

Meet the Team: Supervisor Bios

Dina Alkhoury, PsyD., Training Director, Child Psychiatry Manager and Supervisor

I received my Bachelor of Arts in Psychology from Notre Dame de Namur University in Belmont, CA and continued my education at The Wright Institute in Berkeley, CA where I received my PsyD. in Clinical Psychology. I completed my predoctoral internship at Los Angeles County Department of Mental Health Specialized Foster Care Program and completed my two-year postdoctoral fellowship in Clinical Supervision at The Wright Institute School Based Collaboration Program. I joined Kaiser Permanente in 2020. I come to this position as manager and training director with years of leadership and clinical experience working with a wide range of populations settings, and mental health concerns. Much of my experience has been centered around children and adolescents. I utilize an integrative approach in providing care that is culturally and trauma informed. Supervision is one of my greatest passions in the work that I do at Kaiser Permanente and I am honored to serve as Training Director of the San Jose Medical Center.

Joe Razo, PhD., APY Manager and Supervisor

Joe Razo, PhD earned his doctoral degree in Clinical Psychology from Palo Alto University. His clinical interests include the assessment and treatment of trauma-related conditions and anxiety disorders, with an emphasis on evidence-based approaches to care. Dr. Razo currently serves as an Assistant Manager in the Adult Psychiatry Department, where he supports clinical operations, program development, and interdisciplinary collaboration. In addition to his leadership responsibilities, he is committed to advancing mental health training and fostering supportive learning environments for developing clinicians. His work is guided by a dedication to providing high-quality, patient-centered behavioral health services and promoting excellence in clinical practice.

Colin Goodwin, PsyD., APY Supervisor

I completed my undergraduate degree at the California State University Channel Islands and my graduate work at California Lutheran University with a Masters and PsyD in Clinical Psychology . My predoctoral internship was at the Missouri Health Sciences Psychology Consortium at the

Harry S. Truman VA Hospital in Columbia, MO and I went on to a formal postdoctoral position at Kaiser Permanente Santa Rosa with specialized training in chronic pain. Throughout my studies and research, my interest in psychosocial interventions for cancer patients and survivors has been my central focus. I took part in the Integrative Oncology Scholarship program through the University of Michigan throughout my postdoc and in my current role within the Adult Psychiatry Department in San Jose where I serve as the psychosocial service coordinator for the Oncology Department. I have had the pleasure of taking part of a comprehensive DBT team as part of my practicum practice and have carried this torch into my subsequent training sites and continue to facilitate skills groups for this treatment modality. I am excited to provide supervision across different training levels including practicum, interns and psychological associates. I just celebrated three years at Kaiser and have been in this service area for two years.

Kristina G. Johnson, PhD., APY Supervisor

I earned my Bachelors Degree in Clinical Psychology from San Francisco State University in 1989, Masters in Clinical Psychology and PhD in Clinical Psychology from Palo Alto University (Pacific Graduate School of Psychology) in 1995 and 1997 respectively. I am a licensed psychologist in California and Texas. I completed my predoctoral Internship at Primary Children's Medical Center in Salt Lake City, UT with an emphasis in outpatient therapy and medical psychology. I completed my postdoc at Families First (EMQ Children and Family Services) in San Jose, CA with an emphasis in crisis intervention. I continued working at Families First as the lead crisis clinician, both assessing children/adolescents for danger to self/others/grave disability and as consultant to clinicians. I served as an adjunct professor at Western Seminary for several years teaching Psychopathology, Psychological Theory and Techniques and Human Life Span Development. I have worked at Kaiser San Jose Psychiatry Department as a psychologist since 2002 treating an array of diagnoses. In my capacity at Kaiser, I have also worked with the Oncology, Cardiology, Nephrology and Pain Management Departments in medical group appointment format and individual treatment. I very much enjoy teaching, mentoring and training new therapists and trainees.

Ashley Stokke, PsyD., Child Psychiatry Triage Manager and Supervisor

I earned my bachelor's degree at the University of Minnesota, and obtained my Doctorate Degree in clinical psychology, at John F. Kennedy University, in Pleasant Hill, CA. I was fortunate to receive my predoctoral internship training at an inpatient psychiatric hospital in Sacramento. There, I was able to train and work in a multi-disciplinary team and work with patients from child/adolescents, adults, and intensive care units. I was able to conduct individual and group therapies, provide case management, and psychological assessments. I moved on to do my post-doctoral training at Kaiser Permanente Child & Adolescent Services in San Jose, where I

continue to work as a staff psychologist. I find that I particularly enjoying working with families with children/teens who struggle with Autism Spectrum Disorders and depression. I tend to conceptualize cases from a psychodynamic perspective and utilize more integrative approaches from evidence-based practices in my work with families. I have been supervising since 2015.

Jessica Byrd-Olmstead, PsyD., AMRS Manager and Supervisor

I received my BA in Psychology at the University of California, Santa Cruz in 2007 and my Ph.D. in Clinical Psychology at Palo Alto University in 2012. I am licensed as a Psychologist in the state of California as well as a Credentialed Health Service Psychologist in the National Health Register. My professional interests include Addiction Medicine, codependency, trauma, mindfulness-based treatment, integrated healthcare and public policy. In addition, I have launched and advised startups in the digital health and innovation space for over a decade. I provide individual, family and group psychotherapy as well as psychological assessment. My training background includes services for both children and adults. My specializations include adolescent development, group psychotherapy, addiction treatment, dual diagnosis, and integrated behavioral medicine. I have formal training in Cognitive Behavioral Therapy, Time Limited Dynamic Psychotherapy and Motivational Interviewing. Lastly, I've held positions as Director of Clinical Training for the South Bay Consortium, Board of Directors for the California Psychological Association, and was Past-President for the Santa Clara County Psychological Association.

Devin Prouty, PhD., BMS Supervisor

I am a Behavioral Medicine Specialist at Kaiser Permanente, where I work within an integrated primary care setting and provide clinical supervision to doctoral trainees. My clinical work includes brief evidence-based psychotherapy, brief psychological and cognitive assessment, differential diagnosis, and consultation with interdisciplinary care teams.

My professional background spans outpatient practice, neuropsychological assessment, rehabilitation, research, and education. Before joining Kaiser Permanente, I worked in New Zealand on interdisciplinary concussion and chronic pain rehabilitation teams. I also spent ten years as a senior research psychologist at SRI International, contributing to large longitudinal studies of adolescent brain development, sleep, and substance use. Earlier in my career, I taught adolescents with learning differences.

My clinical approach draws primarily from cognitive behavioral therapy, acceptance and commitment therapy, mindfulness-based interventions, and neuropsychology. As a supervisor, I aim to create a collaborative and supportive learning environment that encourages curiosity, thoughtful case formulation, professional growth, and increasing autonomy.

Juliana Simmons, PhD., BMS Supervisor

I earned my bachelor's degree in psychology from California State University, Sacramento, in 2005, followed by a master's degree in Clinical Psychology in 2008 and a Psy.D. in Clinical Psychology in 2010 from John F. Kennedy University. I am a licensed psychologist in California and Alabama. I completed my predoctoral internship at the Youth Reporting Center in Anaheim, California, where I worked with adolescents in a probation school setting.

I completed my postdoctoral fellowship at Naval Medical Center Portsmouth in Virginia, where I participated in rotations through the pain clinic, substance abuse treatment facility, inpatient psychiatric facility, and outpatient clinic. Through this training, I developed a specialization in trauma treatment. Following my postdoctoral fellowship, I was assigned to an aviation Marine Corps base in New Bern, North Carolina. There, I treated individuals with moderate to severe mental health concerns, primarily in an outpatient setting. I also completed brief special-duty assignments involving psychological screenings for Marine Corps special-duty selection, work with special operations forces, and clinical support aboard an aircraft carrier.

Since 2015, I have worked as a Behavioral Medicine Specialist at Kaiser Permanente. I also have more than five years of supervision experience, a role I find especially meaningful and enjoyable.

Isabella Romero, PhD., AMRS Supervisor

I earned my bachelor's degree in psychology from California State University, Monterey Bay, in 2016, followed by a Master of Science, and PhD in Clinical Psychology, with an emphasis in Trauma, from Palo Alto University, in 2020 and 2023, respectively.

During my internship at Kaiser Permanente Walnut Creek Department of Addiction Medicine Recovery Services (AMRS) in 2023, and postdoctoral training at Kaiser Permanente Redwood City AMRS in 2024, I conducted outpatient group and individual treatment, substance use and neurocognitive assessments, program development, and participated in care coordination for individuals with complex substance use and mental health needs across multidisciplinary teams.

I have worked for Kaiser Permanente San Jose Department of AMRS since September 2024. I currently serve as a licensed psychologist and continue to support individuals in recovery, while providing clinical supervision and support to doctoral-level psychology interns within the department. Through supervision and collaborative learning, I enjoy assisting emerging psychologists to develop the skills needed to support individuals affected by substance use and co-occurring mental health concerns.