



Meet My Team

Redwood City

West Bay Consortium Psychology Internship Program

Michael Sasiain, Psy.D. (He/Him)

Co-Director of the West Bay Consortium / Site Training Director

Dr. Michael Sasiain serves as the Co-Director of the West Bay Consortium's Doctoral Internship program, Director of the West Bay Consortium's Postdoctoral Residency program, and the Director of Psychology Practicum, Predoctoral, and Postdoctoral training programs in the Psychiatry Department of Redwood City. He is an accreditation site visitor for the APA Commission on Accreditation (COA). He also serves as La Clínica's team lead in Redwood City, which is a culturally informed program for Latinx-identified patients and families.

Dr. Sasiain earned a B.A. in Philosophy and Psychology from the University of California, Santa Cruz and a Doctorate in Clinical Psychology (with a focus in Latinx Psychology) from Pacific University, Oregon. He completed his predoctoral internship and postdoctoral residency in the Department of Psychiatry, Kaiser Permanente Fresno and Redwood City, respectively. He specializes in Latinx Psychology, Trauma, and OCD. He is certified in Psychedelic Facilitation through UC Berkeley's Center for the Science of Psychedelics.

Thalia De Herrera, Ph.D. (She/Her)

West Bay Consortium Co-Director

Dr. De Herrera is a psychologist and manager in the South San Francisco Child and Adolescent Mental Health Services Department. Dr. De Herrera completed her Ph.D. in Clinical Psychology from Alliant International University, Los Angeles. She completed her internship at Andrus Children's Center in New York and was a postdoctoral resident at Kaiser Permanente South San Francisco. After completing her residency, she stayed on as a bilingual psychologist (English/Spanish) on the Child and Adolescent Team. She is passionate about working with diverse youth and families to improve their relationships, building on their strengths, addressing issues of language, culture, inter-generational conflict, and empowering families to make positive change.

As a bilingual psychologist in English and Spanish, she is passionate about providing culturally appropriate care and draws from cognitive behavioral therapy, dialectical behavior therapy, family systems, and client-centered approaches. As part of the Child and Adolescent team at KP South San Francisco, Dr. De Herrera provides group and individual psychotherapy and manages the Intensive Outpatient Program (IOP), which provides care to adolescents and families in acute crisis. Dr. De Herrera is also the Co-Director of the West Bay Doctoral Internship Consortium, director of the South San Francisco Internship Program, and a supervising psychologist for practicum students.

Nishita Berla, Psy.D. (She/Her)
Internship Training Program Manager

Dr. Nishita Berla serves as the Training Program Manager for the Pre-Doctoral Practicum and Pre-Doctoral Internship Programs in the Department of Psychiatry at Kaiser Permanente Redwood City.

Dr. Berla earned her Bachelor's degree in Psychology and Peace & Conflict Studies from the University of California, Berkeley, and completed her PsyD through the PGSP–Stanford Psy.D. Consortium. She previously trained as a postdoctoral resident on the Child Team at Kaiser Redwood City and enjoyed the training experience and team so much that she was eager to remain as a staff psychologist when the opportunity arose.

Dr. Berla has experience working across a range of settings, including pediatric medical settings, community mental health, outpatient clinics, and schools. She is deeply passionate about clinical training and is committed to giving back to the field through supervision and by supporting the professional development and growth of future psychologists.

Linda P. Cutting, Ph.D. (She/Her)
Primary Supervisor – Adult Team

Dr. Cutting is a primary supervisor for the predoctoral internship program in the Adult Psychiatry Department at Redwood City. Dr. Cutting earned her doctoral degree at Kent State University in Ohio and did her predoctoral and postdoctoral training at the VA Medical Center in San Francisco, where she obtained specialized training in the treatment of trauma and substance use disorders.

Dr. Cutting has been a part of the department since 2002, serving in various roles including coordinating the CBT Depression Group program and helping to develop our Trauma Treatment program. She enjoyed supervising postdoctoral residents years ago and is excited to have returned to the role of supervisor for the internship program. Dr. Cutting enjoys acting as a mentor and teacher.

Caitlin O'Donnell, Psy.D. (She/Her)
Delegated Supervisor – Adult Team

I am Caitlin O'Donnell, PsyD and serve as the delegated supervisor for the Adult Predoctoral Intern at Kaiser Redwood City. In addition to supervising, I lead the Couples and Family Therapy Program and have served as a member of the Dialectical Behavioral Therapy, Trauma Program, and Teen Intensive Outpatient Program. Prior to coming to Kaiser, I completed my undergraduate degree in Psychology and Human Complex Systems at UCLA, a Master's degree from Oxford University in Psychological Research, and a Doctorate in Clinical Psychology from Rutgers Graduate School of Applied and Professional Psychology (GSAPP). I held clinical training positions at Mount Sinai Beth Israel in New York City, Newark Beth Israel, NYU Langone Military Family Clinic, Rutgers Counseling, Brooklyn VA, GSAPP Center for Psychological Service, and Center for Psychotherapy and Psychoanalysis. I also completed a postdoctoral fellowship at the Veterans Administration - Palo Alto Healthcare System. One of my passions is supervising and I deeply appreciate the opportunity to be part of our Interns and Fellows' final years of training in which I can support them in their development into independent clinicians.

Jason Karageorge, Ph.D. (He/Him)**Primary Supervisor – AMRS Team**

Dr. Karageorge is a clinical psychologist, licensed in CA. He completed his clinical training at hospitals in New York City and earned his doctorate from Columbia University. He describes himself as a client-centered therapist, who meets patients where they are and treats therapy as an incredibly rich, idiosyncratic process. He also values understanding subjective meaning and making the implicit, explicit, while simultaneously leveraging insight to generate adaptive change. While enjoying his own therapeutic practices, he also finds great value in supervising predoctoral interns / postdoctoral residents and, accordingly, bearing witness to that developmental process.

Keri Gordon, Psy.D. (She/Her)**Delegated Supervisor – AMRS Team**

Welcome. I am Keri Gordon, the delegated supervisor for the predoctoral intern at the Redwood City Addition Medicine and Recovery Services Department (AMRS). I earned my doctoral degree from PGSP-Stanford Consortium and completed my postdoctoral training in 2011 at Kaiser in Redwood City. In my years at Kaiser, I've worked in multiple clinical capacities, supervised postdoctoral fellows, and worked on medical center quality metrics relevant to the psychiatry and addiction departments.

I have seen and been a part of the growth and refinement of the training experience we offer in our psychology training program (e.g., predoctoral internship, postdoctoral residency). It is a pleasure to support trainees as they become independent and competent practitioners. My approach to supervision is integrative. I adjust to meet the needs of the supervisee and the situation at hand by being a teacher, advisor, or consultant in areas relevant to being an effective psychologist.

Gilly Dosovitsky, Ph.D. (She/Her)**Clinical Group Supervisor**

I joined Kaiser in 2022 as a Predoctoral Intern at the Santa Clara Medical Center. After this, I joined the Redwood City Medical Center for my Post Doctoral Fellowship where I was part of the child team. I was then able to stay on as a Staff Psychologist. I chose to practice at Kaiser Permanente because I enjoy working in a fast-paced medical environment with an interdisciplinary team. Having the ability to quickly consult not only with my own team but also a patient's medical providers allow for more consistent care that addresses the whole person. I am passionate about working with children and teens along with their families to improve mental health and overall functioning.

Roshani Vanmali, Psy.D. (She/Her)**Clinical Group Supervisor**

Dr. Vanmali is a licensed clinical psychologist in the Kaiser Permanente South San Francisco Adult Mental Health Services Department. She earned her B.A. in Psychology and Human Development & Family Studies with a research and counseling focus from the University of Connecticut. Prior to graduate training, Dr. Vanmali completed research assistantships as part of large-scale federally funded projects at Warren Alpert Medical School of Brown University and University of Massachusetts Medical School. She has a strong background in evidence-based care. Dr. Vanmali went on to earn her Psy.D. from La Salle University in Philadelphia, PA, where she completed several practica working with a range of populations. She has a primary focus in exposure and

response prevention for OCD and has experience in applying exposure-based interventions for GAD, panic disorder, social anxiety, PTSD, and specific phobias. She is experienced in comorbid conditions, including depression and other mood symptoms. She completed her doctoral internship at the Kaiser Permanente Santa Rosa Psychiatry Department.

Dr. Vanmali joined the Adult Team at Kaiser Permanente South San Francisco as a postdoctoral resident in 2022. She furthered her training in eating disorder treatment and ADHD assessment. Dr. Vanmali is oriented in cognitive behavioral therapy and third-wave treatments; she provides individual therapy, facilitates an OCD process group, and teaches classes in mindful eating and anxiety management skills. She also provides ADHD screening, assessment, and training. Dr. Vanmali believes in providing developmentally and culturally responsive care with a collaborative spirit. As a group supervisor, Dr. Vanmali implements a similar cognitive-behavioral approach to training with consideration to developmentally appropriate supervision.

Lorena Hernandez, Psy.D. (They/She) **Assessment Supervisor**

Hi, everyone! I am the adult ADHD assessment psychologist and primary assessment supervisor at Redwood City. My training has focused on working with folks of the global majority, LGBTQIA, and SPMI populations in a variety of community and hospital outpatient settings. I completed my postdoctoral residency at Kaiser Permanente, Vacaville/Fairfield/Vallejo as a split Child and Family and Adult resident with a focus in Gender Specialist care. I then joined the Redwood City Adult team and continued my role as a Gender Specialist before transitioning to ADHD assessment in 2021. I also maintain a private practice focusing on working clinically with LGBTQ, transgender, and/or non-binary folks, as well as providing gender and neurodiversity-affirming assessments.

This is my 4th year supervising the assessment clinic. I have really loved being a part of the last year of training for clinicians. Oftentimes supervision is used to explore the potential benefits of assessment, how to build a more ethical and appropriate battery, and to build the trainee's sense of competence and confidence in the assessments they are providing. My hope is that folks come out of this year with increased appreciation for assessment, even if it isn't where they plan to focus their future work.

ADDITIONAL SUPERVISORS FOR THE 2027-2028 TRAINING CYCLE

Chelsey Richeson, Psy.D. (She/Her) **Primary Supervisor – Child Team**

My name is Chelsey Richeson, PsyD and I am the primary supervisor for the Child team postdoctoral resident. I earned my bachelor's degree in psychology with a minor in Spanish at Pepperdine University and doctorate in clinical psychology at CSPP, Alliant University in San Francisco. I completed my postdoctoral residency at Kaiser in South Sacramento and had the opportunity to become a staff member here at Kaiser Redwood City. I am a bilingual (Spanish) psychologist and participate in La Clinica, which is a program that provides Spanish-speaking individual and group therapy for adults, children, and families. I received training to become a certified PCIT therapist and have experience working in a variety of settings including pediatric settings, community mental health, outpatient clinics, and schools. I have had positive experiences in my own training years with supervisors and wish to provide a similar experience to residents in their own professional growth.

Marissa Cassar, Ph.D. (She/Her)
Delegated Supervisor – Child Team

My name is Marissa Cassar, PhD and I am the secondary supervisor for the Child Team Postdoctoral Resident. I earned my bachelor's degree in psychology with a minor in Music at Loyola University Chicago and went on to complete my doctorate in Clinical Psychology with an emphasis in Integrated Pediatric Behavioral Medicine at Palo Alto University. I completed my Postdoctoral Residency at Kaiser Santa Clara, Embedded in Pediatric Behavioral Medicine, and continued-on as licensed staff. I transferred to Kaiser San Mateo in August 2026 where I work with the Child and Adolescent Psychiatry Team and serve as a Pediatric Liaison in the San Mateo Medical Offices. I have supervised multiple trainees across training levels in various capacities so far and strive to support my students' growth to become strong future clinicians. I aim to build their skill proficiency so that they leave their training year feeling competent and reassured in their learning.

Phillip Lowe, Psy.D.
Delegated Supervisor – Child Team

I am a delegated supervisor for Child Team at Kaiser Redwood City. I received my B.S. & M.S. in Electrical Engineering (UCLA), M.S. and PsyD at Fuller School of Psychology, at Pasadena. I am a bilingual (Mandarin/Cantonese) psychologist, with insights into Asian family systems integrated with faith-based perspective.

Over the past decade as a clinical psychologist, I have dedicated my career to personality assessment (MMPI), autism spectrum disorder (ASD) assessment and mental therapy across the lifespan. My work began with older adults, then expanded to adults and children. I specialize in autism spectrum disorders-related assessment, interventions, and family consultation. Currently, I am also an adjunct professor at Columbia International University, teaching graduate courses on human development.

My professional path has included supervisory and clinical roles in community clinics, HMO settings, and residential treatment centers. In these environments I delivered direct clinical care while also supervising both staff clinicians and interns, fostering professional growth and maintaining high standards and evidence-based practice.