Meet My Team
South San Francisco Mental Health Training Program
Bio’s

Training Directors:

Aaron Trinh, Psy.D. (West Bay Consortium Director; Adult Service Manager, South San Francisco) received his B.A. from U.C. San Diego in Psychology and Japanese Studies. Dr. Trinh received his Psy.D. from Azusa Pacific University in Clinical Psychology/Family Psychology. He completed his predoctoral internship at Gouverneur Healthcare Services/NYU School of Medicine in the Lower East Side of New York City. He was also a postdoctoral resident at Kaiser Vallejo and Vacaville Psychiatry Departments. He was a staff psychologist at Kaiser Vallejo from 2014 until 2017, when he became the Manager of the Psychiatry Consultation-Liaison Services in Napa-Solano. He then moved to the South San Francisco Psychiatry Department in January 2019. Dr. Trinh has been involved with the Mental Health Training Program since 2014, serving various roles as Seminar Presenter, Assessment Supervisor, Primary and Secondary Supervisor, Curriculum Liaison for the Regional MHTP, and currently is the West Bay Consortium Training Director and Adult Service Manager in South San Francisco/Daly City Psychiatry Department. His clinical practice includes providing individual therapy and facilitating group therapies using ACT and DBT.

Bradley Siu, Psy.D. is a licensed clinical psychologist trained in Executive Coaching, Biofeedback, Neurofeedback, and Nutrition. With an integrated emphasis, he blends modern neuroscience, health psychology, and behavior psychology into sensible growth steps for the executive leader. Dr. Siu is an expert in human performance, optimization, and executive acceleration. His work spans executives, athletes, top performers, and elite youth. His work helps people level up, increase performance, overcome adversity, better manage ADHD, and anxiety. Dr. Siu is an advisor and principle psychologist at the Gifted Support Center. In addition, he serves as a start-up consultant in the development of behavioral health apps and devices. At Kaiser Permanente, he is the director of the post-doctoral residency training program, as well as a supervising psychologist for licensed clinical staff. He has a passion for training, and teaching emerging clinical leaders and future providers. He specializes in the areas of holistic mental health, Executive Function Management, ADHD, Anxiety Management, and Parent Coaching.

Post Doc AMRS:

Jennifer C. Houseman: I’m the Program Director for the Addiction Medicine and Recovery Services Department for South San Francisco. I started my career with KP as a resident in this program and fell in love with Addiction Medicine and training programs. I received my Bachelor’s
Degree at Towson University in Maryland and completed my doctorate at Alliant International University in San Francisco. After completing residency and accepting a staff position with KP, I joined the supervisor team 2016. I provide supervision with a supportive and developmental approach. I have a casual yet professional approach to cases and being appropriately humorous has provided some light heartedness during some tough points during the post doc year.

Naveen K. Sharma, Psy.D. is a licensed psychologist in the Addiction Medicine and Recovery Services (AMRS) of Kaiser Permanente. Her calling to be a psychologist emerged in childhood, when she began to witness the resiliency of the human spirit to heal and flourish through suffering. She has trained and worked in a variety of settings and is committed to supporting individuals on their journey to health and well-being. Her career with Kaiser Permanente began in 2014. She trained as a pre-doctoral intern with AMRS Level 3 in Walnut Creek, continued as a post-doctoral resident with AMRS Level 1 in Daly City, and has stayed on as a dedicated permanent staff member. She provides individual and group treatment to adults seeking help with alcohol/drug problems, co-occurring conditions, and/or coping with the addiction of a family member. Her clinical interest areas include substance use and recovery, codependency, trauma and complex trauma, and bereavement. Additional focuses of treatment that interest her include life stage transitions, acculturation, identity development, sexuality, parenting, and developing healthy relationships.

Her dedication extends into the Kaiser Permanente South San Francisco Training Program, where she is a secondary supervisor for the current AMRS postdoctoral resident. She offers support to build competency in treating co-occurring conditions; conceptualizing clinical presentations; developing professional identity; and preparing for licensure and employment. She is enthusiastic about helping trainees navigate complex treatment issues, such as professional boundaries, uses of self-disclosure, transference and counter-transference, as well as develop assertiveness, confidence, and self-care.

Much like her approach to treatment, her supervisory approach is grounded in fostering a caring human-to-human connection that recognizes strengths. Her orientation integrates biopsychosocial-spiritual, psychodynamic, cognitive-behavioral, trauma-informed, humanistic, and feminist orientations, along with a Mindfulness Acceptance Commitment Therapy approach toward striving for a values-driven life.

In her personal time she enjoy spending time with family and friends, fitness, attending comedy and music events, being in nature, and reading.

Eric Hooe, Ph.D. – I received my PhD in Clinical Psychology in 2002 at The Florida State University with an emphasis and Child and Adolescent clinical work. I completed a pre-doctoral internship in the American Indian Track at University of Colorado Health Sciences Center, Denver, CO. Prior to joining the SSF Kaiser Permanente team as a postdoctoral resident in 2002, I trained in a variety of mental health settings, including a psychiatric inpatient hospital for children and adolescents, public schools working children with emotional and behavioral challenges, a university-based outpatient mental health clinic, a state hospital for chronically mentally ill adults, a Forensic Unit at a state hospital and a Federal Correctional Facility. Therapeutically, I
utilize a mindfulness oriented cognitive-behavioral approach to help patients develop greater self-awareness of their thoughts, emotions, and situations that trigger substance use. Incorporating instruction in affect tolerance and emotional regulation skills for mood management and coping with life stress has also been helpful for patients. Patients can learn to use these tools in making healthier behavior choices that lower the likelihood of relapse to promote recovery. My professional interests include mood and anxiety disorders, trauma, emotion in psychotherapy, bereavement, Buddhist psychology, adolescent development, family relationships, parenting, and behavioral contracting. Currently, I facilitate Discussion groups for people in early recovery, an ACT Recovery skills group for people with and without addictions and a Parent Education and Support group for parents in our Adolescent Program.

I see supervision as more practically directive at the beginning and then becoming more of a collaborative fine-tuning process as the year progresses, to help post-docs develop their own style and independent functioning, in preparation for licensed practice. I tend to conceptualize cases from a developmental, biopsychosocial and behavioral perspective. My interventions are more consistent with mindfulness-based CT, ACT, CBT, DBT with adults, and a Family Systems approach and behavioral therapy with adolescents and families.

**Post Doc Adult:**
**Alison W. Hu, Ph.D.,** obtained B.A. in Psychology from the University of California at Los Angeles and Ph.D. in Counseling Psychology from the University of Minnesota, Twin Cities. Dr. Hu has been trained at various community clinics and healthcare institutions including the Veterans Affairs Medical Centers in Minnesota and Massachusetts. As a bilingual psychologist in English and Mandarin, she is passionate about evidence-based treatments and draws from cognitive-behavioral, mindfulness-based, and emotion-focused approaches. Dr. Hu is particularly interested in interventions developed to treat serious mental illness, trauma, and mental health concerns associated with chronic medical illness. Her interest in psychology stems from her growing up in immigrant communities; she continues to develop this research interest by publishing peer-reviewed articles on ethnic minority mental health and cultural socialization.

**Alexandra Davidson**
I joined the Psychiatry Department at KP South San Francisco clinic in 2015. Before this, I completed a postdoctoral residency at KP San Rafael in eating disorders and general adult psychiatry, as well as an internship in eating disorders at the University of Colorado at Boulder. At KP South San Francisco, I serve as a generalist and an eating disorder clinician, offering individual and group therapy as well as assessments for ADHD. I also staff KP South San Francisco’s Nourish clinic in primary care, where I treat more severe eating disorder cases alongside a physician and dietician. I take a holistic approach, one that considers the medical, psychological, and socio-cultural factors that play a role in the development and treatment of these illnesses. I draw from principles associated with compassion focused therapy, acceptance
and commitment therapy, dialectical behavioral therapy, and mindfulness-based therapies. I strive to empower my patients and help them reclaim the things in life that are most important to them.

I am passionate about being part of KP South San Francisco’s training program. It was not so long ago that I completed my own training, and as an early career psychologist, I love being able to work with postdocs in their final year of formal training. I look forward to meeting postdocs on their path and embarking upon a great year together. Good luck in your search!

Melissa Pumper, Psy.D., joined the KP SSF Psychiatry Team in 2017. She earned her Doctorate in Psychology from Adler University in Chicago, IL. Dr. Pumper specializes in the treatment of trauma, anxiety, depression, eating disorders, and relationship issues. She is integrative in her work with patients and regularly incorporates Dialectical Behavior Therapy (DBT), Cognitive Behavior Therapy (CBT), and mindfulness-based approaches. She strives to create a safe, collaborative, nonjudgmental environment that allows for values-based change. Within the Adult Psychiatry Department, she conducts individual psychotherapy and Adult ADHD Screening Evaluations, and co-leads two DBT groups and a drop-in Trauma Skills group. Additionally, she is a member of the Psychiatry Department Grand Rounds Committee, is an active member of the Kaiser Permanente South San Francisco Domestic Violence Committee, and is passionately involved in the anti-human trafficking movement. In her free time she enjoys being in nature, yoga, and spending time with family and friends.

Post Doc Child and Adolescent Services:

Jenna King, Ph.D. is a psychologist in the South San Francisco Child and Adolescent Mental Health Services Department. Dr. King graduated from Palo Alto University with her Ph.D. in Clinical Psychology with an emphasis in Diversity and Community Mental Health. Her expertise areas are in psychological assessment and treatment of trauma, depression, anxiety, self-harm and suicidal ideation with adolescents, and working with youth on the Autism Spectrum. Dr. King is integrative in her approach to therapy, utilizing principles and strategies associated with mindfulness based approaches and trauma informed care. Within the Child & Adolescent department, she is a part of the Intensive Outpatient team facilitating the DBT Skills Group for teens and families. Dr. King supervises and mentors post-doctoral residents in assessment and provides clinical supervision for one psychological assistant.

April Vogensen, Psy.D. is senior member of the South San Francisco Child and Adolescent Mental Health Services Department. She has over 15 years of experience in effectively treating children and adolescents for a wide range of clinical issues within the diverse population of the Bay Area. Dr. Vogensen specializes in psychological assessment and the treatment of anxiety, depression, trauma, OCD and other severe mental health concerns. She supervises and mentors post-doctoral residents in assessment and provides clinical supervision for two psychological assistants. She leads her department in Kaiser’s Regional Performance Excellence Group, focusing on improving patient care through outcome measures and feedback-informed care. As an EMDR-
trained therapist, her current passion is integrating EMDR (Eye-Movement Desensitization and Reprocessing Therapy) into the Kaiser clinical setting. Dr Vogensen consults to children’s organizations such as Workshop Education, where she is a member of the Advisory Board. Dr. Vogensen is a proud graduate of Berkeley’s Wright Institute where she has earned her Psy.D. and M.A. She is a mother of two and enjoys the challenge of balancing parenting and professional life.

**Danielle Evilsizer, Psy.D.** is a senior psychologist in the South San Francisco Child and Adolescent Mental Health Services Department. Dr. Evilsizer earned her doctorate from Argosy University in Honolulu. Her expertise are in eating disorders, trauma, depression, and anxiety. She uses an interpersonal, compassion focused approach to therapy and conceptualizes with a psychodynamic and family systems lens. Dr. Evilsizer is passionate about empowering youth to know themselves and to create compassion and balance in their interactions with themselves and others. At Kaiser Permanente, she is the behavioral medicine liaison between Pediatrics and Child Psychiatry and psychologist in an interdisciplinary clinic treating pediatric eating disorders. Dr. Evilsizer is also the director of the practicum training program and supervising psychologist for post-doctoral residents and practicum students. It is a highlight in her career to work collaboratively with trainees as they continue to grow as professionals.