

Meet My Team

Walnut Creek

Associate Post Master's Program

Mental Health Training Program

Margot Green, PhD

Director of Training, Diablo Service Area

I am grateful to be helping support this exciting training opportunity! I have been involved with mental health training at Kaiser for more than 10 years, and enjoy engaging with all our teams and across departments in the Medical Center. The ongoing connection for me to all the trainees, their supervisors and training directors in the East Bay and broader Region is energizing.

My professional background began on the East Coast, where I earned my doctorate in Psychology at Temple University after an undergraduate degree at Smith College. From my earliest career experiences through present times, I have been fortunate to work on collaborative, creative and multidisciplinary teams.

Trainees bring new expertise and curiosity to our everyday practice. Their energy and openness to novel ideas is inspiring. Working with Fellows and other trainees is truly a pleasure, shaping and reflecting my own personal and professional values.

Kathy Lynn Ray, LCSW

Supervisor Child and Family Psychiatry

Hello, I am Kathy Lynn Ray, I work as a Psychiatric Social Worker for the Child and Family Psychiatry team in Walnut Creek. I earned my MSW from Smith College School for Social Work in Northampton Mass. I have worked in Kaiser for almost 25 years and have supervised for close to 20 of those years. Many of my supervisees have gone on to work for Kaiser at various clinics throughout northern California! As a clinician in my department I have been fortunate to help develop several groups for children and teens from CBT focused child and parent groups for depression and anxiety, ADHD and externalizers skill groups for parents and children, a teen depression/anxiety group, DBT groups for parents and teens, and in the past 3 years groups for trans teens and a separate one for their parents. I have a passion for working with families in my clinical work and was trained in family systems work and CBT and have gone on to add to

my clinical skill base in the past several years training extensively in both DBT and ACT. I have a small private practice where I work with both kids and adults. I value collaboration and consultation within and across the teams in my department. My door is open to the student or colleague who is looking for clinical consultation or just hoping for an ear to listen as they talk about a case. I thoroughly enjoy working in this fast-paced environment. There is really no better place to learn and hone clinical skills!

Andria Cremolini, LMFT

Hello, I am Andria Cremolini, a licensed Marriage and Family Therapist on the Child & Family Psychiatry team in Walnut Creek. I earned my MA in Clinical Psychology with an emphasis in Marriage and Family Therapy from Pepperdine University in Malibu, CA. I specialize in working with children and teens with eating disorders and have experience in working at the residential, IOP and outpatient levels of care. I received my eating disorder training at Monte Nido treatment center and have been working in the outpatient and EDIOP levels of care at Kaiser in Walnut Creek for over 13 years. I have been involved in the development of a skills group curriculum drawing from DBT and ACT and am passionate about using these treatment modalities in my work. I enjoy being a part of a multidisciplinary team and am excited now to be involved in our training program.

Andrea Parsons, LCSW

Hello, I am Andrea Parsons, LCSW and currently, I am on the adult team at Kaiser Walnut Creek. I received my MSW from Columbia University and prior to joining Kaiser in 2012, I worked as a therapist in prisons and jails in Massachusetts. I also counseled men at Napa State Hospital in the restoration of their competency and worked for the Veteran's Administration helping veterans to secure housing. Prior to becoming a social worker, I worked in Human Resources in a Boston law firm. The effect of work stress on employees inspired me to pursue my MSW. Several years ago, I created the curriculum for our clinic's Work Stress program and derive great satisfaction in helping patients understand the source of their stress. I began supervising associates in 2013 and view my role as teacher, mentor and learner to those entering our field. Welcome; I look forward to our work together!

Mana Kahali, LCSW

Hi, my name is Mana Kahali, and I work as a Licensed Clinical Social Worker for both the Child & Family and Adult therapy teams in the Department of Mental Health at Kaiser, Walnut Creek. I received my MSW from UC Berkeley and prior to working at Kaiser, gained experience in School Social Work, Medical Social Work, as well as Social Work related to Grief and Loss. I have worked at KP Walnut Creek for the past five and a half years, and was fortunate enough to participate in the first Post Masters Training Program cohort here, in 2014. That internship jumpstarted my career at KP, and I'm really looking forward to joining the program again, this time as a supervisor! During my time at KP Walnut Creek, I've been a part of many groups –

including Child & Family team groups like the Parent Support group for the Teen IOP program, Teen Challenge, Power Skills, and Teen DBT. I have also been a part of Adult team groups, such as CBT for Depression, Skills for DBT, and the Young Adult therapy group. I greatly enjoy being on both teams within this clinic and am so excited to join the Associate Post Master's Mental Health Fellowship program in Walnut Creek, for the 2020-2021 training program!

