



**Mental Health Training Program**  
Northern California

## **Meet My Team**

### **Napa-Solano Mental Health Training Program Bio's**

#### **Internship in Clinical Psychology Supervisor Staff**



**Supria Gill, PhD (Napa-Solano Training Manager)**

Dr. Gill received her Bachelor of Arts Degree at UC Davis, and her doctorate in Clinical Psychology from Palo Alto University. Dr. Gill completed her pre-doctoral internship in Health Psychology at the VA Portland Health Care System, and postdoctoral training with an emphasis in Behavioral Medicine at Kaiser Permanente Vallejo/Vacaville Residency Program. Dr. Gill specializes in psychological approaches to health promotion and behavior change in integrated care. Dr. Gill joined the Behavioral Medicine team in Vacaville as a staff psychologist in 2017 following completion of residency. Dr. Gill also serves as the Health Psychology Liaison for the Northern California Regional Mental Health Training Programs.

Dr. Gill is adjunct faculty at Palo Alto University, where she teaches courses in the graduate training program. Dr. Gill has co-authored several papers related to utilization of healthcare services, novel depression interventions, as well as the effects of perceived stress on psychosocial functioning. Dr. Gill serves as a primary individual supervisor for the Psychology Doctoral Interns.



**Neda Soussanbari, PsyD (Internship Co-Training Director)**

Dr. Soussanbari received her B.S. from the University of California, San Diego (UCSD) and her Psy.D. from The Wright Institute. Dr. Soussanbari completed her predoctoral internship and postdoctoral residency at VA Sierra Nevada Health Care System and Kaiser Vallejo Medical Center, respectively, where she received training in providing behavioral medicine services. After completing her residency, Dr. Soussanbari joined Kaiser's staff as a clinical psychologist. Dr. Soussanbari is now the Co-Training Director of the internship program. Dr. Soussanbari serves as a primary individual supervisor for the Psychology Doctoral Interns and leads didactic training.



**Amanda Devane, PhD (Internship Co-Training Director)**

Dr. Devane received her BA in psychology from the University of California, Santa Cruz (go banana slugs!) and earned her Ph.D. in clinical psychology with an emphasis in trauma from the University of Colorado Springs. She completed her clinical internship at Kaiser Permanente Fresno working in the intensive outpatient program and as a generalist practitioner with adults. Dr. Devane enjoyed working for Kaiser so much she completed her postdoctoral residency with them in Vallejo, continuing her work with the general adult population and working as a trauma specialist with adults. Now Dr. Devane works as a trauma specialist at Kaiser Fairfield and is joining the training team as co-training director of the internship program.



**Nicola Fiddes, Psy.D. (Vallejo, Behavioral Medicine Team)**

Dr. Fiddes received her B.S. in Psychology from Haverford College in Pennsylvania and her doctoral degree from the Wright Institute in Berkeley. She completed her pre-doctoral internship at University of Texas Health Science Center in San Antonio with training in crisis management, DBT, and inpatient care. She completed her postdoctoral training at Kaiser Permanente Vallejo and Napa with her time split between the Behavioral Medicine and Psychiatry Departments. Dr. Fiddes joined the Behavioral Medicine team upon completing her training in 2021, where she works in both the Napa and Vallejo medical centers. Her clinical experiences and interests have focused on providing integrated behavioral health care, but she has a wide array of graduate training experiences including crisis care, forensic psychology, community mental health, and the psychological evaluations for those seeking asylum. Dr. Fiddes currently is a primary supervisor with the Behavioral Medicine team and the assessment supervisor for the Vallejo Psychiatry Department.



**Megan Da Vania Clark, PsyD (Vallejo/Vacaville/Napa, Manager of the Behavioral Medicine Team)**

Dr. Da Vania graduated from California School of Professional Psychology in 2006. Dr. Da Vania completed her postdoctoral residency at Kaiser, San Rafael, in the Addiction Medicine and Recovery Services Department in 2007. After working at Kaiser Permanente, Oakland, in the Eating Disorders Clinic, Dr. Da Vania moved to Behavioral Medicine in Napa, and is now Manager of Behavioral Medicine for the Napa Solano Service Area. Dr. Da Vania is a delegated supervisor in the Behavioral Medicine Department for Vallejo and Napa.



**Kara Emery, Psy.D. (she/her) (Fairfield, Adult and NSA Eating Disorder Team)**

Dr. Emery received a double B.A. in Psychology and Italian from Connecticut College in 2003, and completed her M.S. and Psy.D. at Baylor University, graduating in 2014. She completed her internship and post-doctoral training at UC Davis's Counseling Services, with an Eating Disorders emphasis. Dr. Emery joined Kaiser Permanente in 2015, as a psychologist in the Eating Disorders Outpatient Program in Oakland, where she supervised at the post-doctoral and practicum levels. She came to Fairfield's team in 2019, and currently serves as Fairfield's Eating Disorder specialist, including facilitating a DBT-informed skills group for clients with eating disorders, in addition to her work as a supervisor.



**Sabrina Espinoza, Psy.D (Fairfield, Trauma Team)**

Dr. Sabrina Espinoza received her B.A. in Psychology from UC Davis and her M.A. and Psy.D from The Wright Institute in Berkeley. She completed her doctoral internship at the Integrated Health Psychology Training Program in Contra Costa County. Her training focused on providing integrated behavioral health care.

Dr. Espinoza started her career at Kaiser as a psychological assistant at Fairfield Mental Health and Wellness office working with the adult population as a generalist practitioner. She currently works as a trauma specialist with adults in the trauma program.

Dr. Espinoza is a primary individual supervisor in the doctoral internship program.



**Emma Olsen, Psy.D (Vallejo, Adult Generalist and Treatment Track)**

Dr. Emma Olsen received her B.S. in psychology from the University of Central Florida and her Psy.D. from the California School of Professional Psychology in San Francisco. She completed her predoctoral internship at the Alliant International University Psychological Services Center working with middle and high school students in Hayward, CA.

She completed her postdoctoral residency at Kaiser Vallejo on the Adult Psychiatry Team, and stayed on as a full staff member after completing her training. She sees both generalist and treatment track patients for individual therapy. She also facilitates a number of groups and classes in the department, including a young adult support group, and classes for patients with depression and anxiety. She also supervises in both the internship and postdoctoral residency programs in the Napa Solano service area.



**Melissa Donaldson, Psy.D. (Vallejo)**

Melissa Donaldson is a Bay Area native and has been working in a clinical capacity for the past 17 years. She has a masters and doctoral degree in clinical psychology and approaches clinical work from a Rogerian Client-Centered orientation. She has served diverse populations and presenting concerns within inpatient, outpatient, community based, school based, and forensic settings. Melissa has completed independent research on childhood sexual trauma in adult male populations and specializes in the treatment of childhood sexual trauma and substance use concerns.