MENTAL HEALTH TRAINING PROGRAM
NEWSLETTER
On behalf of Kathryn Wetzler, PsyD

MENTAL HEALTH & ADDICTION MEDICINE VIRTUAL SYMPOSIUM 2022

On Saturday August 13th Regional Mental Health will be hosting the Mental Health and Addiction Medicine Virtual Symposium. This event will include nationally renowned keynote speakers and cutting-edge CE and CME workshops led by leading experts.

In addition to workshops and keynotes, we’ll be hosting poster presentations from our mental health trainees and psychiatry residents who’ll be sharing some of their innovative work over the course of the training year. We’ll also be showcasing some of our fantastic programming pertaining to EID along with hosting a lunchtime mindfulness meditation session. We’ll even be hosting special networking booths where you can connect with colleagues and socialize in between sessions.

The Symposium will be a great opportunity to connect with both old and new colleagues, and to learn from leading experts on how to transform your clinical work. Please mark your calendars and hope to see you there!

Date: Saturday, August 13th, 2022
Time: 8:00AM-5:00PM
Location: Virtual
Keynotes: 2 keynotes
Workshops: 10 workshops
Poster Sessions: 20+ poster sessions from trainees across the region
Special Programming: Equity, Inclusion & Diversity, Wellness, Curriculum and Networking opportunities
Registration: Opening Soon! Keep an eye on your email for updates and details

Kaiser Permanente Mental Health and Addiction Medicine Virtual Symposium
AUGUST 13, 2022, 8-5 PST
REGISTRATION COMING SOON

UPCOMING LIVE SEMINARS

Tuesday, July 19, 2022
Strategies for Handling Problems and Having Difficult Conversations in Clinical Supervision
George B. Haarman, PsyD., LMFT
12:00 PM to 2:00 PM

Saturday, August 13, 2022
Kaiser Permanente Mental Health and Addiction Medicine Virtual Symposium
8:00 am – 5:00 PM
(Save the Date: Sign-up information coming soon)

Tuesday, August 30, 2022
Clinical Supervision: Telehealth, Constructive Feedback, Cultural Considerations, Episode of Care Model
Carol Falender, PhD
12:00 PM to 2:00 PM

Thursday, September 29, 2022
Multicultural Supervision: Framework, Techniques and Challenges
Nadine Kaslow, PhD, ABPP
9:00 PM to 4:00 PM
(licensed professionals only)

To register visit the Seminar Registration page on our website at www.mentalhealthtraining-ncal.kp.org

https://mentalhealthtraining-ncal.kp.org
EQUITY, INCLUSION, & DIVERSITY

July celebrates Disability Inclusion Month and is Black, Indigenous, and People of Color (BIPOC) Mental Health Month/National Minority Mental Health Awareness Month.

This month, we want to highlight the Supreme Court’s decision to overturn Roe v. Wade. Every person deserves bodily autonomy, choice, and the right to determine if, when and with whom they have children. We believe all people deserve to have essential healthcare, reproductive autonomy, and the right to determine the course of their own lives. This decision disproportionately impacts those living in poverty, people of color, sexual and gender identity minorities, and people living in rural or medically underserved areas.

CALL TO ACTION

Learn about the pervasiveness of White Privilege. Discussions of White privilege can be uncomfortable, especially in a society where colorblind racial ideology often obscures the realities of racism.

These conversations are essential to understanding how systemic racism operates, how it affords unearned power related to privilege, and marginalizes communities of color and provide inequitable access to opportunity, thus limiting the potential of our entire society. To learn more about this topic, listen to the Speaking of Psychology podcast episode on “The Invisibility of White Privilege” or read White Privilege: Unpacking the Invisible Knapsack by Peggy McIntosh.

https://mentalhealthtraining-ncal.kp.org