

Meet My Team

Vallejo Practicum Mental Health Training Program

Jonah Paquette, PsyD

Assistant Regional Director for Northern California, Napa-Solano Practicum Co-Training Director

Dr. Paquette received his B.A. from Columbia University in 2004 and his PsyD from the PGSP-Stanford PsyD Consortium in 2010. Dr. Paquette completed his doctoral internship at the Loma Linda VA Medical Center and was a postdoctoral resident at Kaiser Permanente San Rafael's Outpatient Mental Health Clinic with an emphasis in addiction medicine. He has been a psychologist at Kaiser Permanente Vallejo since 2012, initially with the Intensive Outpatient Program before transitioning to the Adult Team in 2015. In addition to his work with the local training programs, Dr. Paquette serves as the Assistant Regional Director for Mental Health Training across Northern California.

Dr. Paquette has been involved with the training programs since 2013, and formerly served as both the Training Director for the Napa-Solano postdoctoral residency program as well as the North Bay Consortium Director. His clinical duties include providing individual psychotherapy and facilitating groups, including the Trauma Recovery Group and the Happiness & Well-Being Group. Dr. Paquette is the author of three research-based self-help books, "Real Happiness," "The Happiness Toolbox," and "Awestruck." In addition to his work at Kaiser Permanente, Dr. Paquette delivers trainings for mental health professionals across the country and internationally on topics related to Positive Psychology and Happiness and frequently contributes to media outlets on these topics.

Supria Gill, PhD

Co-Director of Napa Solano Practicum and Postdoctoral Training

Dr. Gill received her Bachelor of Arts Degree at UC Davis, and her doctorate in Clinical Psychology from Palo Alto University. Dr. Gill completed her pre-doctoral internship in Health Psychology at the VA Portland Health Care System, and postdoctoral training with an emphasis in Behavioral Medicine at Kaiser Permanente Vallejo/Vacaville Residency Program. Dr. Gill specializes in psychological approaches to health promotion and behavior change in integrated care. Dr. Gill joined the Behavioral Medicine team in Vacaville as a staff psychologist in 2017 following completion of residency. Her clinical duties include brief consultation and follow-up in Primary Care. Clinical interests include brief evidence-based interventions, mind-body connection, and women's mental health.

Dr. Gill also serves as the Health Psychology Liaison for the Northern California Regional Mental Health Training Programs. Dr. Gill is adjunct faculty at Palo Alto University, where she teaches courses in the graduate training program. Dr. Gill has co-authored several papers related to utilization of healthcare services, novel depression interventions, as well as the effects of perceived stress on psychosocial functioning. Dr. Gill serves as an individual and group supervisor for the Health Psychology Residents and leads didactic training for postdoctoral residents.

Patricia F. Eaton, PsyD**Co-Director of Postdoctoral Training, Napa-Solano Practicum Group & Individual Supervisor**

Dr. Eaton received her B.S. in Geography and Social Studies from the University of Sao Paulo in Brazil in 1997 and Master's in Behavioral Science from Cameron University in Oklahoma in 2004; and later Master's and Doctoral in Clinical Psychology from Alliant University, California School of Professional Psychology in 2011 and 2013, respectively. Dr. Eaton is fluent in both Brazilian Portuguese and Spanish, has extensive experience working with addiction, homelessness and chronically mentally ill populations in outpatient settings. She also serves a good portion of Latinx patients and is familiar with the language and cultural intricacies of Latinx treatment. She is also interested in themes of self-esteem, body image and women's issues. Currently at the Vallejo Psychiatry Department, Dr. Eaton conducts a Women Empowerment Group aimed at discussing issues that affect the mental health of women such as gender roles, body image, relationships, parenting, boundaries and assertiveness. She also co-facilitates the Happiness and Well-Being group, presenting patients with skills that will help increase their quality of life and overall sense of well-being. On a regular basis, Dr. Eaton sees patients at the Department of Psychiatry outpatient clinic for individual psychotherapy. Dr. Eaton is part of the faculty that provides supervision and didactic training to postdoctoral residents.

Micaela Birt, PsyD**Vacaville, Adult and Teen IOP Teams, Individual and Group Supervisor**

Dr. Birt received her B.A. from the University of Redlands and her Psy.D. from the PGSP-Stanford Psy.D. Consortium. She completed her doctoral internship at Sutter Center for Psychiatry in Sacramento, and her postdoctoral residency at Kaiser Permanente in Vacaville and Vallejo. She has worked on both the child and adult teams, and currently splits her clinical time between the Teen IOP and Adult IOP programs. Dr. Birt also serves as the Outreach and Wellness Liaison for the Kaiser Permanente Northern California Mental Health Training Programs and helps organize professional development and wellness events for all Northern CA trainees. Dr. Birt supervises practicum externs as well as postdoctoral residents at Kaiser Permanente Vacaville, and facilitates an Equity, Inclusion, and Diversity Group Supervision for Vacaville and Fairfield postdocs.

Daniella Halperin, PhD**Vallejo, Adult Team Practicum Individual Supervisor**

Dr. Halperin earned her doctorate degree from Northeastern University in 2016. Her doctoral research focused on non-suicidal self-injury among college students. While in graduate school, she acquired diverse clinic training in a variety of settings in the Boston area, including the Center for Anxiety and Related Disorders at Boston University, Boston VA National Center for PTSD, Massachusetts Mental Health Center, and UMass Lowell Counseling Center. She completed her predoctoral internship at the Columbus VA in Ohio prior to joining the Psychiatry Department at Kaiser Permanente in Vallejo as a postdoctoral resident. Dr. Halperin has been trained in evidence-based treatments such as Dialectical Behavior Therapy (DBT), Cognitive Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT), Cognitive Processing Therapy (CPT), and Motivational Interviewing. On the Adult Team in Vallejo, Dr. Halperin has co-facilitated various groups, including DBT Essential Skills, Advanced DBT Skills, Social Anxiety, Happiness and Wellbeing, Depression, and the Mindful Way Through Grief. Dr. Halperin is currently a primary supervisor in the practicum program. She also serves as program evaluation supervisor for the doctoral program.

Claire Reclosado-Baclay, PsyD
Vallejo, Adult Team Practicum Supervisor

Dr. Reclosado-Baclay earned her B.A. in Psychology from UC Davis, M.A. in Sport Psychology from JFK University, and PsyD in Clinical Psychology from JFK University. Dr. Reclosado-Baclay completed her postdoctoral residency on the Adult Team at Kaiser Permanente Vallejo and went on to work as a Psychologist in the department. She currently co-facilitates the Moving Through Depression group and is an Assessment Supervisor in the residency program, as well as a primary supervisor in the practicum extern program. Outside of Kaiser Permanente, Dr. Reclosado-Baclay is adjunct faculty at Holy Names University, where she teaches in the M.A. Applied Sport and Performance Psychology program. Her interests include Sport Psychology, Social Justice and Advocacy, and areas surrounding the Filipinx American community. She currently serves on the executive committee of the Asian American Psychological Association's Division on Filipinx Americans and is a member of AAPA, AASP, and APA's Div. 47 and Div. 30.

Jeannie E. Celestial, PhD
she/her; Vallejo Adult Team Individual Supervisor

Dr. Celestial is a licensed clinical psychologist in the Department of Mental Health at Kaiser Permanente Medical Center in Vallejo, California where she provides individual and group therapy and serves as an extern supervisor. Dr. Celestial completed her postdoctoral residency at Vallejo Kaiser Permanente and her predoctoral internship at the Veterans Affairs Pacific Islands. She holds a PhD in Clinical Psychology with emphases in Clinical Neuropsychology and Meditation and Psychology. Prior to doctoral studies, Dr. Celestial worked as a clinical social worker, doing parent-child psychotherapy.

In 2019-2020, Dr. Celestial served as the inaugural Chair of the Filipinx Mental Health Initiative in Solano County (FMHI-Solano), a community-driven coalition to empower and educate the Filipinx community about mental health. In 2013, Dr. Celestial was awarded the Minority Fellowship by the American Psychological Association for her commitment to ethnic minority behavioral services. Passionate about holistic health and well-being, Dr. Celestial is the co-author of *The Filipino Instant Pot Cookbook*. She was born on Guam, Chamorro land, to Visayan and Tagalog parents from the Philippines. Currently, Dr. Celestial is a settler on Ohlone land in the San Francisco Bay Area.

Beatriz Bello, Ph.D.
Vallejo, Adult Team Practicum Supervisor

Dr. Bello earned her B.A. in Psychology from UC Irvine and her M.A. and Ph.D. in Counseling Psychology from UC Santa Barbara's joint Counseling, Clinical and School Psychology (CCSP) program. Dr. Bello's graduate training had a heavy emphasis on human diversity, social justice, and equity. Dr. Bello completed her internship at Boston University's Center for Multicultural Training Program (CMTP), where her training focused on continued development as a multiculturally oriented therapist working with low income racially and ethnically diverse populations. Dr. Bello's doctoral research focused on exploring the relationship between intersecting minority identities of gender and race among Latina students and their sense of belonging and academic retention within STEM fields. Clinically, Dr. Bello has worked in community centers serving diverse populations from low- income areas in English and Spanish with a specific focus on trauma treatment. During Dr. Bello's postdoctoral training in Kaiser Permanente Vallejo, she continued to develop her trauma focus by developing a resiliency program for patients with high Adverse Childhood Experiences (ACEs). She has participated as a prior member of the ACEs task

force in Kaiser Permanente and has provided presentations on ACEs to other department training programs. Dr. Bello's clinical interests focus on diversity/multiculturalism and social justice, developmental and racial trauma and mental health of Latinx community members. Dr. Bello is currently co-leading the DBT Essentials group in the clinic and is in the process of co-developing a group in Spanish to support Latinx patients.

Cecilia Ochoa, Psy.D.

Vacaville, Adult Team

Dr. Ochoa earned her doctoral degree in Clinical Psychology from Baylor University in 2003 after a predoctoral internship at Napa State Hospital and postdoctoral residency at Kaiser Permanente, Pleasant Hill. Dr Ochoa has worked as a supervisor for the postdoctoral program and the practicum program. Dr Ochoa was first trained in Argentina (her native country) in psychodynamic therapy but expanded to other treatment modalities once she arrived in the US in 1995. Dr Ochoa's clinical interests include the assessment and treatment of Mood Disorders, treating Dually Diagnosed patients, helping women with pregnancy loss and infertility issues, and serving the Hispanic population. She currently leads the Anxiety/Panic and Job Stress groups at the Vacaville clinic.