Meet My Team

NORTH BAY CONSORTIUM
Vacaville-Fairfield Postdoctoral Mental Health Training Program Bio’s

Jonah Paquette, PsyD
North Bay Consortium Director;
Vallejo Training Director;
Vallejo Adult Team

Dr. Paquette received his B.A. from Columbia University in 2004 and his PsyD from the PGSP-Stanford PsyD Consortium in 2010. He completed his doctoral internship at the Loma Linda VA Medical Center and was a postdoctoral resident at Kaiser San Rafael’s Outpatient Mental Health Clinic with an emphasis in chemical dependency recovery. He has been a staff psychologist at Kaiser Vallejo since 2012, initially with the Intensive Outpatient Program before transitioning to the Adult Team in 2015.

Since 2013 Dr. Paquette has been a member of the postdoctoral residency program as a primary supervisor. In 2015, he became Training Director for the Vallejo/Vacaville program as well as North Bay Consortium Director. Dr. Paquette regularly presents at the weekly didactic seminars and provides group supervision to residents. His clinical duties include providing individual psychotherapy, crisis intervention and facilitating groups, including the PTSD group, the Bipolar Group and the Happiness & Well-Being Group. Dr. Paquette is the author of a research-based self-help book, “Real Happiness: Proven Paths for Contentment, Peace, and Well-Being,” in which he draws from his interests in positive psychology, mindfulness and other approaches to well-being. Dr. Paquette recently released “The Happiness Toolbox: 56 Practices to Find Happiness, Purpose & Productivity in Love, Work and Life.” In addition to his work at Kaiser, Dr. Paquette delivers trainings for mental health professionals across the country on topics related to Positive Psychology and Happiness and frequently contributes to media outlets on these topics.

Janice Lehman, Psy.D
Vacaville-Fairfield Training Director
Vacaville Adult Team
Postdoc and Practicum Supervisor

Dr. Lehman received her B.A. in Psychology from the University of California, Santa Cruz, in 2003. She earned her doctoral degree in Clinical Psychology at the California School of Professional Psychology/Alliant University, San Francisco, in 2007. She completed her doctoral training at California State University, Sacramento Counseling and Psychological Services. Dr.
Lehman joined Kaiser Permanente in 2007 as a postdoctoral resident with the Kaiser, Oakland, Eating Disorder Treatment Program, where she worked with both children and adults struggling with eating disorders and concurrent psychiatric issues. Dr. Lehman then went on to join the Kaiser, Fremont Psychiatry Adult Team as an eating disorder specialist. Her research has focused on the treatment of eating disorders and body image concerns in Asian American populations. Dr. Lehman has co-authored a chapter in the “Handbook of Adult Psychopathology in Asians: Theory, Diagnosis, and Treatment,” edited by Edward Chang (2012). She has also presented a poster based on her dissertation research at the 2007 APA convention in San Francisco. Dr. Lehman began working in the Vacaville clinic in 2013. In September 2016, she became Site Training Co-Director for Vacaville/Vallejo Postdoctoral Residency programs and starting in 2019 will be the Training Director for the Vacaville and newly opened Fairfield clinics. Dr. Lehman is an active member APA as well as a member of the Kaiser Permanente Regional Eating Disorder Best Practices committee to keep abreast of the latest developments in treatment for eating disorders. Dr. Lehman coordinates the Napa/Solano Eating Disorder Multi-Disciplinary Consultation team. She also co-facilitates the DBT Skills Training Group, New Mom’s group, and Eating Disorders Group in the Vacaville Adult Psychiatry Clinic.

Daniel MacIntyre, PhD
Vacaville, Child & Family Team, Supervisor

Dr. MacIntyre received his PhD in Clinical Psychology from University of Southern Mississippi and completed his residency at Children’s Hospital & Research Center, Oakland, CA in 2001. Dr. MacIntyre began working at Kaiser Permanente in 2001. He is currently on the Child & Family Team in Vacaville, where he provides individual and family therapy and co-leads three therapy groups.

Shay Loftus, PhD
Fairfield, Adult Team, Supervisor

Dr. Loftus received her B.A. in Religion from the University of Hawaii at Manoa and her PhD in Clinical Psychology from Fordham University in the Bronx, New York. She completed her doctoral internship at the VA Hudson Valley Health Care System, Montrose, New York (2003), and her postdoctoral residency at Kaiser Permanente, Vallejo (2008). Before coming to Kaiser, Dr. Loftus was a research coordinator in Psychiatry at the Zucker Hillside Hospital, North Shore-LIJ Health System, Queens, New York (2000-2007). In addition to supervising for the psychology postdoctoral residency and post-masters fellowship training programs, she serves as a clinic union steward.
Timothy Yen, PsyD  
Fairfield, Adult Team, Supervisor

Dr. Yen received his B.A. in Psychology from the University of Washington in 2008 and his Psy.D. from Azusa Pacific University in Clinical Psychology/Family Psychology with a concentration in Consulting Psychology in 2014. He completed his predoctoral internship at Loma Linda University School of Medicine and his postdoctoral residency at Kaiser Vallejo. Dr. Yen facilitates a DBT Multi-Family Group (which is part of Teen IOP) and a Social Skills group. He also serves as the representative for the Vallejo Psychiatry clinic on the Achieving Clinical Excellence committee, which is a committee initiated to improve member services and mental health care outcomes in the Northern California region for Kaiser Permanente. Dr. Yen is a primary supervisor in the postdoctoral residency program. He also has a part-time private practice at Eastside Christian Counseling Center in Dublin, CA.

Megan DaVania Clark, PsyD  
Vallejo/Vacaville/Napa/Fairfield, Behavioral Medicine Team

Dr. DaVania graduated from California School of Professional Psychology in 2006. Dr. DaVania completed her postdoctoral residency at Kaiser, San Rafael, in the Addiction Medicine and Recovery Services Department. After working at Kaiser, Oakland, in the Eating Disorders Clinic, Dr. DaVania moved to Behavioral Medicine in Napa, and is now Manager of Behavioral Medicine for the Napa Solano Service Area. Dr. Da Vania is a delegated supervisor in the Behavioral Medicine Department for Vallejo and Napa.

Kimberly Alston-Stepnitz, PsyD  
Vacaville, Adult Team, Assessment Supervisor

Dr. Alston-Stepnitz spent ten years as a lighting systems engineer before she attended the Wright Institute in Berkeley and received her PsyD in 2016. Dr. Alston-Stepnitz did her doctoral training at Integrated Health Psychology Training Program through Contra Costa County and her postdoctoral training with Kaiser Permanente Vacaville/Vallejo in 2016-2017. She works as a Gender Specialist, trained in trans-affirmative patient care to work with teens, families and adults. Dr. Alston-Stepnitz is also working with the postdoctoral training program as a clinical and psychological testing supervisor.

Candice Ryan, PsyD  
Vacaville, Consult Liaison and Hospital Services, Assessment Supervisor
Dr. Ryan received her B.A. from UC Berkeley, her M.A. and her PsyD from Adler School of Professional Psychology in Chicago. Dr. Ryan completed her doctoral internship at HealthPoint in Washington and her postdoctoral residency at Kaiser, Vacaville. Dr. Ryan is a primary supervisor and Assessment Supervisor in the residency program.

Kim Pawlick, PhD
Vacaville, Behavioral Medicine, Supervisor

During her senior of college, Dr. Pawlick spent a semester as an extern at KP, Portland, OR, assisting Kaiser members to improve nutrition and physical activity. As an undergraduate student, she researched the effects of physical exercise on emotional wellbeing, and pursued training and research in behavioral medicine while obtaining her PhD. Dr. Pawlick joined the Medical University of South Carolina faculty after completing her postdoctoral residency, working primarily in the area of pain management. Dr. Pawlick eventually returned to Kaiser and now works in the Behavioral Medicine Department at Vacaville. Dr. Pawlick is a primary supervisor in the postdoctoral residency program.

Kristin Katz, PhD
Vacaville, Adult Team, Supervisor

Dr. Katz received her PhD from CSPP, Los Angeles. Prior to joining Kaiser Permanente, Dr. Katz worked in a variety of outpatient settings with children, adolescents and adults. Dr. Katz is a primary supervisory in the postdoctoral residency program.