

MENTAL HEALTH TRAINING PROGRAM
NEWSLETTER

OCTOBER 2020

On behalf of Kathryn Wetzler, PsyD

NEW SUICIDE TRAINING NOW AVAILABLE

The Mental Health Training Program recently partnered with **Dr. Craig Bryan** in the development of a comprehensive training on the assessment and treatment of suicide. Dr. Bryan is a board-certified clinical psychologist and an internationally recognized leader in the field of suicide research. He is a professor at the University of Utah, as well as the Executive Director for the National Center for Veterans Studies and has published over 100 peer-reviewed articles in the area of suicide research. This 6-hour training is currently available to all trainees and interested staff. CE's are not yet available but will be in the coming months – stay tuned!

[Ctrl + Click to access Suicide Training](#)

WELLNESS AND PROFESSIONAL DEVELOPMENT INITIATIVES FOR ALL TRAINEES

We are happy to announce that our very own Dr. Micaela Birt will be spearheading some new programs and initiatives available to our trainees across the region. Dr. Birt serves as our Outreach and Wellness Liaison and is


putting together a number of programs including quarterly wellness events, professional development seminars and much more. Thank you, Micaela, for your work on behalf of our training programs!

SPOTLIGHT

Margot Green, PhD, Diablo Service Area, has officially launched the Maternal Infant Resiliency Postdoctoral Residency Program this year as well as taken on expansion of the Psychology Practicum Externship and Post Masters Mental Health Fellowship Programs in her area. Your efforts and tireless energy are much appreciated!

We are also pleased to announce that **Anna Morita, PsyD** and **Evelyn Miccio, PsyD**, have received APPIC Membership for our Neuropsychology Postdoctoral Residency Program. They worked extremely hard to make this happen, so thank you for all you do!

LATINX MENTAL HEALTH & WELLNESS SUMMIT

The Mental Health Training Program is pleased to be collaborating with the Kaiser Permanente Latinx Association (KPLA) for their upcoming event - ¡Somos el Cambio, We are the Change! – Latinx Mental Health & Wellness 2 Day Virtual Summit. 

This two-day virtual summit will take place on Friday November 6 and 13, 2020. Mental Health clinicians, community health workers, leaders and students will benefit greatly from attending, but all individuals interested in advancing health equity in mental health are welcomed.

[Click here \(Ctrl + Click\) to obtain a ticket: Register through KPLA eventbrite](#)

To obtain CE credit you must register through Eventbrite and the [Click here to access Kaiser Permanente Mental Health Training Program Seminars/Conferences](#)

UPCOMING REGIONAL SEMINARS

One of our priority initiatives for this training year is to provide cutting-edge trainings and didactic opportunities for our trainees. In this effort, we are putting together an unprecedented lineup of speakers and presenters on a host of timely topics. In addition to the recorded seminar by Dr. Bryan outlined above, we are bringing back **Dr. Kenneth Hardy** for a seminar on Cultural Competence in Clinical Practice on November 16. Then in December, we will be hosting **Dr. Kristin Neff** for a training focused on self-compassion. These trainings will be presented remotely, with CE's available to staff who register. In the coming months, we look forward to sharing more outstanding presenters for these regional trainings.

Monday, October 26th

Supervision for Mental Health Providers
Carol Falender, PhD and Ed Shafranske, PhD, ABPP
9:00 AM to 4:00 PM (Licensed staff only)
[\(Ctrl + Click to access registration on the MHTP Website\)](#)

Monday, November 16th

Cultural Competence in Clinical Practice: A Multicultural Relational Perspective
Kenneth Hardy, PhD
1:00 PM to 5:00 PM (trainees & staff)
[\(Ctrl + Click to access Registration on the MHTP website\)](#)

