

Meet My Team

Vacaville/ Fairfield Mental Health Training Program Bios

North Bay Consortium (Vacaville, Fairfield, Vallejo, Santa Rosa and San Rafael)



Janice Lehman, Psy.D (she/her/hers)

Vacaville Adult Team

Training Director

Dr. Lehman received her B.A. in Psychology from the University of California, Santa Cruz, in 2003. She earned her doctoral degree in Clinical Psychology at the California School of Professional Psychology/Alliant University, San Francisco, in 2007. She completed her doctoral training at California State University, Sacramento Counseling and Psychological Services. Dr. Lehman joined Kaiser Permanente in 2007 as a postdoctoral resident with the Kaiser, Oakland, Eating Disorder Treatment Program, where she worked with both children and adults struggling with eating disorders and concurrent psychiatric issues. Dr. Lehman then went on to join the Kaiser, Fremont Psychiatry Adult Team as an eating disorder specialist. Her research has focused on the treatment of eating disorders and body image concerns in Asian American populations. Dr. Lehman has co-authored a chapter in the “Handbook of Adult Psychopathology in Asians: Theory, Diagnosis, and Treatment,” edited by Edward Chang (2012). Dr. Lehman began working in the Vacaville clinic in 2013. In September 2016, she became Site Training Co-Director for Vacaville/Vallejo Postdoctoral Residency programs and in 2019 became the Site Training Director for the Vacaville and Fairfield clinics. Dr. Lehman is an active member APA as well as a member of the Kaiser Permanente Regional Eating Disorder Best Practices committee to keep abreast of the latest developments in treatment for eating disorders. Dr. Lehman coordinates the Napa/Solano Eating Disorder Multi-Disciplinary Consultation team. She also co-facilitates the DBT Skills Training Group, and New Mom’s group in the Vacaville Adult Psychiatry Clinic. She supervises individually in the Practicum Extern program and postdoc program and is a group supervisor for the postdocs.



Supria Gill, PhD

Napa/Solano Training Manager

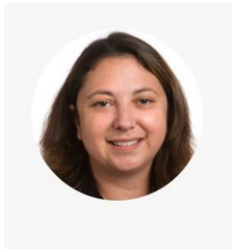
Co-Director Vallejo Psychiatry Practicum and Postdoctoral Training Programs

Behavioral Medicine Team

Dr. Gill received her Bachelor of Arts Degree at UC Davis, and her doctorate in Clinical Psychology from Palo Alto University. Dr. Gill completed her pre-doctoral internship in Health Psychology at the VA Portland Health Care System, and postdoctoral training with an emphasis in Behavioral Medicine at Kaiser Permanente Vallejo/Vacaville Residency Program. Dr. Gill specializes in psychological approaches to health promotion and behavior change in integrated care. Dr. Gill joined the Behavioral Medicine team in Vacaville as a staff psychologist in 2017 following completion of residency. Her

clinical duties include brief consultation and follow-up in Primary Care. Clinical interests include brief evidence-based interventions, mind-body connection, and women's mental health.

Dr. Gill also serves as the Health Psychology Liaison for the Northern California Regional Mental Health Training Programs. Dr. Gill is adjunct faculty at Palo Alto University, where she teaches courses in the graduate training program. Dr. Gill has co-authored several papers related to utilization of healthcare services, novel depression interventions, as well as the effects of perceived stress on psychosocial functioning. Dr. Gill serves as an individual and group supervisor for the Health Psychology Residents and leads didactic training for postdoctoral residents.



Jennifer Gershen, Psy.D
North Bay Consortium Director
Co-Training Director for the Psychology Training Program, Santa Rosa
Child and Family Psychiatry Services, Santa Rosa

Dr. Gershen received her doctorate from The California School of Professional Psychology in Alameda, CA. APA Doctoral Internship training at Shasta County Mental Health in Redding, CA. Post-Doctoral Residency at Kaiser Permanente in Santa Rosa. Specialties include family and child psychotherapy, Dialectic Behavior Therapy, groups for latency age children and parents, parenting consultation. Dr. Gershen is currently the co-training director of the Postdoctoral Residency Program at Kaiser Permanente Santa Rosa since 2008. She is the North Bay Consortium Director for the APA accredited Postdoctoral Residency Program. She is also the co-training director for the Doctoral Internship at Santa Rosa Kaiser since 2019. Outside of Kaiser, Dr. Gershen also works with local school systems teaching concepts to staff and students on issues related to healthy bodies, healthy relationship and the importance of consent and how to practice consent language.



Daniel MacIntyre, PhD (Vacaville, Child & Family Team, Individual Supervisor)
Dr. MacIntyre received his PhD in Clinical Psychology from University of Southern Mississippi and completed his residency at Children's Hospital & Research Center, Oakland, CA in 2001. Dr. MacIntyre began working at Kaiser Permanente in 2001. He is currently the clinical manager of the Child and Family Team and maintains a small caseload of child, teen, and young adults.



Kristin Katz, PhD (Vacaville, Adult Team, Individual Supervisor)

Dr. Katz received her PhD from CSPP, Los Angeles. Prior to joining Kaiser Permanente, Dr. Katz worked in a variety of outpatient settings with children, adolescents and adults. Dr. Katz is a primary supervisor in the postdoctoral residency program. She works on the adult team in our clinic running the Anxiety Group and the Chronic Conditions group.



April A. Brownell, PsyD (Vacaville, Child & Family Team, Individual Supervisor)

Dr. Brownell received her B.A. in Psychology and B.S. in Human Development from University of California at Davis in 2004. Her doctoral degree was earned at CSPP, San Francisco in 2009. Dr. Brownell completed her residency at U.C. Davis Medical Center in Family & Community Medicine. Her postdoctoral residency and fellowship were at University of Illinois, College of Medicine at Rockford within the Department of Family and Community Medicine. She was later hired on as faculty with University of Illinois Family Medicine Residency and served as their Director of Behavioral Sciences. In 2011-2012 she was also selected for a national fellowship by the Society of Teachers of Family Medicine. Dr. Brownell joined Kaiser Permanente in 2015 and has worked on the child, adult and young teen IOP teams. Dr. Brownell is both a primary and secondary supervisor in the postdoctoral residency program at Kaiser in Vacaville.



Kara Emery, Psy.D. (She/her/hers, Fairfield, Adult Team, Individual and Community Benefit Project Supervisor).

Dr. Emery received a double B.A. in Psychology and Italian from Connecticut College in 2003 and completed her M.S. and Psy.D. at Baylor University, graduating in 2014. She completed her internship and post-doctoral training at UC Davis's Counseling Services, with an Eating Disorders emphasis. Dr. Emery joined Kaiser Permanente in 2015, as a psychologist in the Eating Disorders Outpatient Program in Oakland, where she supervised at the post-doctoral and practicum levels. She came to Fairfield's team in 2019, and currently serves as Fairfield's Eating Disorder specialist, including facilitating a DBT-informed skills group for clients with eating disorders, in addition to her work as a supervisor.



Micaela Birt, Psy.D. (She/her/hers, Vacaville, Adult and Teen IOP Teams, Individual and Group Supervisor)

Dr. Birt received her B.A. from the University of Redlands and her Psy.D. from the PGSP-Stanford Psy.D. Consortium. She completed her doctoral internship at Sutter Center for Psychiatry in Sacramento, and her postdoctoral residency at Kaiser Permanente in Vacaville and Vallejo. She has worked on both the child and adult teams, and currently splits her clinical time between the Teen IOP and Adult IOP programs. Dr. Birt also serves as the Outreach and Wellness Liaison for the Kaiser Permanente Northern California Mental Health Training Programs and helps organize professional development and wellness events for all Northern CA trainees. Dr. Birt supervises practicum externs as well as postdoctoral residents at Kaiser Vacaville, and facilitates an Equity, Inclusion, and Diversity Group Supervision for Vacaville and Fairfield postdocs.



Joytika D Benutto, Psy.D (Adult Team Vacaville, Individual and Group supervisor)

Dr. Benutto received her B.A. in Psychology and Human Development from University of California at Davis in 2008, before attending the Wright Institute in Berkeley where she was awarded a doctorate degree in Clinical Psychology in 2015. While at the Wright Institute her research, interests included: Mothers with Perinatal Mood Disorders and developmental disabilities. Her dissertation topic was “Burnout, Quality of Life, Depression and Anxiety Among Parental Caregivers of Children with Cerebral Palsy.”

Dr. Benutto completed her doctoral training and postdoctoral residency at Wright Institute’s Integrated Health Psychology Training Program (IHPTP) through Contra Costa Regional Medical Center (CCRMC) in Martinez Ca. As a postdoc, she supervised two practicum students and provided site specific group supervision for two doctoral interns. While at CCRMC Dr. Benutto, along with family medicine and obstetrics providers, implemented strategic screening for expecting and postpartum mothers. She created and facilitated group treatment protocol for mothers at increased risk for developing perinatal mood disorders. In 2016 she worked briefly as a staff Health Psychologist and Co-Chaired the Diversity Committee at IHPTP before relocating to Vacaville with her family. Since then, she has transitioned into a diversity consultant role and teaches ongoing seminars geared towards IHPTP’s postdoctoral and practicum levels students.

Dr. Benutto joined Kaiser Permanente Vacaville in June of 2019, working primarily with adults and co-facilitating Life Skills group for individuals with developmental and cognitive difficulties, as well as ASD. She has supervised a postdoctoral resident and continues to remain active in diversity group supervision for pre and post masters level students.



Adriana Weyandt, PsyD (She/her/hers, Fairfield, Adult, Child & Triage Manager, Program Evaluation Supervisor)

Dr. Weyandt obtained her B.A. in Psychology from U.C. Riverside, and her M.A. and Psy.D from Alliant International University in Sacramento. Her internship was at Asian Americans for Community Involvement (AACI) in San Jose working with the Child & Family Team and in the Center for Survivors of Torture. Her post-doctoral residency was with Kaiser Permanente in South Sacramento in 2012.



Amalia Jarvis, Psy.D. (Child and Family Team-Fairfield, She/Her/Hers)

Dr. Jarvis received her B.A. in Psychology and Spanish from Emory University in 2007. Following graduation, she spent four years working at the Emory Autism Center. Dr. Jarvis received her Psy.D. from The Wright Institute in 2017. Dr. Jarvis completed her doctoral internship at The Guidance Center, Long Beach in 2016 and her postdoctoral residency at Kaiser Permanente in Walnut Creek in 2018. Dr. Jarvis was hired to work on the Child Team at Kaiser Permanente in Vallejo in 2018 and transferred to the Fairfield Child Team in 2019. Dr. Jarvis is a native Spanish speaker who works in both English and Spanish. She supervises residents individually and leads group supervision for psychological assessment.



Robert B. Schneider, Psy.D. (Vacaville, Adult Team, Individual Supervisor)

Dr. Schneider received his B.A. in English Literature from the University of Illinois in 1986, and his M.S. in Clinical Psychology (2002) and Psy.D. (2004) from Baylor University. Dr. Schneider has spent the majority of his career thus far working with veterans in the VA and the Vet Center systems. He and VA colleagues have developed a group-based program, with both narrative and interpersonal core components, that has helped combat veterans from World War II to the post-9/11 conflicts and also survivors of sexual trauma heal from the moral injury at the heart of their traumatic experiences. He came to KP Vacaville Psychiatry in 2020 and is currently facilitating psychoeducational and trauma-processing groups for First Responders.



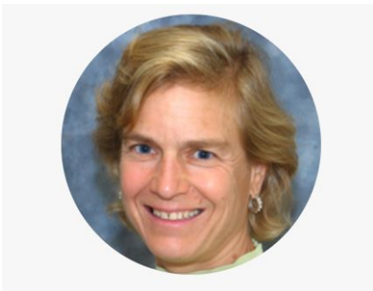
Megan DaVania Clark, PsyD (Vallejo/Vacaville/Napa/Fairfield, Behavioral Medicine Team)

Dr. Da Vania graduated from California School of Professional Psychology in 2006. Dr. Da Vania completed her postdoctoral residency at Kaiser Permanente, San Rafael, in the Addiction Medicine and Recovery Services Department. After working at Kaiser, Oakland, in the Eating Disorders Clinic, Dr. Da Vania moved to Behavioral Medicine in Napa, and is now Manager of Behavioral Medicine for the Napa Solano Service Area. Dr. Da Vania is a delegated supervisor in the Behavioral Medicine Department for the service area clinics.



Candice Ryan, PsyD (Vacaville, Consult Liaison and Hospital Services, Assessment Supervisor)

Dr. Ryan received her B.A. from UC Berkeley, her M.A. and her PsyD from Adler School of Professional Psychology in Chicago. Dr. Ryan completed her doctoral internship at HealthPoint in Washington and her postdoctoral residency at Kaiser, Vacaville. Dr. Ryan is a primary supervisor and Assessment Supervisor in the residency program.



Kim Pawlick, PhD (Vacaville, Behavioral Medicine, Supervisor)

During her senior of college, Dr. Pawlick spent a semester as an extern at Kaiser Permanente, Portland, Oregon, assisting Kaiser Permanente members to improve nutrition and physical activity. As an undergraduate student, she researched the effects of physical exercise on emotional wellbeing, and pursued training and research in behavioral medicine while obtaining her PhD. Dr. Pawlick joined the Medical University of South Carolina faculty after completing her postdoctoral residency, working primarily in the area of pain management. Dr. Pawlick eventually returned to Kaiser Permanente and now works in the Behavioral Medicine Department at Vacaville. Dr. Pawlick is a primary supervisor in the postdoctoral residency program.