

Meet My Team**San Rafael Mental Health Training Program Bio's****North Bay Consortium (Vallejo, Vacaville, Santa Rosa and San Rafael)****Jennifer Gershen, PsyD****North Bay Consortium Director****Child and Family Psychiatry Services, Santa Rosa**

Dr. Gershen received my doctorate from The California School of Professional Psychology in Alameda, CA. APA Doctoral Internship training at Shasta County Mental Health in Redding, CA. Post-Doctoral Residency at Kaiser Permanente in Santa Rosa. Specialties include; family and child psychotherapy, Dialectic Behavior Therapy, groups for latency age children and parents, parenting consultation. Dr. Gershen is currently the co-training director of the Postdoctoral Residency Program at Kaiser Permanente Santa Rosa since 2008. She is the North Bay Consortium Director for the APA accredited Postdoctoral Residency Program. She is also the co-training director for the Doctoral Internship at Santa Rosa Kaiser since 2019. Outside of Kaiser, Dr. Gershen also works with local school systems teaching concepts to staff and students on issues related to healthy bodies, healthy relationship and the importance of consent and how to practice consent language.

Thu Pham, Ph.D.**(Co-Training Director, Adult Mental Health)**

Dr. Pham received her doctorate in Clinical Psychology from Northwestern University in 2005 and her Bachelor of Arts in Psychology from University of California, Berkeley in 2000. Dr. Pham completed her internship at the VA Martinez in 2004, joined Kaiser Permanente in Campbell as a post-doctoral fellow in 2005, and worked at Kaiser Permanente in Stockton as a psychologist from 2006-2012. Drawn to the beautiful area of Marin, Dr. Pham transferred to the Kaiser in San Rafael in 2012 and has worked as a psychologist on the Adult team since then. In addition to doing individual therapy, Dr. Pham also runs a Self-compassion group and a Dialectical Behavioral Therapy group at Kaiser. Dr. Pham was also the ACE (Achieving Clinical Excellence) lead for the Kaiser in San Rafael from 2012-2019, where the goal is to foster a therapeutic culture of feedback-informed care for patients. Dr. Pham's love for learning and mentoring led to her decision to take on the role of training director in 2019, where her goal as training director is to foster and facilitate a safe, engaging, and personalized training experience for the post-docs.

Carl G. Oddo, Ph.D.

(Co-Training Director Addiction Medicine and Recovery Services)

Dr. Oddo received his doctorate in Clinical and Organizational Psychology from San Francisco School of Psychology, and his Masters in Clinical Psychology at JFK University. He received his BA in Biological Sciences from U.C. Berkeley. Dr. Oddo completed his internship at the San Francisco County Mental Health, Monterey Clinic and his postdoctoral residency at Contra Costa County's New Connections, an outpatient community mental health and chemical dependency agency. He joined the KP Walnut Creek team in 2005 and worked in all phases of the WCR Chemical Dependency Recovery Program along with his responsibilities as Co-Training Director in the East Bay Consortium. Since coming to San Rafael in 2015 Dr. Oddo continues his work in Addiction Medicine and developing the SRF postdoctoral training program with an emphasis on integration of care.

Supervision and Training Staff

Quinn Durand, Psy.D. (Eating Disorder) received her doctorate in Clinical Psychology from Pepperdine University's Graduate School of Education and Psychology in 2013 and her Bachelor of Arts at the University of Richmond in 2006. She completed her Predoctoral Internship at Princeton House Behavioral Health's eating disorders program, and two postdoctoral fellowships at Harbor-UCLA Medical Center (women's health and pediatric behavioral medicine). She previously worked as Assistant Director of the Behavioral Medicine Service at Harbor-UCLA and held a faculty appointment at the David Geffen School of Medicine. In 2018, she moved to Marin to join Kaiser's Eating Disorder Team. Here Dr. Durand works closely with a multidisciplinary team treating children, adolescents, and adults with all types of eating disorder symptomology.

Susan Dyer, Psy.D. (Addiction Medicine) received her B.A. in Economics from UCLA and an M.A. (Counseling) from Santa Clara University before earning a doctorate in Clinical Psychology from Pepperdine University in 2004. She completed her pre-doctoral internship at the V.A. Healthcare Center in West Los Angeles and her postdoctoral fellowship within both the Department of Psychiatry and Chemical Dependency Services (CDS) at Kaiser, San Rafael. Dr. Dyer is currently a staff psychologist in Addiction Medicine and a delegated supervisor in the postdoctoral residency training program.

Alyssa Epstein, Ph.D. (Adult Mental Health) received her doctorate in Clinical Psychology from The Illinois Institute of Technology in 2005, and her Bachelor of Science in Psychology from UC San Diego. She completed her internship at VA Long Beach Healthcare System, and her postdoctoral fellowship in Anxiety Disorders at UCLA. After completing her postdoc, she moved to the Central Valley for 5 years, where she was the only clinical psychologist on staff. She was excited to eventually move back with her family to Marin (where she was raised) and has been with San Rafael Kaiser since 2015. She runs the CBT-focused panic groups at Kaiser and is an integral part of the triage team.

Leslie Forell, Psy.D. (Intensive Outpatient Program) received her B.F.A. in Musical Theatre from the University of Michigan before earning a doctorate in Clinical Psychology from Argosy University in 2009. She completed her pre-doctoral internship at Mission Mental Health in San Francisco and her postdoctoral fellowship with Chemical Dependency Services (CDS) at Kaiser, San Rafael. Dr. Forell is currently a staff psychologist on the Intensive Outpatient Program/Case Management team and is the head of the Threat Management Team for the San Rafael and Petaluma clinics. Dr. Forell has facilitated a number of groups in the Department of Psychiatry, including the Bipolar Support Group, Adult Life Skills, Trauma Education, and ACT for PTSD.

Joel Greenberg, Psy.D. (Child & Family Mental Health) received his doctorate from APA-accredited The Wright Institute of Berkeley in 2010. He received a B.A. in Psychology from the University of Maryland in 2000. Dr. Greenberg completed an APA-accredited pre-doctoral internship at St. John's Child and Family Development Center in Santa Monica, CA in August 2010 and a postdoctoral residency at Kaiser Permanente, San Rafael in September 2011. As a Clinical Psychologist on the Child Team, Dr. Greenberg conducts individual and group therapy with children, adolescents, families and adults. His crisis on-call duties involve triage, crisis intervention and clinical consultation with a multi-disciplinary staff. Dr. Greenberg also coordinates Teen IOP and hospital discharge planning; Teen Multi-Family IOP Group and Teen Anxiety Group therapy. Dr. Greenberg is a member of APA.

Alexandrea Harmell, Ph.D. (Neuropsych) earned her PhD in Clinical Psychology with an emphasis in Neuropsychology from the San Diego State University/University of California, San Diego Joint Doctoral Program. She completed her Clinical Psychology Internship and two-year postdoctoral Neuropsychology Residency at the San Francisco VA Medical Center, which included year-long rotations at the UCSF Memory and Aging Center and Epilepsy Center. She is actively involved in clinical research focusing on dementia risk factors and factors that protect against cognitive decline in aging. Dr. Harmell joined the Kaiser Permanente San Rafael Psychiatry department in 2020. She enjoys providing clinical supervision to postdoctoral residents in the assessment clinic.

Cori Heimer, Psy.D. (Adult Mental Health) received her doctorate in Clinical Psychology from the PGSP-Stanford Consortium (2018) and Bachelor of Arts at University of California, Santa Cruz (2008). She completed her predoctoral fellowship in the Trauma Emphasis Track at Southeastern Louisiana Veteran's Healthcare System. Dr. Heimer joined Kaiser San Rafael as a postdoctoral resident in 2018 and was hired to the Adult Team in 2019. As a member of the Trauma Team and the Accelerated Treatment Program Team, Dr. Heimer's clinical work emphasizes short-term, evidence-based therapies. She co-facilitates the CBT Group, ACT Group, and Fierce Self-Compassion Group. Dr. Heimer enjoys serving as a delegate supervisor in the postdoctoral residency training program.

Lily Krauss, Ph.D. (Child & Family Mental Health) received her doctorate in Clinical Psychology from the California School of Professional Psychology (CSPP), San Francisco in 2018, and her Bachelor of Arts in Psychology from University of California, Santa Cruz in 2009. During her clinical training, Dr. Krauss specialized in child and family treatment in school and community mental health settings. She joined Kaiser Permanente San Rafael as a postdoctoral resident in 2018 and was hired as a member of our Child and Family Team in 2019. In addition to individual and family treatment, Dr. Krauss also co-facilitates our Teen IOP Multi Family and Middle School DBT groups. She is the new ACE (Achieving Clinical Excellence) lead on the Child and Family Team for Kaiser San Rafael, where the goal is to foster a therapeutic culture of feedback-informed care for patients. Dr. Krauss supervises postdoctoral fellows on their community benefit projects.

John Maas, Ed.D. (Adult Mental Health) Counseling Psychology, Boston University 1983; Harvard Clinical Fellowship (Massachusetts General Hospital) 1977-1979; Children's Hospital Medical Center (Oakland CA, with Herb Schreier, MD, and others in Family Guidance 1980-1981, and Rosamund Gardner Ph.D. in the Child Development Center and Parent Infant Project 1983-85); Redwood Center (Berkeley, with Robert Green, Ph.D. and Karen Saeger, Ph.D.) 1983-85 and Kaiser Medical Offices, Fremont (J Janaro Fabian and Elizabeth McMahon, Ph.D.'s 1984-85); Kaiser Medical Center, Martinez CA, Staff Psychologist 1985-89; Chief Psychologist 1989-92; Staff Psychologist, Kaiser Medical Center, San Rafael, 1992 - present (2009). Supervisor of psychology interns, pre-doctoral and postdoctoral, 1985 to present. Specialties: family systems therapy, CBT groups for anxiety and depression.

Brandi Marcaletti, Ph.D. (Child and Family) received a B.A. in psychology from Loyola Marymount University in 2003 and a Ph.D. in clinical psychology from Pacific Graduate School of Psychology at Palo Alto University in 2010. She completed her internship with Children's Hospital Oakland in 2009 and has worked extensively with children on the Autism Spectrum throughout Southern and Northern California. Dr. Marcaletti provides therapy to children and families and currently specializes in treating adolescents within the Teen Intensive Outpatient Program at Kaiser. She co-leads IOP groups and is a member of the Triage and Threat Management Teams.

Leslie Yan Meier, Ph.D. (Adult Mental Health) received her doctorate in Clinical Psychology from UCLA (2007) and her B.A. in Psychology, Neuroscience and Biology from Wesleyan University in Middletown, CT (2000). Prior to entering her doctoral program, Dr. Meier conducted research on bipolar disorder at Massachusetts General Hospital in Boston. She completed her pre-doctoral externship at the West Los Angeles VA, her pre-doctoral internship and postdoctoral fellowship in addictions and trauma at the San Francisco VA. Prior to joining Kaiser Permanente's Department of Psychiatry in 2012, Dr. Meier worked at San Quentin State Prison. Dr. Meier finds supervision and working with young psychologists to be one of the most rewarding aspects of her career.

Eric Nadler, Ph.D. (Chronic Pain Care, Program Evaluation Supervisor) received his B.A. from the University of California, Santa Barbara, and his Ph.D. in Clinical Psychology from the California School of Professional Psychology in San Francisco. He completed his pre-doctoral internship at the Psychosocial Medicine Clinic at San Francisco General Hospital and postdoctoral residency in the Chemical Dependency Services program at Kaiser Permanente, San Rafael. He worked at UCSF as a research assistant and statistician analyzing the impact of psychological, endocrine and immunological variables on recovery after arthroscopic knee surgery. Dr. Nadler specializes in pain psychology and is part of the interdisciplinary chronic pain management program. He also works one day a week in the Department of Psychiatry doing on-call and crisis intervention and one day each week in a specialized program that helps patients who are on high doses of opiates taper down or off their narcotic medication. Dr. Nadler serves as a steering committee member for the Northern California Association of Pain Psychologists.

Stacey Nelson, Ph.D. (Addiction Medicine, Psychological Assessment) received her B.A. in Literature from Hampshire College in Massachusetts. She earned her Ph.D. in Clinical Psychology from the California School of Professional Psychology in 1997. Dr. Nelson completed her pre-doctoral internship at the V.A. Greater Los Angeles Healthcare Center in Sepulveda, CA and her postdoctoral residency at Kaiser Permanente, Department of Mental Health in Pleasant Hill. Dr. Nelson continued at Kaiser in Pleasant Hill, working first in Behavioral Medicine, next in the Intensive Outpatient Program and in 2001 in Chemical Dependency Services. In 2004 she transferred to Kaiser Permanente, Department of Psychiatry in San Rafael, where she served as a psychologist in Addiction Medicine and Recovery Services and Training Director for postdoctoral residents specializing in chemical dependency. She continued in this role through 2011, when she transitioned to Program Manager of Addiction Medicine and Recovery Services at Kaiser San Rafael/Petaluma. Dr. Nelson has a continuing interest in neuropsychological assessment and enjoys providing training and clinical supervision for postdoctoral residents in addiction medicine and psychological assessment.

Jonathan Waldron, PhD (Adult Mental Health) received his doctorate in Clinical Psychology from Virginia Tech in 2016 and his Bachelor of Science from Virginia Tech in 2010. He completed his APA-accredited pre-doctoral internship at the Michael E. DeBakey VA Medical Center in Houston, TX and his APA-accredited postdoctoral fellowship at the San Francisco VA Health Care System in San Francisco, CA (Integrated Care Psychology in HIV and Liver Disease). Dr. Waldron joined the Intensive Outpatient Program at Kaiser San Rafael in 2017 before becoming the adult services manager in 2019. His clinical areas of interest include PTSD, SMI, and assessment. Dr. Waldron enjoys providing clinical supervision.

Mary Vertinski, Ph.D. (Adult Mental Health) received her doctorate in Clinical Psychology from the University of Nevada, Las Vegas in 2017 and her B.A. in psychology from University of California, San Diego in 2007. She completed her predoctoral fellowship in Serious Mental Illness at the Richard L. Roudebush VAMC and her post-doctoral fellowship in Psychosocial Rehabilitation at the San Francisco VAMC. Prior to starting her graduate studies, Dr. Vertinski conducted research on computerized cognitive rehabilitation in schizophrenia and the recovery from substance use at the San Francisco VAMC/UCSF. Dr. Vertinski joined the Kaiser Permanente, San Rafael Psychiatry department in 2019.