

Meet My Team

Walnut Creek Health Training Program Bio's

Doctoral Internship in Psychology



Margot Green, PhD

Training Director

I have been part of the Walnut Creek Internship in Clinical Psychology since 2011. For this rich opportunity and experience, I feel rewarded and grateful. My own professional background took root on the East Coast in Health Psychology, and in collaboration with Primary Care Medicine. I earned my doctorate from Temple University, where there was a medical school, and completed an APA accredited internship also in Philadelphia. In earlier days, I was curious about how best to prepare patients for medical and surgical procedures. It came as no surprise that there was an individualized way to improve patient outcomes!

Moving to California, I enjoyed a broad introduction to our field in community mental health, and at the Department of Veterans Affairs Medical Center in Palo Alto. Those positions demonstrated how varied the tasks and competencies could be for a psychologist. Years later, I find it such a privilege to support interns in learning and enjoying a wide range of professional competencies. I consider this the essential feature of the job.

Our work in clinical practice turns increasingly to integration with medicine and other disciplines. This encourages hope for our professional horizon, as well as the collaborative projects we are now developing for interns and residents in Walnut Creek. My daily patient care is with Kaiser members who are challenging themselves to make behavioral changes in the face of life-threatening mental illness. Quite an honor!

Alana Stark, PsyD

Neuropsychology

Hi there! My name is Alana Stark and I am the Neuropsychology supervisor for our interns. I am originally from Canada, where I completed my undergraduate degree from the University of Western Ontario. After moving to the California Bay Area in 2007, I completed my doctorate degree from the Wright Institute in Berkeley, CA, specializing in Neuropsychology and completing a 2-year residency at the VA in Martinez. I started working at Kaiser in 2016 and prior to that, I worked at John Muir Hospital in Walnut Creek, doing mostly inpatient neuropsychological evaluations on their trauma, step-down, general medical, and rehabilitation units. In my current role here at Kaiser in Walnut Creek, I have the opportunity of completing outpatient neuropsychological evaluations, facilitating a cognitive rehabilitation group

(CogSMART), and supervising our Psychology interns and residents. I find my work incredibly rewarding and it is truly an honor to be part of our training program!

Casey Brodhead, PsyD

Assessment

My name is Casey Brodhead, and I was once an intern at WCRICP (and then continued in a residency at the same site before becoming a staff member). My interest in psychological assessment emerged while on internship, and now has become a central part of my role with interns. I am an assessment supervisor as well as primary supervisor. I also enjoy teaching interns, staff and colleagues how to use our integrated medical record (and other software and technology) with creativity and efficiency. These personal interests have guided me in creating a challenging and unique position at Kaiser which has broadened further career pursuits.

I earned my doctorate in Psychology locally from the PGSP Stanford Psy.D. Consortium. I consider teaching and supervising interns to be one of the most fun parts of my day (in addition to meeting with clients for individual and group psychotherapy for mood and substance use disorders or leading psychoeducational seminars). The challenging and fast paced environment of Kaiser Permanente has felt like a natural fit.

My vision is always to bring my authentic self and personality to my client interactions. I have found that by being my genuine self, it helps others to be themselves, and this is the gift of a true therapeutic relationship. I firmly believe that humor is an important element of interpersonal interactions, and I always aim to integrate and balance pleasant humor with professionalism in my practice.

Heather Gorman, PsyD

Eating Disorder Intensive Outpatient Program (EDIOP)

Hello, my name is Heather Gorman, PsyD., and I am one of the delegated supervisors for WCRICP. I work in the Eating Disorder Intensive Outpatient Program (EDIOP). I completed my doctorate degree at Alliant International University-San Francisco in 2012 and my undergraduate degree in Psychology at the University of Hawaii at Manoa in 2008. I started working for Kaiser Permanente as a Post-Doctoral resident in San Rafael in 2012 and began working in EDIOP in 2013. I have always been passionate about working with children and families; and worked in various settings including community mental health before finding my place working as an eating disorder specialist with teens and families. I enjoy working on a multidisciplinary team as well as having the opportunity to work intensively with my patients in EDIOP. I have always felt a calling to teaching and supervision and feel very fortunate to be a part of the doctoral internship training program. I find great enjoyment in being able to pay it

forward as a supervisor, as I would not be the Psychologist I am today without the many supervisors who supported me and taught me along the way. I love the energy and excitement that our interns bring to the clinic and appreciate you having me as a part of your journey towards becoming a Psychologist.

Katrina Domingo, PsyD
Behavioral Health Manager for IOP Services

Greetings! My name is Katrina Domingo, Psy.D., and I am currently the Behavioral Health Manager for the intensive outpatient services (Eating Disorders IOP, General Psychiatry IOP, and Clinical Case Management) at Kaiser Permanente, Walnut Creek. My focus is on developing patient-centered, outpatient programs for those who have the highest psychiatric acuity, and bridging care gaps by increasing partnership across the psychiatric care continuum – both within and outside of Kaiser Permanente. I am currently a fellow of the California Healthcare Foundation's (CHCF) Healthcare Leadership Program and former fellow of the American Psychological Association Minority Fellowship Program (APA MFP). I earned my doctorate from the PGSP-Stanford Psy.D. Program and started my career at KP as a Postdoctoral Resident at Union City's Child & Family Department. I strongly believe in the spirit of mentorship, training, and professional development – in helping trainees to integrate skills that will not only help them as clinicians, but as professionals who can help eliminate systemic barriers to care and mental health stigma. As someone who has also benefitted from these areas, it is my privilege to give back to the training program by overseeing our trainees' work with patients who have been diagnosed with eating disorders.

Miriam Walter, PsyD
Addiction Medicine and Recovery Services

Hello! I am Miriam Walter PsyD, a delegated supervisor in the AMRS program at Kaiser Walnut Creek. I grew up in the Bay Area, completed my doctorate at the PGSP-Stanford PsyD Consortium and have been working at Kaiser in addiction medicine for two years. It is fun and inspiring to do this challenging work, and I'm lucky to be surrounded by a wonderful team of clinicians. Getting to serve as a supervisor is an added bonus.

Shelby Smith, PsyD
Addiction Medicine and Recovery Services

My name is Shelby Smith and I am a licensed psychologist in the Addiction Medicine and Recovery Services department at Kaiser Permanente, Walnut Creek. I received my doctorate in 2014 from the PGSP-Stanford PsyD Consortium and completed my postdoctoral residency at

Kaiser, Walnut Creek. I have been privileged to be a part of the internship training program since 2015, and have loved providing group and individual supervision to our stellar interns. My clinical and research experience has largely focused on treating persons with substance use disorders in both individual and group formats. I have worked in diverse settings such as outpatient community mental health, a 30-day residential substance use facility, an acute psychiatric inpatient placement, and several VA hospitals. I am passionate about providing and supervising clinicians who deliver evidence-based treatments and look forward to continuing to grow as a therapist and supervisor during our next internship year.

Daniel van Beek, PhD
Addiction Medicine and Recovering Services

My name is Daniel van Beek and I am a licensed psychologist with Addiction Medicine and Recovery Services. I'm a California native and former expatriate to South East Asia. I received my doctorate from the California School of Professional Psychology in 2015. I was fortunate enough to train as a doctoral intern here at the Walnut Creek Internship (no, they did not ask me for my testimonial about the program!), then completed my post-doctoral residency in the Kaiser Permanente South Sacramento Psychiatry department before returning to the AMRS team. My personal emphases in clinical practice are on issues of diversity and social justice, which I have many opportunities to explore while working with patients in recovery from alcohol and drug addiction.

It is my belief that participating in the recovery process is a privilege as a provider and that through authentic connection and engagement with our patients, we can provide them with reparative experiences that help them heal from social injustices as well the trauma incited by the cycle of addiction. I look forward to providing supervision to clinicians in training to both supervise and collaborate with trainees as they develop their own clinical style and interests!

Jen Barkin, PsyD
Addiction Medicine and Recovering Services

My name is Jen Barkin and I'm a psychologist on the Addiction Medicine and Recovery Services team at Kaiser Walnut Creek. I earned my doctorate from the University of Denver, Graduate School of Professional Psychology. I moved to the Bay Area in 2010 and have worked at Kaiser since completing my postdoc residency here at the Walnut Creek clinic. Prior to joining the AMRS team in 2015, I worked in the Adult Intensive Outpatient Program and Adult Psychiatry. I greatly enjoy being a part of the training team and getting to work closely with each intern during their internship. The work I do is highly informed by evidence-based treatment. I am particularly influenced by Acceptance and Commitment Therapy as well as Dialectic Behavior Therapy. It is important to me to stay up on current research and developments in our field.

One of the things I love about this profession is the opportunity to continue learning and growing as a clinician, something that supervising in the internship program inspires me to do.

Wathen Claudia, PsyD
Addiction Medicine and Recovering Services

Hello! My name is Claudia Wathen and I am a primary supervisor for the Walnut Creek Internship in Clinical Psychology. I received my Psy.D from Alliant International University (CSPP-Alameda), my masters in developmental psychology from Columbia University in New York, and my bachelor's in psychology from the University of Washington. I started my career at Kaiser Permanente as an intern and have been here ever since! I have been the director of the adolescent chemical dependency services program for almost 20 years, trained in family systems and group therapy. During that time, I also specialized in trauma treatment with youth.

Now my career is transitioning to working with young adults. I have the unique perspective of having been an intern here that informs my supervision. As you can tell from my being here for over 22 years, I believe in longevity and legacy. This is made possible by working with a dedicated and nurturing team of professionals and good self-care (knitting, bowling and playing ukulele). I enjoy training up the next generation of providers and serving as a mentor as I was mentored, passing on the passion of this work as I look forward to retiring, knowing I have left the field and our programs in your good hands.

Kendra R. Castillo
Program Coordinator

My name is Kendra R. Castillo and I am the program coordinator for both the Walnut Creek Internship in Clinical Psychology and the East Bay Consortium for the Post-Doctoral Residency Program. I have been working with this program since summer of 2016, but overall have been working with Kaiser for 11 years with a background in Human Resources. I have a degree in Industrial Psychology with emphasis in HR management. In addition, while in this role, I earned my N.A.M.I. Family-to-Family Certification which has given me even more insight. I have always been interested in Psychology, so being able to be a part of the training programs while working directly with all the great and knowledgeable directors, psychologists, recruitment, interns, residents and regional staff has made a huge impact on me. For that reason, this by far has been my favorite role at KP! We are constantly finding ways to improve our programs here at KP, which makes the work interesting, exciting and creative.