

Meet My Team
Vacaville Mental Health Training Program Bio's
Associate Post Masters Mental Health Fellowship



Robynn Thomas, LCSW
Training Director
Adult/Child & Family Psychiatry

Hello, I am Robynn Thomas, I work as a Licensed Clinical Social Worker for the Adult and Child & Family Psychiatry teams in Vacaville. I earned my MSW from California State University at Sacramento. I have worked in mental health for 10 years in various settings including providing in home ABA therapy for children with Autism, working with adults with severe mental illness in crisis residential, a partial hospitalization program for adolescents and adults with eating disorders and providing outpatient therapy in the Vacaville Kaiser Psychiatry department. I have been with the Vacaville clinic for over 7 years, I started as an intern myself, so the training program is near and dear to my heart. I have helped develop a DBT treatment program and an Eating Disorders treatment program across the Napa Solano Service area. I currently work as part of the Teen IOP team and with adolescents with eating disorders. I enjoy collaborating and building teams and I'm excited to be part of reviving our Associate Post Master's Mental Health Fellowship program in our clinic.

Joshua Maffly, LMFT
Supervisor
Child & Family Psychiatry

Hello, I am Josh Maffly, a Licensed Marriage and Family Therapist on the Child & Family Psychiatry team in Vacaville. I earned my Master's from John F Kennedy University in 1994. I have worked for KP for 20+ years and have experience in Addiction Medicine and Recovery Services as well as in Child Psychiatry. I also have prior experience working at Fred Finch Youth and Family Services. I have been part of our Teen Intensive Outpatient team for over 10 years and have a passion for working with families in our multifamily group structure. I have supervised previous fellows in our department and I'm looking forward to this

opportunity again as I enjoy helping new staff and trainees find their footing and therapy styles.

Tim Heggard, LMFT

Supervisor

Child & Family Psychiatry

Hello, I am Tim Heggard, a Licensed Marriage and Family Therapist on the Child & Family Psychiatry team. I earned my Master's in counseling psychology from Washington State University. I have worked for Vacaville KP for over 10 years and was part of developing our Teen Intensive Outpatient program. My specialty is working with suicidal teens and their families as well as teens who have experienced trauma. I have prior experience in forensics. I value the collaboration and consultation that is prominent in our department and have an open-door policy that I hope will benefit future fellows in integrating into the department.

Michelle Yokoyama, LMFT

Supervisor

Adult Psychiatry

Hello, I am Michelle Yokoyama, a Licensed Marriage and Family Therapist on the Adult Psychiatry team. I earned my Master's from University of Phoenix. I worked for KP as a Support Services Supervisor for several years before transitioning into an MFT intern in the clinic. I have worked as a therapist for the department for over 10 years and have previous experience working for the Vacaville Police Department counseling children and dually diagnosed clients. My specialty is working with mother's experiencing post-partum depression. I am bilingual and enjoy using this to help serve our Spanish speaking population. I've also been part of developing our DBT program. I have prior experience supervising fellows and I'm excited to be able to provide this for newcomers to the field again. I enjoy the team environment and collaboration that abounds in our department.

Jamie Hundley, LCSW

Supervisor

Adult Psychiatry

Hello, I am Jamie Hundley, I am a Licensed Clinical Social Worker on the Adult Psychiatry team in Vacaville. I earned my MSW from California State University at San Diego. I have worked in the field since 2001 and have been licensed since 2008. My specialty is treating PTSD and relationship problems. I have worked in multiple treatment settings, began my KP career in a Behavioral Medicine position with our pain clinic and have experience working in Hospice, private practice and on university campuses. I love working in Vacaville because of the support of my team and the diverse population I get to work with day to day. My passion is training and teaching upcoming therapists and social workers and I am so excited to be part of reviving the fellowship program in our clinic.