

Meet My Team

Roseville Mental Health Training Program

Psychology Doctoral Externship Bios



Ladan Khatibijah, PsyD
Training Director

Dr. Khatibijah is a licensed Clinical Psychologist with the Adult Department of Mental Health and Wellness at Kaiser Permanente, Roseville.

She received her bachelor's degree from California State University, Sacramento, majoring in psychology. She completed her master's and earned her doctorate degree in Clinical Psychology minoring in Correctional Psychology from California School of Professional Psychology (CSPP) at Alliant International University, Sacramento (2018).

Dr. Khatibijah completed her advanced practicum externship at Kaiser Permanente, Roseville, focusing on psychological assessment. She then completed her APA-accredited doctoral internship at Kaiser Permanente, Walnut creek, with rotations in Adult Addiction Medicine and Recovery Services, Eating Disorder treatment for adults and adolescents, as well as adult psychological assessments (2018). Following this experience, she returned to Kaiser Permanente, Roseville to complete her APA-accredited postdoctoral residency within the department of Mental Health and Wellness, Adult Outpatient (2019), where she provided individual therapy, facilitate groups, and partook in psychological assessments. After postdoctoral residency, she officially joined the Adult Outpatient team as a psychological associate. Upon receiving her California License in 2019, she joined Roseville's Mental Health Training Program as a clinical supervisor and Journal Club facilitator. Currently, in addition to her role as the director of the psychology practicum externship program, she is a team member of the psychological assessment team and serves as an assessment specialist. Furthermore, Dr. Khatibijah enjoys her role as one of the members of the NVLY Justice, Equity, Diversity, and Inclusion team in the department.



Megan Abdolrashidi, PsyD

Dr. Abdolrashidi is a licensed Clinical Psychologist with the Department of Mental Health and Wellness at Kaiser Permanente, Rancho Cordova.

She received her bachelor's degree in Psychology from San Jose State University. During her undergraduate years, she volunteered at an adult day program for individuals with traumatic brain injuries and spinal cord injuries, which increased her level of interest in working in an integrated care system. Dr. Abdolrashidi then went on to receive her Master's degree and Doctorate in Clinical Psychology from the American School of Professional Psychology at Argosy University, San Francisco Bay Area Campus (APA-accredited). She trained in a variety of settings, providing individual and group therapy in local homeless shelters for women and children, as well as for court mandated parolees in a community mental health setting.

Dr. Abdolrashidi began her career at Kaiser Permanente upon starting at her advanced practicum placement in Oakland's Chemical Dependency Recovery Program. Dr. Abdolrashidi completed her APA-accredited internship at the Kaiser Permanente in Walnut Creek's Chemical Dependency Recovery Program, and then finished her formal training at her APA-accredited post-doctoral residency at Kaiser Permanente in Pleasanton in which she had a split training position between the Chemical Dependency Services Program and General Adult Mental Health. Dr. Abdolrashidi was hired at the Kaiser Permanente in Gilroy's Adult Psychiatry Department after completing her residency and focused on conducting individual and group therapy. Dr. Abdolrashidi eventually returned to Kaiser Permanente in Pleasanton where she was a clinical case manager for adults with severe and persistent mental illness and also co-led the Intensive Outpatient Program (IOP).

Dr. Abdolrashidi currently works at Kaiser Permanente in Rancho Cordova, providing solution focused brief therapy to adults, as well as facilitating an Adult OCD skills class. Dr. Abdolrashidi will soon be receiving Diamond Level 2 certification in solution focused brief therapy. She conducts ADHD assessments and serves as a primary supervisor in the psychology practicum training program.

**Brenda Gaffney, PhD
Clinical Supervisor**

Dr. Gaffney is a licensed Clinical Psychologist with the Department of Mental Health and Wellness at Kaiser Permanente (Adult Outpatient) at Kaiser Permanente, Folsom.

She received her bachelor's degree from California State University, Sacramento. She received her master's degree, from University San Francisco in counseling psychology with an emphasis on marriage and family therapy and her Doctorate degree in Clinical Psychology from Alliant International University, Sacramento.

Dr. Gaffney completed her doctoral internship at Valley State Prison, in Chowchilla, California. She completed her postdoctoral residency with Sutter Center for Psychiatry in outpatient PHP and IOP. After residency Dr. Gaffney was a director at an inpatient hospital.

Dr. Gaffney provides individual therapy services as a member of the Accelerated Treatment Program, facilitates groups on anxiety and coping skills and she conducts ADHD evaluation.



**Emily Gosnell, Psy.D.
Primary Supervisor**

Dr. Gosnell is a licensed Clinical Psychologist with the Department of Mental Health and Wellness (Adult Outpatient) at Kaiser Permanente, Roseville.

She received her bachelor's degree from University of California, Davis majoring in psychology and minoring in human development. Dr. Gosnell earned both her master's and doctorate degrees in Clinical Psychology from California School of Professional Psychology (CSPP) at Alliant International University, Sacramento in 2018 and 2020.

Dr. Gosnell had been a former psychology practicum extern within the Department of Mental Health and Wellness at Kaiser Permanente, Roseville for two consecutive training years conducting psychological assessments, providing individual therapy, and cofacilitating group therapy. She completed her APA-accredited pre-doctoral internship at a local psychiatric hospital in Sacramento, Sutter Center for Psychiatry, providing inpatient psychological services to children, adolescents, and adults from various diverse backgrounds. After internship, Dr. Gosnell returned to the Department of Mental Health and Wellness at Kaiser Permanente, Roseville to complete her post-doctoral residency within the trauma-informed treatment track, otherwise known as the Managing Complexity Program (MCP). During her post-doctoral residency, Dr. Gosnell provided group supervision for the psychology practicum

externs and later formally joined the training team upon getting licensed.

Currently, Dr. Gosnell is a team member of the specialized treatment program, MCP, where she provides individual and group therapy with adults that have a history of adverse childhood experiences (ACEs) and adults diagnosed with borderline personality disorder. Within her position, Dr. Gosnell serves as one of the Comprehensive MCP Team Leads on the team, as well as the MCP Psychological Assessment Team Lead where she conducts psychological assessments for patients participating in MCP.



**Tara Miskovich, PsyD
Clinical Supervisor**

Dr. Miskovich is a licensed clinical psychologist with the Department of Mental Health and Wellness at Kaiser Permanente. She is one of the new team members on the Adult Assessment Team and is located in the Sacramento Clinic.

She received her bachelor's degree from the University of California, Davis and then received her doctorate degree at the University of Wisconsin-Milwaukee (2018).

She completed her APA-accredited doctoral internship at the VA Northern California Healthcare System in the East Bay with rotations in PTSD, inpatient psychiatry at the Travis AFB, Behavioral Medicine, and Addiction Medicine. She completed her postdoctoral residency at the VA Northern California as well as the PTSD fellow at both Martinez and Oakland clinics, and became licensed in 2019 as a staff psychologist at the McClellan VA.

Currently, she conducts psychological assessments, with a growing specialty in adult autism assessments, and is working on program development to streamline the process of ASD evaluation.

**Dominic Primé, PhD
Primary Supervisor**

Dr. Primé is licensed Clinical Psychologist with the Department of Mental Health and Wellness (Adult Outpatient) at Kaiser Permanente, Sacramento.

He received his bachelor's degree from The University of Utah where he also worked for a brief time in the Center for Disability Services. Following this experience, Dr. Primé worked in Student Support Services at Massachusetts Institute of Technology before moving to Phoenix, Arizona for graduate school. Dr. Primé completed a doctorate in Counseling Psychology from Arizona State University (ASU) where he

published multiple studies, taught university courses, and was a member of the CareerWISE development team; a project funded by The National Science Foundation to help women in Science, Technology, Engineering, and Mathematics doctoral programs to persist toward degree completion and job attainment.

At ASU, Dr. Primé also received formal training in clinical supervision, including a year-long practicum that included didactics, peer consultation, and weekly supervision of supervision. After his time at ASU, Dr. Primé completed an APA-accredited pre-doctoral internship and postdoctoral residency at UC Davis Student Health and Counseling Services where he received training in the behavioral health model of service provision and worked in collaboration with campus physicians and psychiatrists to provide services to the students of UC Davis.

Following his time at UC Davis, Dr. Primé has provided services in integrated hospital and behavioral health settings both as psychologist at Kaiser Permanente in Vacaville, California and in Portland, Oregon at Providence Health, and Services.

In early 2021, Dr. Primé moved back to Northern California where he joined the team of providers at Kaiser Permanente, Sacramento. In addition to his role as a clinical supervisor, Dr. Primé provides individual therapy services as a member of the Accelerated Treatment Program, and he conducts ADHD evaluation.