Meet My Team
Roseville/Sacramento Mental Health Training
Postdoctoral Residency Program Bio’s

Jennifer C. Salib, PsyD
Training Program Director

Dr. Salib is licensed Clinical Psychologist within the Department of Psychiatry in Adult Services at Kaiser Permanente, Roseville. She received her Psy.D. in Clinical Psychology from Indiana State University in 2002 with specialized training in Health Psychology. She completed her clinical internship at Hamilton Center (APA accredited) with rotations in serious and persistent mental illness, psychological testing, and mental health administration. She completed a postdoctoral fellowship with UC Davis Medical Center in Adult and Child Psychiatry with specialized focus in psychological testing. Dr. Salib has training within a variety of settings and populations at Kaiser Permanente, including Primary Care Behavioral Medicine, Chronic Conditions Management, and Adult Psychiatry. Dr. Salib has worked for Kaiser since 2003, initially at the South Sacramento location and at the North Valley location since 2010. Dr. Salib served as the Manager of the Behavioral Medicine Team at South Sacramento for five years, and is currently the Manager of Training & Development for North Valley Psychiatry. Dr. Salib also manages the Neuropsychology Team at Roseville. She is deeply committed to supervising and mentoring and has served as a clinical supervisor for Kaiser since 2007 and as the department’s Director of Clinical Training since 2012. Dr. Salib continues to develop her interests related to adult ADHD assessment within the healthcare setting, assertiveness and self-esteem training, and enhancing training opportunities within Kaiser Permanente. Dr. Salib serves as the Co-Training Director for the residency program.
Les Aria, PhD

Dr. Aria earned his PhD in Clinical Psychology from the University of Chicago and a re-specialization in Health Psychology from CSPP in San Diego. He completed his internship in Behavioral Medicine at the Loma Linda Medical School and his postdoctoral training as a dual fellowship in Neuropsychology and Pain Management at UCSD/Sharp Memorial Trauma Hospital. His work has focused on pain psychology interventions for the past 14 years with specialized skill training in EMDR, EFT, Mindfulness Meditation, ACT/CBT, Biofeedback, and Hypnosis. Currently, he serves as the Manager and Lead Pain Psychologist for our newly designed Department: Comprehensive Pain Management that emphasizes Neuroplasticity and Mindfulness-Based Interventions. He has been involved with training and supervision since 2012. The following research studies are scheduled for 2017-2018 under his leadership: (1) Assessing the Level of Adverse Childhood Experience (A.C.E.) and Chronic Pain Patients in Physical Medicine; (2) Effectiveness of 1-Minute Mindful Meditation; (3) Transcranial electro-neurostimulation: The Efficacy of Transcranial Electrostimulation, a non-invasive method of reducing chronic pain.

Angelique Goodhue, MD

Dr. Goodhue is a distinguished fellow of the American Psychiatric Association and a fellow of the Royal College of Physicians and Surgeons of Canada. She completed her psychiatry residency training at the University of Utah in 1999. She worked in community mental health in Salt Lake County for 9 years which included a 6-month working sabbatical in New Zealand. Areas of focus included assertive community treatment, cross cultural psychiatry and treatment
of those with dual diagnoses. In 2008, she moved to Canada where she worked for Island Health for 8 years including 2 years devoted to assertive community treatment and addictions. During her time in Canada, she also completed a mini-internship in ECT at Emory University and subsequently lead the ECT program for central Vancouver Island. She served as the psychiatric site chief for Nanaimo Regional General Hospital as well as lead psychiatrist for Central Vancouver Island from 2014 to 2016. In 2016, she joined TPMG and is currently Assistant Chief for Integrated Care Psychiatry in the North Valley.

Education of medical students, psychiatry residents, psychology interns and other staff has long been a passion for Dr. Goodhue. She served as an adjunct faculty member for the University of Utah from 2000-2008 and received a teaching award from the Triple Board residents in 2008. She also served as an adjunct professor of the University of British Columbia from 2012 to 2016 and helped develop an outpatient psychiatry rotation for UBC Family Medicine Residents in Nanaimo, BC. She has given a series of lectures in common mental health diagnoses to primary care providers across the North Valley and provides quarterly lectures on psychopharmacology in the psychology training program.

**Amy L. Gossett, PsyD**

is licensed Clinical Psychologist within the Department of Psychiatry in Adult Services at Kaiser Permanente, Roseville. Dr. Gossett completed her graduate studies at the California School of Professional Psychology at Alliant International University in Sacramento where she received both her Masters and Doctorate degrees in Clinical Psychology. She completed training at the UC Davis MIND Institute where she assessed for neurodevelopmental disorders across the lifespan, led social skills groups for children with a diagnosis of ASD, and completed neuropsychological assessments. Her research has been published in the *American Journal of Medical Genetics: Part B Neuropsychiatric Genetics*. She completed her clinical internship in Adult and Child Psychiatry at Kaiser Permanente, San Diego (APA accredited) with specialized focus on neuropsychological assessment. She completed a postdoctoral fellowship with Kaiser Permanente, Roseville in Adult Psychiatry with focus in psychological testing within a variety of settings and populations at Kaiser Permanente, including specialized assessment at the ASD Clinic, ADHD assessments, and psycho-diagnostic assessments. Dr. Gossett has worked in trauma recovery with adults in the Managing Complexity Program (MCP) in Roseville, as the DBT lead. The Managing Complexity Program is an integrated service for members who carry a diagnosis of Borderline Personality Disorder or complex Posttraumatic Stress Disorder. It is an intense program that includes trauma (STAIR) or DBT groups, psychoeducation, case management and medication management. She enjoys working from a team approach and has been involved in the postdoctoral training program since 2016.
Dr. Kwon is a licensed Clinical Psychologist within the Department of Psychiatry at Kaiser Permanente, Roseville. Dr. Kwon attended the University of California, San Diego for her undergraduate studies and received a B.S. degree in Psychology. She went on to complete her graduate studies at the California School of Professional Psychology at Alliant International University in San Diego where she received both her Masters and Doctorate degrees in Clinical Psychology. Previous training included work in both outpatient and inpatient hospital settings and certification as a domestic violence treatment provider. Dr. Kwon completed her postdoctoral fellowship in the Department of Psychiatry at Kaiser Martinez and worked primarily with individuals, couples, and families during her residency year. Since 2006, Dr. Kwon has worked primarily with adults in the Intensive Outpatient Program (IOP) in both Sacramento and Roseville. The Intensive Outpatient Program is an integrated urgent service for members at risk of inpatient hospitalization for their acute psychiatric symptoms. It is a short-term program that includes intake, treatment planning, activity therapy group, talk therapy group, dual diagnosis group, psychoeducation, case management and medication management. Dr. Kwon's expertise are in the areas of risk assessment and acute care in the treatment of co-occurring disorders and persistent mental illness. Dr. Kwon also has a special interest in trauma recovery work and has been offering the Seeking Safety Trauma Recovery Group for several years within the outpatient department. She enjoys collaborating with and training other clinicians and has proctored several psychologists starting their early careers at Kaiser. Dr. Kwon has been involved in the postdoctoral training program since 2013 as a group and secondary supervisor.
D. Lanni is a Neuropsychologist within the Department of Mental Health and Wellness at Kaiser Permanente in Roseville. Dr. Lanni completed her bachelor’s degree at UC Davis and went on to complete her PhD in Clinical Psychology with an emphasis in Neuropsychology at Washington State University. Dr. Lanni enjoyed the Northwest but returned to Northern CA where she completed her APA-accredited internship in Clinical Psychology – Neuropsychology Track and her 2-year APA-accredited postdoctoral residency in Clinical Neuropsychology with subspecialties in Cognitive Rehabilitation and PTSD at the VA Northern CA Healthcare System, meeting the Houston Guidelines for training in Clinical Neuropsychology. Throughout her training and early professional career, Dr. Lanni has had involvement in several research programs at Washington State University and at the UC Davis M.I.N.D. Institute and UC Davis Center for Neuroscience. Her work has culminated in a variety of publications in Peer-Reviewed Journals as well as numerous professional presentations on Parkinson’s disease, Multiple Sclerosis, and Autism Spectrum Disorders at international and national conferences. Dr. Lanni is invested in bringing the scientist-practitioner model to life in her clinical work with patients with a range of neurobehavioral and psychiatric conditions. In her role as facilitator for Journal Club for the training program, she shares her expertise and the importance of continuously integrating scientific work into clinical practice.
Dr. Newgren is a Licensed Psychologist and is Board Certified in Clinical Psychology. He works within the Department of Psychiatry at Kaiser Permanente, Roseville. Dr. Newgren earned his B.A degree from the University of California, Davis in 1999 completing a double major in Psychology and Communications. In 2002, he earned a masters degree in Marriage and Family Therapy at Fuller Seminary School of Psychology. He returned to Fuller to complete a Doctor of Psychology degree in Clinical Psychology in 2009. He completed his APA accredited internship and his post-doctoral training through Philhaven, a private psychiatric hospital in Pennsylvania. He gained his license to practice clinical psychology in 2010, and received his Board Certification in 2011. While at Philhaven, he worked across the inpatient, outpatient, and day hospital settings with adults and children, while gaining unique experiences offering therapy and psychological testing to the Amish community. He also coordinated the psychological testing services in the hospital while assisting in the development of a triage intake program for the hospital. He then worked at Psychological Health Affiliates, a private group practice based in Manheim, PA for four years before moving to California early 2016 to work for Kaiser

Dr. Smith is a licensed Clinical Psychologist within the Department of Psychiatry in Adult Services at Kaiser Permanente, Roseville. She obtained her Bachelor's of Science from Florida Agricultural and Mechanical University in 2003 in Psychology. She also has a Master's of Science in Community Psychology. She completed her Ph.D. in Clinical Psychology from University of Cincinnati in 2013. She completed her internship at Patton State Hospital a state forensic
psychiatric hospital in San Bernadino, California. She completed her postdoctoral fellowship in the Department of Psychiatry in Adult Services at Kaiser Permanente, Roseville. Dr. Smith has extensive training in various settings (e.g. outpatient, forensic populations, adolescents, and corrections). Dr. Smith's interests include psychological assessment and the treatment of various mental health issues. She also has interests in working with multidisciplinary teams to inform patient care. Dr. Smith is currently Co-Training Director for the residency program.

Nicole Solomon, PsyD

Dr. Solomon is a licensed Clinical Psychologist with the Department of Psychiatry (Adult Services) with Kaiser Permanente, Roseville. Dr. Solomon received her B.A. in Psychology from California State University, Sacramento in 2000. She then completed both masters and doctorate degrees in Clinical Psychology from California School of Professional Psychology. She completed her APA-accredited pre-doctoral internship at the University of California, Santa Cruz (2006) and her postdoctoral residency with Kaiser Permanente Adult Services, South Sacramento (2007). Dr. Solomon became licensed in 2008 and joined the North Valley Adult Services region shortly thereafter specializing in working with patients with anxiety disorders. She provides individual and group therapy to a diverse patient population. She has been involved with program development and proctoring new staff psychologists. Her areas of interest include anxiety disorders, trauma, relationship issues and utilizing mindfulness and exposure with response prevention.

Navneet Thind, PhD

Navneet K. Thind is a Licensed Psychologist at the Kaiser Permanente Rancho Cordova Autism Spectrum Disorder Clinic. She earned her Ph.D. in Counseling Psychology from the University of Houston in 2016. She also has an M.Ed. in Educational Psychology from the University of Houston and an M.A. in Psychology (Research-focused) from California State University, Sacramento which she earned in 2014 and 2011, respectively. Dr. Thind attended UCLA for undergraduate studies and earned a Bachelor’s Degree in Psychology and in English (with a Creative Writing Emphasis) in 2007. In 2017, Dr. Thind completed her Postdoctoral Residency with children and adolescents at the Kaiser Permanente North Valley Department of Psychiatry.
During her residency year, Dr. Thind completed a rotation at the Autism Clinic conducting assessments with children between the ages of 1 and 17. Prior to that, she finished her internship at the Houston Independent School District where she did assessments, individual therapy, group therapy, crisis intervention and trained school personnel in crisis intervention and behavioral intervention strategies. Dr. Thind also has previous experiences doing therapy, risk assessments, outreach, and psychological evaluations at a college counseling center and a juvenile detention center. After she graduated with her Bachelor’s degree, Dr. Thind worked with children and families providing Applied Behavior Services (ABA) to children who were diagnosed with an Autism Spectrum Disorder. Moreover, she has strong research interests in Attachment Theory, Racial Microaggressions and Autism. Dr. Thind finds working at Kaiser Permanente very rewarding; she is passionate about working with children and families in a multidisciplinary setting.

Dr. Thind very much enjoys teaching and mentoring students and residents. She has seven years of teaching experience with undergraduate students, serving as both a teaching assistant and lead professor. She is currently a secondary and delegated supervisor, supervising postdoctoral residents who are on rotation at the Autism Clinic. She likes to take a collaborative approach with her supervisees and is happy to support them in reaching their personal, educational and professional goals.

Mandeep Tumber, PhD

Dr. Tumber is licensed Clinical Psychologist within the Department of Psychiatry in Adult Services at Kaiser Permanente, Roseville. She received her B.A. from the University of Washington, Tacoma in 2009 and her Ph.D. in clinical psychology from Palo Alto University (previously known as Pacific Graduate School of Psychology) in 2014. She completed her clinical internship at Kaiser Permanente, Fresno (APA accredited) with rotations in Behavioral Medicine, Intensive Outpatient Program, Department of Psychiatry (adult), and Psychological testing. She completed a postdoctoral fellowship in the Department of Psychiatry in Adult Services at Kaiser Permanente, Roseville. Dr. Tumber has training within a variety of settings and populations including Kaiser Permanente, Palo Alto VA, Santa Clara Valley Medical Center, Stanford University, and Crestwood Psychiatric Health Facility. She is deeply committed to teaching and training and has been involved in the training committee since her licensure in 2015. She is also a genKP Local Area Champion for the Sacramento area. Dr. Tumber continues to develop her interests related to ADHD assessment within the healthcare setting, bridging therapy needs for minorities, multidisciplinary teamwork/communication, and enhancing
training opportunities within our training program. Dr. Tumber is the research mentor for the training program and also serves as the Training Director for the Practicum student program.

Jessica Williams, PsyD

Dr. Williams is a licensed Clinical Psychologist within the Department of Adult Psychiatry at Kaiser Permanente. She currently works as an Integrated Care Psychologist within Adult and Family Medicine in Lincoln, California. Dr. Williams received her Masters and Doctorate degrees in Clinical Psychology from Argosy University, the American School of Professional Psychology in Alameda after completing her undergraduate studies in Psychology and English at Sonoma State University. Her background training includes narrative based 2-way mirror practices through Argosy University, community residential treatment programs for severely mentally ill at Progress House Foundation, supporting patients and their families dealing with cancer at the Wellness Community, college student counseling and assessment testing at Sacramento State University (APA accredited) and postdoctoral work in outpatient psychiatry at Kaiser Permanente (APPIC accredited).

During her postdoctoral training year, Dr. Williams provided individual, couples and group therapy and implemented the first complex trauma treatment program in the region. Since completing her training, Dr. Williams has continued her work in outpatient Psychiatry until transitioning to Integrated Care Psychology where she currently provides consultation to patients and physicians in Primary Medicine. Dr. Williams facilitates a group for patients experiencing chronic illnesses and provides mental health-based education to physicians and is also part of a physician wellness-based program that trains providers in Mindfulness. Dr. Williams has provided supervision and education to trainees and residents as well as piloted programs for ADHD and initial access clinics. Dr. Williams enjoys working with clinicians of all levels and all disciplines.