NENTAL HEALTH TRAINING PROGRAM NENTAL HEALTH TRAINING PROGRAM

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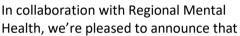
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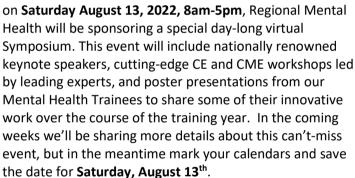
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April 2022

On behalf of Kathryn Wetzler, PsyD

Mental Health and Addiction Medicine Virtual Symposium 2022





Bariatric Rotation Returns

The Mental Health Training Program would like to recognize the outstanding contributions of Drs. Stephanie Kong and Supria Gill for their work in re-launching our Bariatric Surgery Evaluation program this month. We'd also like to express thanks to those supervisors around the region who are involved in this special project, including Dr. Susan Fitts, Dr. Allison He, and Dr. Naina Mahtani. This innovative program enables us to conduct hundreds of much-needed Bariatric Surgery evaluations around the region and provides training opportunities in an area of clinical need for many our trainees. Many thanks to you all for your hard work in this endeavor!

Equity, Inclusion, & Diversity Corner

As we continue to infuse equity, inclusion, diversity, belonging and social justice into the fabric of our training programs, we encourage increased awareness of ways to



acknowledge the similarities and differences (implicit, explicit) within and between us. This month we would like to highlight: Arab American Heritage Month, Autism Awareness Month, Black Maternal Health Week (April 11-17), Ramadan, Passover, Easter, and Diversity Month. Diversity month is a time to recognize and celebrate what makes us both similar and different we all begin to get a better understanding of each other, our cultures, and traditions. We encourage you to share this information with others, engage in KP Cares and visit KP Voice.

Our call to action this month is to review the APA's Inclusive Language Guidelines, which provide the most relevant language and principles to make our spaces of learning, teaching, and work more inclusive and equitable. Link: Inclusive Language Guidelines (apa.org)

Regional Seminar Updates



Listed on the right are our upcoming seminars. We hope you can join us for these seminars, which will also be recorded and available for your viewing in

our online CE library in case you can't make it to the live event. To register visit the Seminar Registration page on our website at www.mentalhealthtraining-ncal.kp.org

UPCOMING LIVE SEMINARS

Tuesday, April 19, 2022
Solution Focused Therapy for Couples

Elliott Connie, MA, LPC 1:00 PM to 4:30 PM

Tuesday, May 17, 2022

Building Stress Resilience and Hope for our new era

Elissa Epel, Ph.D., M.S., M.Phil 1:00 PM to 4:30 PM

Tuesday, June 21, 2022

Effective Brief Interventions for Children and Adolescents

Robert Friedberg, PhD, ABPP 1:00 PM to 4:30 PM

Supervision Training (supplemental)

Tuesday, April 26, 2022

Cultural Considerations in Supervision Nadine Kaslow, PhD, ABBP 12:00 PM to 2:00 PM

Tuesday, July 19, 2022

Strategies for Handling Problems and Having Difficult Conversations in Clinical Supervision

George B. Haarman, PysD., LMFT 12:00 PM to 2:00 PM



To submit announcements for the MHTP Newsletter, email Jonah.X.Paquette@kp.org