

Pleasanton Postdoctoral Residency Training Team Bio's Mental Health Training Program

Margot Green, PhD Consortium Director

I am originally from the East Coast, graduated from Smith College and went immediately to pursue my doctorate at Temple University. In Philadelphia there was an advanced view of psychology and psychotherapy where major medical centers already were integrating behavioral therapy and medicine. I learned a great deal at an APA accredited internship at Philadelphia Psychiatric Center, and then even more the following year in training and several years afterwards at Palo Alto VA Medical Center. I came out West for that opportunity, to work and learn in the world's largest drug and alcohol rehabilitation unit; with all the emerging treatments on campus for PTSD; developments in neuropsychology assessment and rehabilitation, and my own early career opportunities for leadership. I made the Bay Area home and have loved living here and raising a family in this beautiful environment. Since joining KP in 2005, I've worked with thousands of diverse adults, primarily in the Department of Addiction Medicine at Walnut Creek Medical Center.

Now I am increasingly devoted to providing rich training opportunities for the next generation of mental health professionals. Kaiser Permanente in Diablo is an ideal setting for innovative programming. We have diverse and talented providers to pilot and develop best practices. Our interdisciplinary MIR postdoc track is a good example!

Psychology residents bring a level of new expertise and curiosity to our everyday practice. Their energy and openness is invigorating; their generosity is inspiring. Working with postdocs and other trainees is truly a pleasure, shaping and reflecting my own personal and professional values in a deep and meaningful way. Thank you for your interest in our training program.

Agnes Susabda, Ph. D Training Director

Agnes Susabda, Ph.D., is a Clinical Psychologist and Supervisor on the Adult Team at Kaiser Pleasanton. Dr. Susabda completed her PhD in Clinical Psychology at Texas A&M University, where her research focused on utilizing neuroscience and psychophysiological approaches to explore the role of emotions in drug and food craving processes. She pursued clinical and research interests in PTSD during her time working/training at the University of Texas Medical Branch (developmental trajectories of substance abuse

among female trauma survivors), SFGH/UCSF (clinical training with trauma populations), and the Stanford Aging and Clinical Research Center (the role of PTSD, sleep apnea, and genetics on the onset of dementia among older veterans). Her clinical interests include emotion regulation, Cognitive Processing Therapy, and Acceptance and Commitment Therapy. Currently, Dr. Susabda is involved in the Trauma Skills group and Anxiety Skills (an ACT based group) in the Adult Team at Kaiser Pleasanton. In her spare time, she enjoys working in her garden, reading sad/sappy novels, and watching reruns of British sitcoms and mysteries with her family.

Dean Picone, PhD

Dean Picone, Ph.D., is a Clinical Psychologist and Supervisor on the Adult Team at Kaiser Pleasanton. Dr. Picone completed his PhD in Clinical Psychology at Fuller School of Psychology, where his research focused on shame, guilt, and addiction. He trained in primary care psychology and PTSD treatment at the Charlie Norwood VA in Augusta, Georgia.

His clinical interests include Acceptance and Commitment Therapy, exposure for anxiety and trauma, and interpersonal process groups. Currently, Dr. Picone is involved in a panic/phobia group, and a process group for young adults. He bikes to work, even in the rain. He enjoys hiking on the Pleasanton Ridge Trail, listening to history podcasts, and playing Uno with his two daughters.

Dennise Moon, PsyD, PPSC

Dennise Moon, Psy.D., PPSC, is a Clinical Psychologist on the Child Team at Kaiser Pleasanton. She completed her doctorate in Clinical Psychology at the Wright Institute in Berkeley, CA. She completed her pre-doctoral internship and post-doctoral residency at the Ann Martin Center (which closed in 2019), where she provided individual, family, and group psychotherapy to youth and adults in the outpatient clinic and school-based settings and supervised doctoral students in clinical work and psychological assessments.

Additionally, Dr. Moon developed and ran a school-based doctoral practicum training program at Lighthouse Community Charter School in East Oakland, where she was also the lead school psychologist. She has a part-time private practice where she conducts neuropsychological/psychodiagnostic assessments.

Her clinical interests include complex trauma, gender identity, anxiety disorders, depression, intergenerational differences, multiculturalism, and neurodiversity. She enjoys spending time with her husband and two dogs, making arts and crafts, watching horror movies/tv shows, and eating Korean food.

Ryan Adams, PsyD

Ryan Adams, Psy.D., is a Clinical Psychologist and Supervisor on the Child Team at Kaiser Pleasanton. He completed his doctorate in Clinical Psychology at Regent University in Virginia Beach, VA. During his tenure at Regent, Ryan served three consecutive terms as president of the Association of Black Psychologists (ABPsi), Student Circle.

He completed a Postdoctoral Residency at WestCoast Children's Clinic in Oakland, CA where he provided crisis intervention and long-term psychotherapy treatment to children and families with complex trauma histories.

In 2015, Dr. Adams transitioned to Kaiser Permanente's Department of Psychiatry and Addiction Medicine where he now provides therapeutic intervention for children, adolescents and their families. He is also founder and CEO of Adams Psychotherapy & Assessment Services Inc. (APAS) in Berkeley, CA - a private mental health practice specializing in comprehensive Psychological / Neuropsychological Evaluations and treatment.

Dr. Adams is a native of San Francisco, CA and he is proudly supported by his lovely wife. Together, they have three wonderful children.

Virginia Luchetti, PhD

Virginia Luchetti, PhD, is a Clinical Psychologist and Supervisor on the Adult Team at Kaiser Pleasanton. She recently accepted the role of Feedback Informed Care Champion. She completed her Doctor of Education, Psychology at University of the Pacific. Her dissertation focused on the role and importance of fathers in the family.

Soon after becoming licensed, she began working with homeless men and women in Contra Costa County. She became clinical director of the county-wide, SAMSHA funded Homeless Encampment Outreach Project. In that capacity, she presented research and work at professional conferences nationally and internationally. She developed a treatment model that incorporates cognitive impairment as an exacerbating factor in chronic homelessness.

She has received multiple awards for her work including "A Home for Every America Award" from the United States Interagency Council on Homelessness. She transitioned to working for California Department of Corrections and Rehabilitation as a Senior Psychologist, Supervisor. In that capacity she oversaw mental health treatment for approximately 150 inmate-patients in the Enhanced Outpatient Program. In her subsequent role as Senior Psychologist Specialist, Quality Management, she oversaw site visits from court monitors as well as Office of Inspector General and Department of Public

Health. She facilitated multiple Root Cause Analyses when need to determine underlying causes of sentinel events.

This also led to her becoming trained as certified in Lean Six Sigma as a Black Belt. Her current clinical work is focused on a solution-focused and cognitive behavioral approach to anxiety. In her personal life, Virginia loves to backpack and sail. She is a certified sailing instructor through American Sailing Association. She also volunteers for the United States Coast Guard Auxiliary.