

Meet My Team

Walnut Creek

Doctoral Practicum Program

Mental Health Training Program

Margot Green, PhD

Director of Training, Diablo Service Area

I am grateful to be helping support this exciting training opportunity! I have been involved with mental health training at Kaiser for more than 10 years, and enjoy engaging with all our teams and across departments in the Medical Center. The ongoing connection for me to all the trainees, their supervisors and training directors in the East Bay and broader Region is energizing. The practicum program allows us to reach further into our nearby communities, and to introduce capable students, earlier in their careers, to the dynamic model of care at Kaiser in Walnut Creek.

My professional background began on the East Coast, where I earned my doctorate in Psychology at Temple University after an undergraduate degree at Smith College. From my earliest career experiences through present times, I have been fortunate to work on collaborative, creative and multidisciplinary teams. Trainees bring new expertise and curiosity to our everyday practice. Working with them is truly a pleasure, shaping and reflecting my own personal and professional values.

Katrina Domingo, PsyD

Greetings. My name is Katrina Domingo, and I am a psychology supervisor as well as the Behavioral Health Manager for Intensive Outpatient Services at Kaiser Walnut Creek (Eating Disorders IOP, General Psychiatry IOP, and Clinical Case Management). My focus is on developing patient-centered outpatient programs for those who have the highest psychiatric acuity, and bridging care gaps by increasing partnership across the psychiatric care continuum – both within and outside of Kaiser Permanente. I am an alumnus of the California Healthcare Foundation's (CHCF) Healthcare Leadership Program and former fellow of the American Psychological Association Minority Fellowship Program (APA MFP). I earned my doctorate from the PGSP-Stanford Psy.D. Program, and started my career at KP as a Postdoctoral Resident at Union City's Child & Family Department. I strongly believe in the spirit of mentorship, training, and professional development. I also aim to help trainees integrate skills that will help them as clinicians, as well as professionals, who can help eliminate systemic barriers to care and mental health stigma. As someone who has directly benefitted from the KP training program, it is a

privilege to give back by overseeing our trainees' work with patients who have been diagnosed with eating disorders and other serious mental illnesses.

Joanna Friedman, PhD

I have enjoyed being part of the Walnut Creek mental health training program since 2016. Now I am grateful to become a supervisor for our new practicum training, set in outpatient intensive mental health services. The largest influence on my approach to supervision was my experience at an APA accredited pre-doctoral internship at the San Bernardino Department of Mental Health. In that challenging system, my supervisors created a supportive, appropriately challenging and respectful training environment. I aim to hold this environment for the trainees at Kaiser.

Since 2006, I have worked in the Eating Disorder IOP. I love working with patients diagnosed with eating disorders mainly because of the multi-disciplinary team. In my clinical role, I use an integrated therapeutic style where the relationship with the patient is primary, and elements of DBT, ACT, and CBT, are used to help them manage eating disorder behaviors and urges. When relevant, I apply insight oriented and existential therapies to support patients with accessing the deeper layers of their struggle. In the context of this work, issues of diversity, especially around the cultural bias toward the thin ideal, are explored.

Close to my heart is a keen awareness of the importance of diversity and its impact on interpersonal relationships. Alongside my professional career, I have pursued experiences such as participating in an international writing group, where there is an exchange of writing with authors from around the world. It highlights for me the importance of having as much of the contextual and cultural information as possible, which we as psychologists need to gather, to truly appreciate another person's perspective. I hold my position as a psychologist and supervisor to the highest professional standards, and work to support our trainees in becoming the psychologists they wish to be.

