTSD clinic, Military Sexual Trauma, Primary Care and Neuropsychology). Dr. Delorefice has also pursued research interests in the area of mindfulness and hypnosis at Stanford University Department of Psychiatry. Her clinical interests include anxiety disorders, postpartum depression, and trauma/PTSD. Currently, Dr. Delorefice is involved in the Trauma Skills group. In her spare time, she enjoys backpacking, snowboarding, running, and watching The Simpsons.

## **Alma Garcia, PsyD**

### **Child Team**

Dr. Garcia is a Clinical Psychologist on the Child Team and Assessment Supervisor for the postdoctoral residents at Kaiser Pleasanton. Dr. Garcia completed her Psy.D in Clinical Psychology at the California School of Professional Psychology, where her research focused on the influence of family on first generation Latino college students. While in graduate school, she collaborated with social justice agencies to provide immigration assessments for women who had been victims of domestic violence. She has experience in working in various mental health settings including the VA, juvenile justice system, and community mental health. Dr. Garcia interned at West Coast Children's Clinic in Oakland where she trained in the model of collaborative therapeutic assessment and focused strongly on the Rorschach. During this internship she worked extensively with Spanish speaking families therapeutically and provided them with assessments. Her postdoctoral training took place at Kaiser Permanente Pleasanton where she was trained in brief strategic therapy. Her clinical interests include attachment disorders, anxiety, and behavioral problems. Currently, Dr. Garcia serves as one of the bilingual therapists in the clinic, runs an anxiety group for children (Unwind) as well as a process group for Adolescents (Teen Challenge). Dr. Garcia strives to integrate therapeutic interventions into assessment as a way of creating change for children, families, and adults. In her spare time, she enjoys hiking, traveling, and taking on new adventures with her family.

## **Ben Knipe, PsyD**

### **Child Team**

Dr. Knipe is a Clinical Psychologist on the Child Team. Dr. Knipe graduated The Wright Institute in 2009 with a dissertation on teachers using attachment theory in early elementary school classrooms to help students in foster care succeed. He began supervising practicum students at the Berkeley CBT Clinic in 2010 and has supervised 3 cohorts of students at the CBT Clinic. Dr. Knipe has also volunteered to supervise students in psychological assessment class at the Wright Institute. Dr. Knipe supervised 4 predoctoral interns at WestCoast Children's Clinic while completing that agency's Supervisor Training Program. Dr. Knipe has a pragmatic style and incorporates attachment theory, CBT, ACT, and family systems into his work with patients. Dr. Knipe has a clinical focus on managing ADHD in his current role at Kaiser, but maintains strong engagement in treating childhood trauma and anxiety.

## **Michael Fitzpatrick, PsyD**

### **Adult Team**

Dr. Fitzpatrick is a clinical psychologist on the Adult Team at Kaiser Permanente Pleasanton, where he also co-facilitates the clinic's dual diagnosis recovery group. In addition, he is the Pleasanton clinic shop steward representing the Integrated Behavioral Health Services bargaining unit of the National Union of Healthcare Workers (NUHW). Dr. Fitzpatrick received his PsyD at the Chicago School of Professional Psychology, where he also taught foundational courses in counseling and psychotherapy. He is most passionate about Existential-Humanistic frameworks of psychotherapy and continues to receive advanced training in this modality from the Existential-Humanistic Institute based in the San Francisco Bay Area. His clinical areas of interest and expertise include: trauma/PTSD, anxiety, depression, transitional phases of life, substance abuse, social justice, and meaning making. He also operates a private practice in Oakland, CA. In his personal life, Dr. Fitzpatrick is a student of Muay Thai, motorcyclist, and supporter of the Chicago Fire, Arsenal, and Celtic Football Clubs.

## **Nicole Ng, PhD**

### **Adult Team**

Dr. Ng is a Clinical Psychologist on the Adult Team at Kaiser Pleasanton. Dr. Ng completed her PhD in Clinical Psychology at Palo Alto University, where her research focused on the intersectionality of ethnicity, sexuality, and age on mental health service utilization. She pursued clinical and research interests in diversity and community mental health during her training at Santa Clara Valley Medical Center, Goodwill, and Marin Mental Health and Substance Use Services. Her clinical interests include anxiety and Acceptance and Commitment Therapy. Currently, Dr. Ng is involved in the Rapid Symptom Reduction (RSR) Group in the Adult Team at Kaiser Pleasanton. In her spare time, she enjoys baking, bingeing on new Netflix shows, and planning trips.

## **Richard Gelbard, PhD**

### **Child and Family Team**

Dr. Gelbard is a Clinical Psychologist on the Child and Family Team and the former consortium and site Training Director at Kaiser Permanente, Pleasanton. He has supervised psychology residents for over twenty years. He attended Antioch College, received his M.S. from San Francisco State University and his doctorate at the *California School of Professional Psychology-Alliant International University, Ph.D. program in Clinical Psychology*, Berkeley/Alameda in 1990. He trained in brief strategic and family therapies at the MRI, which had a consulting association with Kaiser Pleasanton in the 1980s. He did an internship and fellowship at the former Comprehensive Child Crisis Service of Children's Hospital of San Francisco. He was

awarded an innovation grant to pilot outcomes management at Pleasanton clinic in 2007. He was a founding member of the Regional Outcomes Committee, and continues to be a local “champion” of outcomes management. He enjoys thinking philosophically about clinical work; writing short bios, not so much.

## **Sarah Goozéé, PhD**

### **Adult Team**

Dr. Goozéé is a Clinical Psychologist on the Psychiatry Adult Team at Kaiser Permanent in Pleasanton. Dr. Goozéé is the Post Doctoral Research Project Supervisor. She obtained her Ph.D. in Clinical Psychology with an emphasis in Health Psychology at San Francisco’s Alliant International University (CSPP). Dr. Goozéé comes to Kaiser from a private pain clinic, treating individuals with chronic pain and terminal illnesses. She also worked in higher education for years as a Psychology Professor, and a Dean of Academic Affairs. Dr. Goozéé's clinical interests include health psychology, a specialty in chronic pain and autoimmune disorders, postpartum depression/anxiety, eating disorders, depression, and mindfulness. Dr. Goozee developed and runs Thrive- the Chronic Pain Coping Skills group here at Kaiser Pleasanton. She is active in the community with numerous nonprofits, often presenting on mental health and chronic pain issues. Additional hobbies include baking, pilates and running, but usually just after her twins.

## **Victor Corsiglia, PhD**

### **Child and Family Team**

Dr. Corsiglia is Clinical Psychologist and Supervisor on the Child and Family Team at Kaiser Permanente, Pleasanton. Dr. Corsiglia received his PhD in Clinical Psychology from the California School of Professional Psychology. He has worked at various Kaiser Mental Health Clinic across the Northern California Region. Dr. Corsiglia specializes in Teen Eating Disorders. In addition, he also provides Teen Intensive Outpatient (IOP) Groups. Dr. Corsiglia enjoys cooking and will often share his delicious dishes with the clinic.