KAISER PERMANENTE®

Mental Health Training Program
Northern California

Meet My Team Vallejo Mental Health Training Program Bio's Postdoctoral Residency & Practicum Supervisor Staff Vallejo North Bay Consortium (Vallejo, Vacaville, Santa Rosa, and San Rafael)

Supria Gill, PhD (Co-Director of Postdoctoral Training)

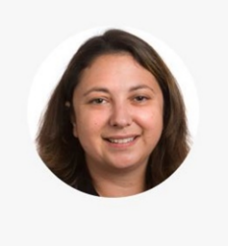
Dr. Gill received her Bachelor of Arts Degree at UC Davis, and her doctorate in Clinical Psychology from Palo Alto University. Dr. Gill completed her pre-doctoral internship in Health Psychology at the VA Portland Health Care System, and postdoctoral training with an emphasis in Behavioral Medicine at Kaiser Permanente Vallejo/Vacaville Residency Program. Dr. Gill specializes in psychological approaches to health promotion and behavior change in integrated care. Dr. Gill joined the Behavioral Medicine team in Vacaville as a staff psychologist in 2017 following completion of residency. Her clinical duties include brief consultation and follow-up in Primary Care. Clinical interests include brief evidence-based interventions, mind-body connection, and women's mental health.

Dr. Gill also serves as the MHTP Specialty Projects Consultant for the Northern California Regional Mental Health Training Programs. Dr. Gill is adjunct faculty at Palo Alto University, where she teaches courses in the graduate training program. Dr. Gill has co-authored several papers related to utilization of healthcare services, novel depression interventions, as well as the effects of perceived stress on psychosocial functioning. Dr. Gill serves as an individual and group supervisor for the Health Psychology Residents and leads didactic training for postdoctoral residents.

Patricia F. Eaton, PsyD (Co-Director of Postdoctoral Training)

Dr Eaton received her B.S. in Geography and Social Studies from the University of Sao Paulo in Brazil in 1997 and Master's in Behavioral Science from Cameron University in Oklahoma in 2004; and later Master's and Doctoral in Clinical Psychology from Alliant University, California School of Professional Psychology in 2011 and 2013, respectively. Dr. Eaton is fluent in both Brazilian Portuguese and Spanish, has extensive experience working with addiction, homelessness and chronically mentally ill populations in outpatient settings. She also serves a good portion of Latinx patients and is familiar with the language and

cultural intricacies of Latinx treatment. She is also interested in themes of self-esteem, body image and women's issues. Currently at the Vallejo Psychiatry Department, Dr. Eaton conducts a Women Empowerment Group aimed at discussing issues that affect the mental health of women such as gender roles, body image, relationships, parenting, boundaries and assertiveness. She also co-facilitates the Happiness and Well-Being group, presenting patients with skills that will help increase their quality of life and overall sense of well-being. On a regular basis, Dr. Eaton sees patients at the Department of Psychiatry outpatient clinic for individual psychotherapy. Dr. Eaton is part of the faculty that provides supervision and didactic training to postdoctoral residents.



Jennifer Gershen, PsyD (North Bay Consortium Director Child and Family Psychiatry Services, Santa Rosa)

Dr. Gershen received my doctorate from The California School of Professional Psychology in Alameda, CA. APA Doctoral Internship training at Shasta County Mental Health in Redding, CA. Post-Doctoral Residency at Kaiser Permanente in Santa Rosa. Specialties include family and child psychotherapy, Dialectic Behavior Therapy, groups for latency age children and parents, parenting consultation. Dr. Gershen is currently the co-training director of the Postdoctoral Residency Program at Kaiser Permanente Santa Rosa since 2008. She is the North Bay Consortium Director for the APA accredited Postdoctoral Residency Program. She is also the co-training director for the Doctoral Internship at Santa Rosa Kaiser since 2019. Outside of Kaiser, Dr. Gershen also works with local school systems teaching concepts to staff and students on issues related to healthy bodies, healthy relationship, and the importance of consent and how to practice consent language.

Jonah Paquette, PsyD (Assistant Regional Director for Northern California, Napa-Solano Practicum Co-Training Director)

Dr. Paquette received his B.A. from Columbia University in 2004 and his PsyD from the PGSP-Stanford PsyD Consortium in 2010. Dr. Paquette completed his doctoral internship at the Loma Linda VA Medical Center and was a postdoctoral resident at Kaiser San Rafael's Outpatient Mental Health Clinic with an emphasis in addiction medicine. He has been a psychologist at Kaiser Vallejo since 2012, initially with the Intensive Outpatient Program before transitioning to the Adult Team in 2015. In addition to his work with the local training programs, Dr. Paquette serves as the Assistant Regional Director for Mental Health Training across Northern California.

Dr. Paquette has been involved with the training programs since 2013, and formerly served as both the Training Director for the Napa-Solano postdoctoral residency program as well as the

North Bay Consortium Director. His clinical duties include providing individual psychotherapy and facilitating groups, including the Trauma Recovery Group and the Happiness & Well-Being Group. Dr. Paquette is the author of three research-based self-help books, “Real Happiness,” “The Happiness Toolbox,” and “Awestruck.” In addition to his work at Kaiser Permanente, Dr. Paquette delivers trainings for mental health professionals, businesses, and the public across the country and internationally on topics related to Positive Psychology and Well-Being and frequently contributes to media outlets on these topics.

Lisa Nakata, PhD (Vallejo, Manager – Child/Family Team)

Dr. Nakata received her B.S. from U.C. Berkeley in 1987, a Master’s Degree in Clinical Psychology from San Francisco State University in 1989, and her PhD from Pacific Graduate School of Psychology in 2001. Dr. Nakata completed her pre- and postdoctoral training at Kaiser Vallejo Psychiatry Department. Serving as Director of Training from 2005 (for half of the training year) to 2009, Dr. Nakata is now a primary supervisor with the Postdoctoral Residency training in Vallejo Psychiatry Department.

Candice Ryan, PsyD (Vacaville, Consult Liaison and Hospital Services, Trauma Services Consultation & Liaison Supervisor).

Dr. Ryan received her B.A. from UC Berkeley, her M.A. and her PsyD from Adler School of Professional Psychology in Chicago. Dr. Ryan completed her doctoral internship at HealthPoint in Washington and her postdoctoral residency at Kaiser, Vacaville. Dr. Ryan is a Trauma Services C&L supervisor in the residency program.

Adriana Weyandt, PsyD (Fairfield, Adult, Child & Triage Manager, Individual Supervisor)

Dr. Weyandt obtained her B.A. in Psychology from U.C. Riverside, and her M.A. and Psy.D from Alliant International University in Sacramento. Her internship was at Asian Americans for Community Involvement (AACI) in San Jose working with the Child & Family Team and in the Center for Survivors of Torture. Her post-doctoral residency was with Kaiser Permanente in South Sacramento in 2012

Frank A. Tyler, PsyD (Vallejo, Behavioral Medicine)

Dr. Tyler received his Bachelor of Arts Degree from San Francisco State University and his Doctoral Degree from American School of Professional Psychology at Argosy University, Alameda, CA. Dr. Tyler trained at Marin County Community Mental Health as a pre-doctoral intern and completed postdoctoral training at Kaiser Permanente Vallejo Residency Program. Dr. Tyler transitioned from the Department of Psychiatry to Behavioral Medicine at Kaiser Vallejo in 2015 where he currently serves as a Behavioral Medicine Consultant in Adult and Family Medicine.

Sundas Pasha Fick, PsyD (Vacaville/Vallejo, Behavioral Medicine)

Dr. Pasha received her B.S. from the University of California, Davis, and her Psy.D. from the California School of Professional Psychology, Sacramento. Dr. Pasha completed her pre-doctoral internship at the VA Northern California Health Care System where she trained in general mental health, PTSD, neuropsychology, and behavioral medicine. Dr. Pasha completed her postdoctoral residency at Kaiser Permanente Roseville/Rancho Cordova specializing in pain psychology. After residency, Dr. Pasha joined Kaiser staff as a clinical psychologist in the Behavioral Medicine Department and is a primary supervisor in the postdoctoral residency program.

Alex Keller, Psy.D. is a pediatric behavioral health services (BMS)

Dr. Keller psychologist in Kaiser Permanente Vallejo and Fairfield Pediatrics Departments. She specializes in integrated health psychology, and has experience working in hospice/end of life care, integrated medical settings, neuropsychology, school settings, and with LGBTQ populations/gender affirming care. She completed her BA from Oberlin College (2011) in Psychology and Spanish, her Master's Degree in MFT (Family Therapy) in 2013 from the University of San Diego and her doctorate degree in Clinical

Psychology (2018) from the Wright Institute. Dr. Keller stayed with Kaiser after completing her Post Doctoral Residency with the department of Psychiatry and Child and Family Team, when she piloted the Pediatric BMS (integrated health psychology) Program. She uses integrated theories, including CBT, narrative therapy, and brief treatment models. In her free time, Dr. Keller enjoys hiking, baking, and playing guitar.

Alexander Shen, PsyD (Vallejo, Child/Family Team)

Dr. Shen earned his B.S. from U.C. Berkeley in Business Administration in 1992, and his PsyD from the Wright Institute (Berkeley) in Clinical Psychology in 2015. He received his doctoral training at California Pacific Medical Center in San Francisco, specializing in Child and Family work in outpatient, community clinic and inpatient medical settings. He completed his postdoctoral residency on the Child and Family Team in the Department of Psychiatry at Kaiser Vallejo. Dr. Shen is one of the Child and Family Team's Gender Specialists and currently co-leads a group for transgender, gender non-binary and gender exploring adolescents. His clinical interests also include understanding the impacts of relational trauma and sociocultural inequities to support well-being and resilience. Dr. Shen serves as a delegated individual supervisor for postdoctoral residents.

Anessa Larson, PsyD (Vallejo, Adult Team)

After finishing her doctoral internship at UC Davis Medical Center, Dr. Larson earned her doctoral degree from The Wright Institute in Berkeley in 2003. She then completed the residency program at Children's Hospital and Research Center, Oakland, in 2004 and was licensed in 2005. Dr. Larson has worked at Kaiser Permanente, Richmond, on the Child & Family Team, and at Marin County Mental Health Services on the Child & Family Team and in QA/QI Oversight Management. In January 2017, she began working as a Staff Psychologist on the Adult Team in Vallejo and provides individual therapy services, hospital on-call, co-facilitation of a group in our Ketamine program and Supervision in the postdoctoral residency program.

Megan Da Vania Clark, PsyD (Vallejo/Vacaville/Napa, Behavioral Medicine Team)

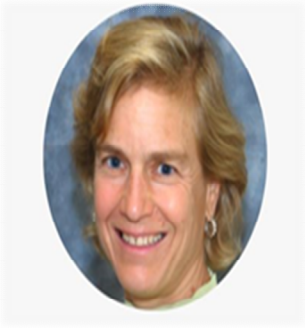
Dr. Clark graduated from California School of Professional Psychology in 2006. Dr. Da Vania completed her postdoctoral residency at Kaiser, San Rafael, in the Addiction Medicine and Recovery Services Department in 2007. After working at Kaiser Permanente, Oakland, in the Eating Disorders Clinic, Dr. Da Vania moved to Behavioral Medicine in Napa, and is now Manager of Behavioral Medicine for the Napa Solano Service Area. Dr. Da Vania is a delegated supervisor in the Behavioral Medicine Department for Vallejo and Napa.

Daniella Halperin, PhD (Vallejo, Adult Team)

Dr. Halperin earned her doctorate degree from Northeastern University in 2016. Her doctoral research focused on non-suicidal self-injury among college students. While in graduate school, she acquired diverse clinic training in a variety of settings in the Boston area, including the Center for Anxiety and Related Disorders at Boston University, Boston VA National Center for PTSD, Massachusetts Mental Health Center, and UMass Lowell Counseling Center. She completed her predoctoral internship at the Columbus VA in Ohio prior to joining the Psychiatry Department at Kaiser in Vallejo as a postdoctoral resident. Dr. Halperin has been trained in evidence-based treatments such as Dialectical Behavior Therapy (DBT), Cognitive Behavioral Therapy (CBT), and Acceptance and Commitment Therapy (ACT). On the Adult Team in Vallejo Dr. Halperin has co-facilitated various groups, including DBT Essential Skills, Advanced DBT Skills, Social Anxiety, Happiness and Wellbeing, Depression, and the Mindful Way Through Grief. Dr. Halperin is currently program evaluation supervisor for the doctoral program along with Dr. Aubyn Fulton. She also serves as a primary supervisor in the practicum program.

Kara Emery, Psy.D. (Fairfield, Adult Team, Community Benefit Project Supervisor).

Dr. Emery received a double B.A. in Psychology and Italian from Connecticut College in 2003 and completed her M.S. and Psy.D. at Baylor University, graduating in 2014. She completed her internship and post-doctoral training at UC Davis's Counseling Services, with an Eating Disorders emphasis. Dr. Emery joined Kaiser Permanente in 2015, as a psychologist in the Eating Disorders Outpatient Program in Oakland, where she supervised at the post-doctoral and practicum levels. She came to Fairfield's team in 2019, and currently serves as Fairfield's Eating Disorder specialist, including facilitating a DBT-informed skills group for clients with eating disorders, in addition to her work as a supervisor.



Kim Pawlick, PhD (Vacaville, Behavioral Medicine)

Dr. Pawlick During her senior of college, Dr. Pawlick spent a semester as an extern at KP, Portland, OR, assisting Kaiser members to improve nutrition and physical activity. As an undergraduate student, she researched the effects of physical exercise on emotional wellbeing, and pursued training and research in behavioral medicine while obtaining her PhD. Dr. Pawlick joined the Medical University of South Carolina faculty after completing her postdoctoral residency, working primarily in the area of pain management. Dr. Pawlick eventually returned to Kaiser and now works in the Behavioral Medicine Department at Vacaville. Dr. Pawlick is a primary supervisor in the postdoctoral residency program.

Neda Soussanbari, PsyD (Vallejo, Behavioral Medicine Team)

Dr. Soussanbari received her B.S. from the University of California, San Diego (UCSD) and her Psy.D. from The Wright Institute. Dr. Soussanbari completed her predoctoral internship and postdoctoral residency at VA Sierra Nevada Health Care System and Kaiser Vallejo Medical Center, respectively, where she received training in providing behavioral medicine services. After completing her residency, Dr. Soussanbari joined Kaiser's staff as a clinical psychologist and is a primary supervisor in the postdoctoral residency program.

Jamie Hansen, PHD (Vallejo/Napa, Child/Family Team)

Dr. Hansen received her doctoral degree from The University of South Dakota in 2016. She acquired doctoral training at the following sites: Medical College of Georgia and Charlie Norwood Veteran Affairs Medical Center. She completed her postdoctoral residency at Kaiser, Vallejo. Dr. Hansen is a secondary supervisor in the residency program.

Claire Reclosado-Baclay, PsyD (Vallejo, Adult Team)

Dr. Reclosado-Baclay earned her B.A. in Psychology from UC Davis, M.A. in Sport Psychology from JFK University, and PsyD in Clinical Psychology from JFK University. Dr. Reclosado-Baclay completed her postdoctoral residency on the Adult Team at Kaiser Vallejo and went on to work as a Psychologist in the department. She currently co-facilitates the Moving Through Depression group and is an Assessment Supervisor in the residency program, as well as a primary supervisor in the practicum extern program. Outside of Kaiser, Dr. Reclosado-Baclay is adjunct faculty at Holy Names University, where she teaches in the M.A. Applied Sport and Performance Psychology program. Her interests include Sport Psychology, Social Justice and Advocacy, and areas surrounding the Filipinx American community. She currently serves on the executive committee of the Asian American Psychological Association's Division on Filipinx Americans and is a member of AAPA. AASP, and APA's Div. 47 and Div. 30.

Alicia Moore, Psy.D. (Vallejo Intensive Outpatient Program)

Dr. Moore earned her B.A in psychology from Reed College (1999), then worked for years in the field of environmental education. She returned to her love of psychology in 2009, earning her doctorate from The Wright Institute (2014), and completing her APA Doctoral Internship training at San Jose State University. She then completed her postdoc at Kaiser Permanente Vallejo, and has stayed here ever since! She draws from a variety of therapy approaches, including biopsychosocial, ACT, multicultural, psychodynamic, and CBT, and works to attune to patients, help them stabilize, and support them in finding and taking their next steps. She loves the diversity of patients in the Vallejo clinic, getting to see her patients 4 days/week, and the wonderfully smart, compassionate, funny, and insightful IOP team with whom she works. In addition to her work in IOP, Dr. Moore serves as a secondary supervisor in the postdoctoral training program and co-facilitates a group for people with bipolar disorder. When she's not working, she spends time with her family (including young daughter, husband, and dog), and likes being outside.

Fathima Ali, PsyD (Vacaville, Behavioral Medicine)

Dr. Ali received her B.S. in Biological Sciences from the University of Connecticut, and her M.A. in Counseling Psychology and Couples and Family Therapy and her Psy.D. in Clinical Psychology at William James College in Newton, Massachusetts. She completed her predoctoral internship at the Lynn Community Health Center where she received training in integrated medical care, while also working with underserved populations including refugees. Dr. Ali completed her postdoctoral residency at the UC Davis Student Health and Counseling Services, where she not only worked with undergraduate and graduate students but continued to specialize in integrated care. After completing her residency, Dr. Ali joined Kaiser Vacaville in Behavioral Medicine and serves as a group supervisor in the postdoctoral residency program.

Aubyn Fulton, PhD (Vallejo, Adult Team)

Dr. Fulton received his B.A. from Pacific Union College in Psychology and Religion and his M.A. in Theology and PhD in clinical psychology from Fuller Theological Seminary. He completed his doctoral internship at Martinez VA Medical Center. He was a staff psychologist at Napa State Hospital and in part-time private practice, specializing in the treatment of mood and anxiety disorders in young adults and general psychological assessment. He was a professor of psychology at Pacific Union College in Napa Valley, chairing the Psychology and Social Work Department for ten years. He was sponsor of the Black Student Union and building on his dissertation research on the relationship of religiosity to both homophobia and tolerance, facilitated a support group for LGBTQ young adults in religious communities. Currently his clinical duties in the Vallejo Department of Psychiatry include providing individual

psychotherapy, crisis intervention and co-facilitating a group for young adults finding their path to meaningful, autonomous identities. Currently his clinical duties in the Vallejo Department of Psychiatry include providing individual psychotherapy, crisis intervention and co-facilitating one group for young adults, and another for African Americans. He is also both an individual clinical supervisor and a co-group supervisor for the Program Evaluation Projects in the training program and is the Curriculum Liaison for the Regional Mental Health Training Programs.

Matthew Holland, PsyD (Vallejo, Behavioral Health Manager of Adult Services)

Dr. Holland received his B.A. in Psychology from UC Berkeley in 2002 and his doctoral degree in Clinical Psychology from The Wright Institute in 2016. Dr. Holland completed his doctoral internship at the Integrated Health Psychology Training Program in Contra Costa County and was a postdoctoral resident at Kaiser San Rafael's Psychiatry Department.

Dr. Holland joined the Vallejo Psychiatry Department in 2017 and, soon thereafter, served as the clinic's Adult Team representative on the Achieving Clinical Excellence committee for the Northern California region of Kaiser Permanente. In this clinic liaison role, he facilitated a case consultation group for Adult Team clinicians to support the framework of Feedback Informed Care. In 2018, he had the pleasure of being a contributor on the Tridiuum Mental Health Advisory Council, a regional committee tasked with developing the implementation and clinic workflows of digital feedback tools designed to support clinical practice and improve patient outcomes. Currently, Dr. Holland provides support and coordination for the maintenance of virtual programs for Napa Solano's Psychiatry Department and Behavioral Health Education.

Dr. Holland is actively involved in the training program as an Assessment Supervisor for both postdoctoral residents and practicum externs; past roles in the training program have included provision of individual, clinical supervision. He has also served on the Behavioral Medicine Faculty for the Family Medical Residency program for the 2020-2021 training year.