Training Directors

Thu Pham, Ph.D.
Adult Mental Health

Dr. Pham received her doctorate in Clinical Psychology from Northwestern University in 2005 and her Bachelor of Arts in Psychology from University of California, Berkeley in 2000. Dr. Pham completed her internship at the VA Martinez in 2004, joined Kaiser Permanente in Campbell as a post-doctoral fellow in 2005, and worked at Kaiser Permanente in Stockton as a psychologist from 2006-2012. Drawn to the beautiful area of Marin, Dr. Pham transferred to the Kaiser in San Rafael in 2012 and has worked as a psychologist on the Adult team since then. In addition to doing individual therapy, Dr. Pham also runs a Self-compassion group and a Dialectical Behavioral Therapy group at Kaiser. Dr. Pham was also the ACE (Achieving Clinical Excellence) lead for the Kaiser in San Rafael from 2012-2019, where the goal is to foster a therapeutic culture of feedback-informed care for patients.

Carl G. Oddo, Ph.D.
Addiction Medicine and Recovery Services

Dr. Oddo received his doctorate in Clinical and Organizational Psychology from San Francisco School of Psychology, and his Masters in Clinical Psychology at JFK University. His received his BA in Biological Sciences from U.C. Berkeley. Dr. Oddo completed his internship at the San Francisco County Mental Health, Monterey Clinic and his postdoctoral residency at Contra Costa County’s New Connections, an outpatient community mental health and chemical dependency agency. He joined the KP Walnut Creek team in 2005 and worked in all phases of the WCRChemical Dependency Recovery Program along with his responsibilities as Co-Training Director in the East Bay Consortium. Since coming to San Rafael in 2015 Dr. Oddo continues his work in Addiction Medicine and developing the SRF postdoctoral training program with an emphasis on integration of care.
Supervision and Training Staff

Heather Chamberlin, PsyD.
Adult Mental Health, Psychological Assessment

Dr. Chamberlin received her BA from Willamette University in 2003 with majors in psychology and music. She completed her PsyD in 2007 from Alliant International University in San Diego. In her early career, she worked in community mental health, serving homeless families and teens in a residential setting. She also worked for the Department of Defense as a New Parent Support Home Visitor for the Marines and then moved to the Bay area where she worked as a supervisor for two community mental health organizations in Napa and Fruitvale. Dr. Chamberlin has completed the Napa Infant Parent Fellowship, a 15-month program designed to help professionals gain an understanding of infant-parent mental health, as well as Bruce Perry’s training on neurosequential model of therapeutics and UCSF’s 18-month training in Child Parent Psychotherapy. Dr. Chamberlin has a specialty in working with children birth to five and parents and is endorsed by the California Center for Early Childhood mental health as a zero to five mental health specialist and a Reflective Practitioner Level II.

Nicolas Chu, PsyD
Child/Family Mental Health, Community Benefits Coordinator

Dr. Chu received a B.A. in psychology from Dartmouth College in 2006 and a Psy.D. in clinical psychology from the PGSP-Stanford Psy.D. Consortium in 2015. He completed his internship with the Marin County Behavioral Health Services in 2015 and his post-doctoral residency at Kaiser Permanente in San Rafael in 2016. Dr. Chu provides therapy to children, families, and adults, including many Spanish-speaking patients. He is a member of the clinic’s diversity-committee and helps facilitate Child/Family Team treatment planning.

Susan Dyer, Psy.D.
Addiction Medicine

Dr. Dyer received her B.A. in Economics from UCLA and an M.A. (Counseling) from Santa Clara University before earning a doctorate in Clinical Psychology from Pepperdine University in 2004. She completed her pre-doctoral internship at the V.A. Healthcare Center in West Los Angeles and her postdoctoral fellowship within both the Department of Psychiatry and Chemical Dependency Services (CDS) at Kaiser, San Rafael. Dr. Dyer is currently a staff psychologist in Addiction Medicine and a delegated supervisor in the postdoctoral residency training program.
Joel Greenberg, Psy.D.
Child & Family Mental Health

Dr. Greenberg received his doctorate from APA-accredited The Wright Institute of Berkeley in 2010. He received a B.A. in Psychology from the University of Maryland in 2000. Dr. Greenberg completed an APA-accredited pre-doctoral internship at St. John’s Child and Family Development Center in Santa Monica, CA in August 2010 and a postdoctoral residency at Kaiser Permanente, San Rafael in September 2011. As a Clinical Psychologist on the Child Team, Dr. Greenberg conducts individual and group therapy with children, adolescents, families and adults. His crisis on-call duties involve triage, crisis intervention and clinical consultation with a multi-disciplinary staff. Dr. Greenberg also coordinates Teen IOP and hospital discharge planning; Teen Multi-Family IOP Group and Teen Anxiety Group therapy. Dr. Greenberg is a member of APA.

Jason A. Jones, Ph.D.
Addiction Medicine

Dr. Jones provides secondary supervision and clinical support to postdoctoral residents in our training program. He is interested in the clinical conceptualization and treatment of drug and alcohol abuse, as well as the difficult relationships that can crop up around such problems. Dr. Jones enjoys research and theory and appreciates viewing clinical phenomena through multiple theoretical lenses with pragmatism as an important personal and professional value. Dr. Jones studied clinical psychology at the California School of Professional Psychology in San Francisco before completing a pre-doctoral internship at Cornerstone Behavioral Health in Wyoming. Following graduation, he completed a residency specializing in the treatment of chemical dependency at Kaiser Permanente in San Rafael. He became a lead clinician at KP Vallejo CDRP until rejoining the San Safael team in his current role.

Haleh Kashani, Ph.D.
Eating Disorders

Dr. Kashani received her B.A. in psychology from University of Minnesota with Cum Laude honors in 1983 and her Doctoral degree in clinical psychology at California School of Professional Psychology, Berkeley, in 1988. She completed her postdoctoral residency at Mt. Zion Hospital, outpatient psychiatry and psychiatric emergency department. Dr. Kashani began her practice at Kaiser Permanente in 1989 in the Chemical Dependency Services in South San Francisco Medical Center and has been with the KP San Rafael Medical Center since 1996. She currently directs the eating disorder programs for adults and teens which she created and established in 2000. Dr Kashani is involved in the postdoctoral training programs as a supervisor and a faculty member and has developed a training track for residents in eating disorders.
treatment. Dr. Kashani is bi-cultural and is one of the few Farsi speaking psychologists in the region. In addition to her work at Kaiser, Dr Kashani maintains a private practice and is the Executive Director of Eating Disorder Recovery Services, which is a volunteer-based professional organization dedicated to education and prevention of eating disorders. Dr Kashani is a member of California Psychological Association. She is on the Board of Directors of the Marin Psychological Association and serves as the Chair of the Ethics Committee.

Lindsay Kittredge, Ph.D.
Adult Mental Health, Psychological Assessment

Dr. Kittredge received a Bachelor of Arts from Willamette University, a Master of Science degree in Counseling Psychology from Oregon State University and a Ph.D. in Clinical Psychology from Pacific Graduate School of Psychology. Dr. Kittredge completed an APA-accredited doctoral internship at University of Oregon Health Sciences Child Development Center and has been a staff psychologist at Kaiser, San Rafael, since 1995. In 1997 she became the training director of the pre-doctoral training program at San Rafael and developed a full-time postdoctoral training program in 1999. She served as the Consortium Training Director for the North Bay Consortium from 2006 to 2011, and a site Training Director for San Rafael from 2006 through 2017. Dr. Kittredge specialties include treating PTSD, trauma patients and psychological assessment. She is a member of the American Psychological Association, California Psychological Association and the National Association of Neuropsychology.

Karen Lau, Ph.D.
Psychological Assessment

Dr. Lau has had a passion for the neurosciences since her undergraduate work at Mount Holyoke College. She received her doctorate in Clinical Psychology from the California School of Professional Psychology in San Francisco, during which she gained early skills as a neuropsychologist from the San Francisco VA Medical Center and Santa Clara Valley Medical Center. Dr. Lau completed her APA accredited internship in the neuropsychology track at the Jesse Brown VA Medical Center in Chicago, and a two-year Clinical Neuropsychology Postdoctoral Residency in the Department of Neurology and Alzheimer’s Disease Center at UC Davis Health System in Sacramento. Dr. Lau continues to work in private practice, providing neuropsychological services in Cantonese. To this end, she enjoys examining cultural issues, and the practical use of neuropsychological and psychological assessment to inform treatment and care.
John Maas, Ed.D.
Adult Mental Health

Counseling Psychology, Boston University 1983; Harvard Clinical Fellowship (Massachusetts General Hospital) 1977-1979; Children's Hospital Medical Center (Oakland CA, with Herb Schreier, MD, and others in Family Guidance 1980-1981, and Rosamund Gardner Ph.D. in the Child Development Center and Parent Infant Project 1983-85); Redwood Center (Berkeley, with Robert Green, Ph.D. and Karen Saeger, Ph.D.) 1983-85 and Kaiser Medical Offices, Fremont (J Janaro Fabian and Elizabeth McMahon, Ph.D.'s 1984-85); Kaiser Medical Center, Martinez CA, Staff Psychologist 1985-89; Chief Psychologist 1989-92; Staff Psychologist, Kaiser Medical Center, San Rafael, 1992 - present (2009). Supervisor of psychology interns, pre-doctoral and postdoctoral, 1985 to present. Specialties: family systems therapy, CBT groups for anxiety and depression.

Leslie Yan Meier, Ph.D.
Adult Mental Health

Dr. Meier received her doctorate in Clinical Psychology from UCLA (2007) and her B.A. in Psychology, Neuroscience and Biology from Wesleyan University in Middletown, CT (2000). Prior to entering her doctoral program, Dr. Meier conducted research on bipolar disorder at Massachusetts General Hospital in Boston. She completed her pre-doctoral externship at the West Los Angeles VA, her pre-doctoral internship and postdoctoral fellowship in addictions and trauma at the San Francisco VA. Prior to joining Kaiser Permanente’s Department of Psychiatry in 2012, Dr. Meier worked at San Quentin State Prison. Dr. Meier finds supervision and working with young psychologists to be one of the most rewarding aspects of her career.

Eric Nadler, Ph.D.
Chronic Pain Care, Program Evaluation Supervisor

Dr. Nadler received his B.A. from the University of California, Santa Barbara, and his Ph.D. in Clinical Psychology from the California School of Professional Psychology in San Francisco. He completed his pre-doctoral internship at the Psychosocial Medicine Clinic at San Francisco General Hospital and postdoctoral residency in the Chemical Dependency Services program at Kaiser Permanente, San Rafael. He worked at UCSF as a research assistant and statistician analyzing the impact of psychological, endocrine and immunological variables on recovery after arthroscopic knee surgery. Dr. Nadler specializes in pain psychology and is part of the interdisciplinary chronic pain management program. He also works one day a week in the Department of Psychiatry doing on-call and crisis intervention and one day each week in a specialized program that helps patients who are on high doses of opiates taper down or off their narcotic medication. Dr. Nadler serves as a steering committee member for the Northern California Association of Pain Psychologists.
Stacey Nelson, Ph.D.
Addiction Medicine, Psychological Assessment

Dr. Nelson received her B.A. in Literature from Hampshire College in Massachusetts. She earned her Ph.D. in Clinical Psychology from the California School of Professional Psychology in 1997. Dr. Nelson completed her pre-doctoral internship at the V.A. Greater Los Angeles Healthcare Center in Sepulveda, CA and her postdoctoral residency at Kaiser Permanente, Department of Mental Health in Pleasant Hill. Dr. Nelson continued at Kaiser in Pleasant Hill, working first in Behavioral Medicine, next in the Intensive Outpatient Program and in 2001 in Chemical Dependency Services. In 2004 she transferred to Kaiser Permanente, Department of Psychiatry in San Rafael, where she served as a psychologist in Addiction Medicine and Recovery Services and Training Director for postdoctoral residents specializing in chemical dependency. She continued in this role through 2011, when she transitioned to Program Manager of Addiction Medicine and Recovery Services at Kaiser San Rafael/Petaluma. Dr. Nelson has a continuing interest in neuropsychological assessment and enjoys providing training and clinical supervision for postdoctoral residents in addiction medicine and psychological assessment.