JUNETEENTH

On June 19th, the Mental Health Training Programs would like to acknowledge the significance of this date for the African American community both within KP and at large. Two years after President Lincoln signed the Emancipation Proclamation, a quarter of a million enslaved Texans learned of their freedom of the first time on this date, marking the end of a disgraceful chapter in our history and the start of a new era for our nation. Now a holiday in 47 states, Juneteenth is both a celebration of freedom as well as a reminder of how far we must go to achieve true equality in this country. Today we both acknowledge the pain of the past and share hope for a better, more just future.

FOCUS ON EID

EID Celebrates Pride and Juneteenth! These yearly celebrations remind us to not only honor and celebrate the contributions of these important groups in our society, but also challenge us to reflect on how we may do better in supporting marginalized groups.

Pride History: Pride Month has been celebrated in June across the US for decades to honor and celebrate the LGBTQ community. June marks the anniversary month of the Stonewall Riots of 1969.

Training: Pride 2.0, Celebrating Our History, June 25th, 2021, California Psych Association

Juneteenth History: Juneteenth, an annual holiday commemorating the end of slavery in the United States, has been celebrated by African Americans since the late 1800s.

Reading: Three Ways to Celebrate and Support Black Mental Health on Juneteenth, American Counseling Association

EXCITING CONTINUING EDUCATION NEWS

For those who missed the initial announcement, we are pleased to announce that the Mental Health Training Programs have launched a free continuing education online library of courses available to all trainees and staff across the organization. Featuring both internal and external content experts, and with courses ranging from 1 to 6 hours of CE credit, come get all the CE’s you need while learning about cutting-edge and emerging topics in the field. More courses are being added on a regular basis, so be sure to check out our website.

https://mentalhealthtraining-ncal.kp.org

UPCOMING LIVE SEMINARS

Thursday, July 15, 2021
Dialectical Behavior Therapy Groups for Youth and Adults with ASD? YES! Part 1 of 2
Doreen Samelson EdD, MSCP; Lindsey Sneed MS, BSBA, LBA & Erin Shurtlef LCSW, BHM
10:30 PM to 12:30 PM

Wednesday, July 28, 2021
Trauma and PTSD Relief Therapy
Bessel A van der Kolk, MD
10:00 AM to 1:30 PM

To register visit the Seminar Registration page on our website at www.mentalhealthtraining-ncal.kp.org
From the South Bay, we received several highlights including:

“Joanna Jaroszewska, AMFT passed the Law & Ethics Exam on March 10th! She also created a community project on ‘Fostering a Mentally Health Classroom,’ and volunteered to help out the clinic by doing an extra group.”

“Haley Kumar, ASW passed the Law & Ethics Exam on March 26th, and created a community project focused on supporting student mental health during COVID-19. Haley also developed a ‘Mental Health Toolkit’ complete with information, resources, and tips for teachers.”

“Nicole Marshall, AMFT created a community project presenting to elementary school classes on identifying and coping with “big feelings,” which focused on stress management strategies.”

“2 of our PM Fellows (Ariana Rocha, ACSW and Livier Martinez, ACSW) have been hired by KP SJO Adult, to begin full-time positions after the training year ends.”

Lastly, the Training Programs would like to congratulate our very own Dr. Frederick Hives II for recently becoming ABPP certified in Clinical Neuropsychology. Dr. Hives is a neuropsychologist out of Fresno and part of our supervisory team. Congratulations!