

Meet My Team

San Francisco

West Bay Consortium Postdoctoral Residency Program

Aaron Trinh, Psy.D.

West Bay Consortium Director

Dr. Trinh received his B.A. from U.C. San Diego in Psychology and Japanese Studies and received his Psy.D. from Azusa Pacific University in Clinical Psychology/Family Psychology. He completed his predoctoral internship at Gouverneur Healthcare Services/NYU School of Medicine in the Lower East Side of New York City. He was also a postdoctoral resident at Kaiser Vallejo and Vacaville Psychiatry Departments. He was a staff psychologist at Kaiser Vallejo from 2014 until 2017, when he became the Manager of the Psychiatry Consultation-Liaison Services in Napa-Solano. He then moved to the South San Francisco Psychiatry Department in January 2019. Dr. Trinh has been involved with the Mental Health Training Program since 2014, serving various roles as Seminar Presenter, Assessment Supervisor, Primary and Secondary Supervisor, Curriculum Liaison for the Regional MHTP, and currently is the West Bay Consortium Training Director and Adult Service Manager in South San Francisco/Daly City Psychiatry Department. His clinical practice includes providing individual therapy and facilitating group therapies using ACT and DBT.

Chronic Pain

Sloan Norman, Ph.D.

Director of Postdoctoral Training

Dr. Sloan Norman has been a psychologist working in the field of health psychology and behavioral medicine for nearly 25 years and has been involved in the training of clinical psychology practicum students and postdoctoral residents since 1999. She spent five years as a staff psychologist at the Kaiser South San Francisco Psychiatry Department working within both their Chemical Dependency and Pain Management services. She joined the Kaiser San Francisco Chronic Pain Department in 2000 principally developing their intensive day treatment program. Dr. Norman currently serves at the Director of Program Services and the Site Postdoctoral Residency Director. Oversight of the postdoctoral residency program and providing training and supervision to postdoctoral residents are among Dr. Norman's favorite professional responsibilities. She loves being able to support psychology residents as they wrestle with new ideas and conceptual frameworks, discover new insights and help others build skills, behaviors, and mindsets to cope more effectively and joyfully with their health and everyday life challenges. Dr. Norman has clinical expertise treating individuals with chronic pain and psychological co-morbidities, chemical dependency and women's infertility issues. Her research interests are focused on understanding and treating chronic pain and addictive disorders. She also has a small private

practice. In her spare time, Dr. Norman loves gourmet cooking, local and international travel, writing, and binge watching the latest Amazon Prime Original series.

Margaret Clausen, Psy.D.

Primary Supervisor

Dr. Margaret M. Clausen has been with the Chronic Pain Program since 2010. Her foundational clinical background is in the application of psychoanalytic intersubjective and relational psychotherapy in both brief and long-term environments with a focus on complex trauma, addiction, and somatic distress. She has extensive training in DBT, intersectionality in psychotherapy and supervision, somatosensory psychotherapy, clinical hypnosis for pain, and biofeedback. Dr. Clausen has over 15 years of experience working in hospice environments, and with adults living with cancer. She is a member of the APA on national and county levels, the International Psycho-Oncology Society, the American Association of Suicidology, and the International Society for the Study of Trauma and Dissociation. Dr. Clausen finds her experiences of working part-time in private practice providing depth psychotherapy with trauma and addiction, teaching in academic environments and community mental health clinics, and authoring of articles on the same topics to be enormously helpful in the focused clinical work with the complex population of patients in the Chronic Pain Program. In supervision, she enjoys supporting residents in deepening their clinical thinking, learning to apply sophisticated evidence-based interventions that integrate a variety of theoretical orientations, and cultivating their identity as a psychologist within a multidisciplinary environment.

Anu Kotay, Ph.D.

Secondary/Delegated Supervisor

Anu Kotay, PhD is a clinical health psychologist who works as a Biofeedback Manager at KP San Francisco's Chronic Pain Management Center. Dr. Kotay completed her MS in Health Psychology and PhD in Clinical Psychology at CSPP, San Diego. She completed her APA internship program and post-doctoral training hours at UMDNJ, now known as Rutgers Medical School in Piscataway/New Brunswick, NJ. She has spent the majority of the last decade in medical education coordinating behavioral science teaching and developing interdisciplinary clinical programs in Primary Care as part of Family Medicine residencies in NJ and NY. Prior to joining Kaiser, she contracted for Defense Health Agency to provide mentoring and training for mental health providers working in primary care throughout the armed forces. She is glad to find herself in beautiful Northern California and enjoys weekends bike riding, hiking, or dining with family and friends.

General Adult

Evelyn Miccio, Psy.D.

Director of Postdoctoral Training and Neuropsychological Services

I completed my undergraduate studies at San Diego State University with a focus on early childhood development and child assessment. I went to graduate school at the Wright Institute in Berkeley and became more involved in culturally and ethnically diverse populations, while pursuing neuropsychology. I completed my residency training at San Francisco Kaiser Permanente Medical Center in 1999-2000. I have stayed with Kaiser Permanente as it is an intellectually stimulating environment that I have thoroughly enjoyed. My role as a neuropsychology supervisor has been an absolute joy, and it requires me to stay abreast of current research in our field and allows me to be actively involved in training the next generation of clinicians.

Patricia Dang, Psy.D.

Adult Team Psychologist, Clinical Supervisor

I fell in love with psychology as a teenager and earned my degree in it at San Diego State University. Then I worked in a level 14 locked-down residential treatment center for Emotionally Disturbed Teens and it cemented that doing therapy was my calling. The experience drove me to expand my repertoire of understanding the human mind and finding ways to elicit change. I relished my time of learning at California School of Professional Psychology at Argosy University, and I still thoroughly enjoy learning now by going to a myriad of seminars and trainings. I also have a love for teaching and have finally worked up the courage to become a Clinical Supervisor for Kaiser's driven post-doctoral residents. I completed my postdoc at Chemical Dependency Services in Daly City, where I overcame my dread of working with the CD population. Now I actually enjoy working with this population through this exposure. My favorite population to work with is Adults with ADHD and I ran ADHD groups (psychoeducation, skills and process group) that I delighted in. I also was in the ADHD and DBT teams. Now I am part of the Rapid Symptoms Recovery (RSR) crisis management team and although it can sometimes be tough, I can appreciate the challenges as they are opportunities to continue to learn and grow. It is also amazing to witness people experience relief in their symptoms within 2-3 weeks in the program. Bottomline is that I am very passionate about learning, practicing and teaching when it comes to psychology. I look forward to working with you.

Tina Dietz Ph.D.

Eating Disorder Specialist, Clinical Supervisor

I completed my undergraduate degree at Boston University in the School for the Arts. I worked in the field and transitioned to psychology. I obtained my master's in clinical psychology at the City University of New York which had a psycho dynamic and psychoanalytic orientation. My master's thesis focused on eating disorders and compulsive exercise. I attended the Wright Institute for graduate school which also had a psycho dynamic focus. I completed internships at The Family Therapy Center, The Wright Institute Clinic, and my official pre doc internship at UCSF Mount Zion combining work with adults, children, and families. I finished the eating disorder post-doctoral training at Kaiser Oakland where I worked part time on the child team and part time on the adult team. I currently work on the adult team at Kaiser/SF and am the eating disorder specialist. I continue to enjoy the mind/body emphasis that is necessary in work with eating disorders as well as the collaboration with nutrition, MD's, and other medical providers. I lead 3 groups currently and appreciate that

Kaiser offers me this opportunity. I am pleased to work with post doc residents and greatly enjoy looking at cases in depth. I also often co lead groups with the residents that I work with and am happy to share information about eating disorders.

Gregory Jackson, Psy.D.
Neuropsychology Supervisor

I completed my undergraduate studies in Psychology at The University of North Carolina at Chapel Hill. After a short break I attended Mississippi College in Clinton, MS where I earned a master's degree in Mental Health Counseling. I focused primarily on child and adolescent therapy, particularly with minority youth. After completion of the program, I began my doctoral studies at Albizu University in Miami, FL. There, I focused on Neuropsychology and was involved in an Alzheimer's research study through the University of Miami. I completed my predoctoral internship at Kaiser Fresno where I gained additional testing experience and helped develop a cognitive screening process as part of our intern project. I completed my 2-year, postdoctoral residency at Kaiser Foundation Rehabilitation Center in Vallejo, CA, where I gained neuropsychological rehabilitation experience in an inpatient setting. Luckily, I have been able to stay with Kaiser as a staff Neuropsychologist here in San Francisco. I am an early career Neuropsychologist, and this setting has been great in pushing me to develop my skills as an independent practitioner within a large Neuropsychology department. That is not usually the case! I hope to continue my career at Kaiser and eventually be involved in sports concussion rehabilitation as that is my primary area of focus.

Whitney Lynch, Psy.D.
Clinical and Assessment Supervisor

I received my B.S. from UCLA majoring in Psychobiology. After graduating I worked in research at the San Francisco VA Hospital in a neuroimaging lab for a couple of years before pursuing my PsyD at the PGSP-Stanford PsyD Consortium in Palo Alto. In graduate school I gained clinical experience in community mental health, hospital, and psychiatric inpatient settings and pursued neuropsychological interests through practicums and research projects. The postdoctoral position at Kaiser San Francisco was a perfect fit for my interests in both fields of clinical psychology and neuropsychology, and I completed this training in the 2011-2012 year. I then performed disability assessments at the City and County of San Francisco before being hired as a psychologist at Kaiser San Francisco in early 2014. Here in the clinic I work with individual patients in psychotherapy and co-lead a DBT education group. I am also an assessment supervisor for the current postdoctoral residents, which has been such a rich and rewarding experience for me. The diverse clinical and teaching opportunities at Kaiser has been a great way to support my many interests in the field.

Elizabeth Reese, Psy.D.
Neuropsychology Supervisor

I completed my undergraduate degree at the University of Michigan in writing and literature, where I enjoyed pursuing a range of courses in the biology, psychology and sociology departments. I attended graduate school at the Wright Institute, where I focused on neuropsychology. I completed residency training at Beth Israel Deaconess Medical Center in Boston. I was then involved in postdoctoral training at a university medical

center before joining Kaiser in 2020. I am particularly excited to participate in Kaiser's active postdoctoral training program and to help guide trainees in neuropsychology and in professional development.

Ashley-Ann Woodhull, Ph.D.

Adult Team Psychologist, Clinical Supervisor

I completed my undergraduate degree at the University of Massachusetts Amherst and my doctorate in clinical psychology at the University of Massachusetts Boston. Throughout my clinical training, I was fortunate enough to work with both clinically and culturally diverse populations in community mental health, inpatient, forensic, behavioral health, and school settings. The culmination of these valuable experiences solidified my interest in serving adults with a broad range of clinical presentations in a multidisciplinary setting. I subsequently completed my postdoctoral training at the Edith Nourse VA Hospital. During this year, I helped to develop an early psychosis intervention program, served as a group and individual therapist, and developed a penchant for supervising trainees. I joined the Kaiser's adult team in March of 2018. In addition to serving as an individual therapist with a special interest in working with clients who struggle with social anxiety and peripartum mood disorders, I enjoy serving as a triage therapist, clinical supervisor, and co-facilitator for the work stress and peripartum support groups. Taking advantage of the opportunities at Kaiser to engage in other special interest, I additionally serve as the staff education coordinator and intimate partner violence prevention team. Kaiser has been a perfect fit for my various clinical interests and desire to work in a collaborative environment.

Charles J. Vella, Ph.D.

Director of Neuropsychology Emeritus

I completed my PhD at UC Berkeley (Counseling Psychology). I completed my internships at Kaiser Hospital, SF and became a staff member in 1978 and retired after 35 years in 2009. I eventually became Chief Psychologist and then a Behavioral Manager. My therapy experience eventually focused on depression and ACAs. I supervised interns for 34 years. I founded the Neuropsychology Service at SF, the first such service in Kaiser Psychiatry. I continue to have a passionate interest in neuroscience and neuropsychology, continuing, since I retired, to attend the Thursday morning NP case conference and didactic. I also do multiple public talks each year on a variety of brain topics. I help the team stay up on the NP research literature.