Meet My Team
San Jose Post Masters Mental Health Training Program Bio’s

Victoria Marvin, LMFT
Training Director

I obtained my bachelor’s degree in 1990 and master’s degree in 1993 in clinical psychology from San Jose State University. My clinical internships were with Adult and Child Guidance Center in San Jose and Eastfield Ming QOUNg in Campbell. I have been licensed since 1997. Before coming to Kaiser Permanente, I worked with children and adolescents in residential treatment and crisis intervention programs at Eastfield Ming QOUNg from 1990-1998. I have also worked in Intensive Outpatient Programs for Community Family Guidance Center and Kaiser Permanente in the Los Angeles area from 1998-2001. I have been working at the Kaiser Permanente San Jose Medical Center in the Division of Child and Adolescent Psychiatry since 2001.

My clinical interests include family therapy, anxiety disorders, and eating disorders. I am also a certified Parent Project facilitator. I have been a clinical supervisor at Kaiser since 2007 and Training Director since 2016.
I am a licensed clinical social worker and earned a bachelor’s degree with a double major in social work and psychology at CSUS, and a master of social work degree from USC. I have worked in numerous outpatient, hospital, and community based settings serving children, youth and adults in the greater Los Angeles and Bay Area. My expertise includes working with youth who are experiencing grief and loss, bicultural and/or bilingual Spanish speaking youth and families who are experiencing cultural conflicts, and youth within the LGBTQ spectrum. I am a gender specialist working with transgender and non binary youth who seek support and medical services through Kaiser Permanente, and facilitate a transgender support group for teens and families. I am also skilled in working with youth who are struggling with depression, anxiety, trauma, and family transitions such as divorce, blended families, and relocation, as well as youth in families impacted by substance abuse. In addition, I am experienced in providing EMDR for trauma and anxiety issues. Individual, group and family counseling are my main responsibilities in the clinic, along with providing supervision to interns. I am also part of the on-call/triage team for the clinic & identify as transgender male.

I obtained my Masters in Social Work from San Jose State University specializing in mental health. My first internship was at a non-profit agency providing culturally sensitive services to
low income monolingual Spanish speaking families. My next internship allowed me the
opportunity to focus on clinical work with children at a county mental health agency.
I returned to the non-profit sector upon graduation and gained experience working with a wide
range of populations to include children in foster care, adolescents involved in the juvenile
justice system, women suffering dual diagnosis, and early child mental health. Through this
experience I was promoted to leadership positions within the agency. I later returned to work
for the county in an institutional setting for adolescents involved in the juvenile justice system.
I chose to work at Kaiser because it allowed me opportunities to treat children and their
families. I enjoy working with parents through parent education classes, family therapy, and
direct practice with children. My goal is to promote healthy parent/child relationships and
restore family harmony. I continue to mentor and supervise master’s level interns who are
coming into the exciting field of mental health.
My clinical interests include anxiety, depression, and strengthening parent/child
relationships. My skill set includes play & sand tray therapy with children, cognitive behavioral
therapy, strategic family therapy, and group therapy.