

MENTAL HEALTH TRAINING PROGRAM
NEWSLETTER

July 2022

On behalf of Kathryn Wetzler, PsyD

MENTAL HEALTH & ADDICTION MEDICINE VIRTUAL SYMPOSIUM 2022

On Saturday August 13th Regional Mental Health will be hosting the Mental Health and Addiction Medicine Virtual Symposium. This event will include nationally renowned keynote speakers and cutting-edge CE and CME workshops led by leading experts.

In addition to workshops and keynotes, we'll be hosting poster presentations from our mental health trainees and psychiatry residents who'll be sharing some of their innovative work over the course of the training year. We'll also be showcasing some of our fantastic programming pertaining to EID along with hosting a lunchtime mindfulness meditation session. We'll even be hosting special networking booths where you can connect with colleagues and socialize in between sessions.

The Symposium will be a great opportunity to connect with both old and new colleagues, and to learn from leading experts on how to transform your clinical work. Please mark your calendars and hope to see you there!

**Date: Saturday, August 13th, 2022****Time: 8:00AM-5:00PM****Location: Virtual**

Keynotes: 2 keynotes

Workshops: 10 workshops

Poster Sessions: 20+ poster sessions from trainees across the region

Special Programming: Equity, Inclusion & Diversity, Wellness, Curriculum and Networking opportunities

Registration: Opening Soon! Keep an eye on your email for updates and details

UPCOMING LIVE SEMINARS**Tuesday, July 19, 2022****Strategies for Handling Problems and Having Difficult Conversations in Clinical Supervision****George B. Haarman, PsyD., LMFT****12:00 PM to 2:00 PM****Saturday, August 13, 2022****Kaiser Permanente Mental Health and Addiction Medicine Virtual Symposium****8:00 am – 5:00 PM****(Save the Date: Sign-up information coming soon)****Tuesday, August 30, 2022****Clinical Supervision: Telehealth, Constructive Feedback, Cultural Considerations, Episode of Care Model****Carol Falender, PhD****12:00 PM to 2:00 PM****Thursday, September 29, 2022****Multicultural Supervision: Framework, Techniques and Challenges****Nadine Kaslow, PhD, ABPP****9:00 PM to 4:00 PM****(licensed professionals only)**

To register visit the Seminar Registration page on our website at www.mentalhealthtraining-ncal.kp.org

To submit announcements for the MHTP Newsletter, email Jonah.X.Paquette@kp.org



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EQUITY, INCLUSION, & DIVERSITY

July celebrates Disability Inclusion Month and is Black, Indigenous, and People of Color (BIPOC) Mental Health Month/National Minority Mental Health Awareness Month.

This month, we want to highlight the Supreme Court's decision to overturn Roe v. Wade. Every person deserves bodily autonomy, choice, and the right to determine if, when and with whom they have children. We believe all people deserve to have essential healthcare, reproductive autonomy, and the right to determine the course of their own lives. This decision disproportionately impacts those living in poverty, people of color, sexual and gender identity minorities, and people living in rural or medically underserved areas.

CALL TO ACTION

Learn about the pervasiveness of White Privilege. Discussions of White privilege can be uncomfortable, especially in a society where [colorblind racial ideology](#) often obscures the realities of racism.

These conversations are essential to understanding how systemic racism operates, how it affords unearned power related to privilege, and marginalizes communities of color and provide inequitable access to opportunity, thus limiting the potential of our entire society. To learn more about this topic, listen to the Speaking of Psychology podcast episode on "[The Invisibility of White Privilege](#)" or read [White Privilege: Unpacking the Invisible Knapsack](#) by Peggy McIntosh.

A blue square graphic. At the top, in white capital letters, is "WE'RE ALL IN". Below that are four white icons: a hand, a person with a cane, a person in a wheelchair, and a head with a brain. At the bottom, in white capital letters, is "FOR INCLUSION."