

MENTAL HEALTH TRAINING PROGRAM
NEWSLETTER

FEBRUARY 2021

On behalf of Kathryn Wetzler, PsyD

**BLACK HISTORY MONTH**

This month we are pleased to commemorate Black History Month, which lifts us up and exemplifies the diversity that the Mental Health Training Program values highly. Now more than ever, we strive to recognize the vast contributions of Black Americans to the American experience, and to celebrate the innumerable ways that our country and culture have been shaped by these efforts. Let's join together in paying tribute to the incredible individuals whose courage and perseverance have helped shape a more perfect union. And let's look forward to the day when Black History is no longer reserved for the shortest month of the year but celebrated throughout.

EID TRAINEE LIAISONS

In addition to the outstanding work by our Equity, Inclusion, and Diversity Liaisons (Drs. Chinue Brown, Mandeep Tumber-bhela, and Marlen Kanagui-Munoz), we are pleased to announce that 2 of our trainees will be joining the EID team for the remainder of the training year. Please join us in congratulating our very own **Catherine Wallace** and **Anna Koper**, who will provide our trainees with a much needed and valuable voice within our EID Liaison team. Thank you all for the amazing work you do.

REGIONAL SEMINAR UPDATES

In March, we'll be joined by **Dr. Dan Siegel**, whose pioneering work in the field of interpersonal neurobiology has shed new light on how to incorporate our understanding of the brain in treatment. The author of numerous best-selling books, Dr. Siegel is also a professor of psychiatry at UCLA and the director of the Mindsight Institute. Then in April, we will be hosting a training by **Dr. Patricia Robinson**, a pioneer in Focused Acceptance and Commitment Therapy (fACT), a brief intervention approach to enhancing psychological flexibility. These trainings will be presented remotely, with CE's available to staff who register and who attend the live event.

BRIGHT SPOTS 

From **Dr. Marlen Kanagui-Munoz**: "We will be partnering with Richmond High School to provide mentorship and training for the students in their Health Academy, this is an exciting development. Also, she has been selected to be the Student Development Coordinator for the National Latinx Psychological Association." Great job and many thanks to all involved in this exciting endeavor!

UPCOMING LIVE SEMINARS**Thursday, March 11th****Interpersonal Neurobiology: The Social Brain and the Embodied Relational Mind**
Daniel Siegel, PhD**1:00-5:00 PM****Thursday, April 1st****Assessment of Adults for Autism Spectrum Disorder (Internal KP Only)**
In collaboration with Regional ASD
Thomas Crawford, PhD**9:00 AM to 11:00 AM****Tuesday, April 20th****Focused Acceptance and Commitment Therapy (fACT)**
Patricia Robinson, PhD**1:00 PM to 5:00 PM**

To register visit the Seminars & Conference page on our website at www.mentalhealthtraining-ncal.kp.org

