

## **Meet My Team**

### **South San Francisco Post Masters Mental Health Training Program Bio's**



#### **Priscilla Schlottman, LCSW**

##### **Addiction Medicine and Recovery Services**

In 1998 I earned a Master Degree in Social Work from the University of Michigan. In Michigan I worked in a private group practice for nearly a decade. I began providing clinical supervision during that portion of my career. I have enjoyed the opportunity to function as a supervisor within various settings: In 2006 I moved to California and spent another eight years working in the criminal justice system. I have two years of experience working abroad in South Africa in a residential substance use treatment center. I joined Kaiser in 2017 as a Licensed Clinical Social Worker with the Adult Psychiatric Department. My therapeutic experience includes working with the following populations: Grief, trauma, substance use disorders, depression, anxiety and severe and persistent mental disorders. Currently, I am the Training Director for the Post Master Level Fellowship Program in South San Francisco. In my non-work time, I enjoy open coast kayaking and spending time with my two dogs.

#### **Jose Trejo, LCSW**

##### **Adult Team**

Hello there and my name is Jose Trejo, a therapist here in the South San Francisco adult psychiatry department. I am from El Salvador, born and raised in San Francisco where I continue to live at the present time. I obtained my master's in social work in 2007 while starting my counseling career a few years prior. I joined Kaiser as an intern in 2006 via the South San Francisco child and adolescent clinic. I was grateful and thankful to have stayed with Kaiser following my internship and thru the present. Prior to that I worked in various clinical settings though my original roots are deep in the legal field in working some 12 plus years in the legal department of PacTel/Pacbell/SBC (etc.).

I truly enjoy working with Kaiser and especially this South San Francisco clinic. I consider myself a true social worker in the sense of not following one specific theory or model rather, tailoring my clinical skills towards each individual patient I see. In turn and as a supervisor I pride myself in doing the same. One philosophy I hold near and dear to my heart is that of working with the person I am working with while not imposing my own skills and beliefs onto them. I believe every individual in this field possesses a number unique characteristics, experiences and knowledge. My goal is to develop them further into who they want to be as a clinician as opposed to what I think or want them to be. I look at supervision similar to the coach of a

team. A good coach in my opinion uses an open and flexible mind to learn who each individual player is while helping to highlight their strengths and nourish the areas that could use some development. I believe in following this philosophy it allows me to then integrate them into the overall team as an important, valuable and integral member of that team (Go Raiders!).

Finally, I truly value my role as a supervisor because it gives me the opportunity to help develop the individual but really, to show them how special this team is. I have been here for 12 years now and there is a simple reason for that: I love working here, I love what I do and I hope to be one of the many people who can show you why.