

# Mental Health Training Program Northern California

# Meet Our Training Team San Jose Doctoral Internship in Health Service Psychology Silicon Valley Doctoral Internship Consortium

# Shannon Stovall, PsyD

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### Silicon Valley Co-Consortium Director

I am a licensed psychologist in the Fremont Psychiatry Clinic and work in child and family services. I am part of the Teen IOP Team (Intensive Outpatient Services) as well as part of the Triage Team. I received my bachelor's degree in psychology and political science and my master's degree in marriage and family therapy. I completed my PsyD at Our Lady of the Lake University in counseling psychology and went on to complete my doctoral and postdoctoral training with The Hume Center. My therapeutic approach is to come from a strengths-based, solution focused, and narrative lens while incorporating in other evidenced-based interventions and theories such as CBT, DBT, and ACT. I am truly passionate about my work with children, youth, and families as I feel that systemic work, as well as individual work, is necessary for the greatest amount of change and progress. I am honored to be a part of the training program and helping trainees grow and become colleagues in this growing and amazing field.

#### Shannon Tran, PhD

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#### **Silicon Valley Co-Consortium Director**

I received my Bachelor of Arts Degree from Cal State Long Beach on a scholarship with Minority Access to Research Careers where I conducted research projects and presented them at the Western Psychological Association. I obtained my doctoral degree from the Wright Institute and completed my doctoral internship at Yale University, rotating in their outpatient, intensive outpatient program, and inpatient facility at New Haven Hospital. My career at Kaiser Permanente started 24 years ago at the Union City Medical Center where I worked on the adult team as a generalist and emergency department consultant and co-created our DBT program. Since then, I've worked as a manager leading triage, crisis services, and initial assessment team at Kaiser Permanente San Leandro. I am passionate about helping people improve their mental health, creating positive work cultures, and establishing win-win solutions.

#### Dina Alkhoury, PsyD

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#### San Jose Doctoral Internship Training Director

I received my Bachelor of Arts in psychology from Notre Dame de Namur University in Belmont, CA and continued my education at The Wright Institute in Berkeley, CA where I received my PsyD in clinical psychology. I completed my doctoral internship at Los Angeles County Department of Mental Health Specialized Foster Care Program and my postdoctoral fellowship at The Wright Institute School Based Collaboration Program. I joined Kaiser Permanente in 2020. I come to this position as manager with years of leadership and clinical experience working with a wide range of populations, settings, and mental health concerns. Much of my clinical experience has been centered around children and adolescents. I utilize an integrative approach in providing care that is both culturally and trauma informed. Supervision is one of my greatest passions in the work that I do at Kaiser Permanente, and I am honored to serve as Training Director of the San Jose Doctoral Internship Program.

# **Training Faculty**

#### Colin Goodwin, PsyD

I completed my undergraduate degree at the California State University Channel Islands and my graduate work at California Lutheran University with a Masters and PsyD in clinical psychology. My doctoral internship was at the Missouri Health Sciences Psychology Consortium at the Harry S. Truman VA Hospital in Columbia, MO, and I went on to complete a postdoctoral residency at Kaiser Permanente Santa Rosa with specialized training in chronic pain. Throughout my studies and research, my interest in psychosocial interventions for cancer patients and survivors has been my central focus. I took part in the Integrative Oncology Scholarship program through the University of Michigan throughout my postdoctoral residency and in my current role within the Adult Psychiatry Department in San Jose, where I serve as the psychosocial service coordinator for the Oncology Department. I have had the pleasure of taking part of a comprehensive DBT team as part of my practicum practice and have carried this torch into my subsequent training sites, continuing to facilitate skills groups for this treatment modality. I am excited to provide supervision across different training levels including practicum students, doctoral interns, and psychological associates.

#### Kristina G. Johnson, PhD

I earned my bachelor's degree in clinical psychology from San Francisco State University in 1989 and a master's degree and PhD in clinical psychology from Palo Alto University (Pacific Graduate School of Psychology), in 1995 and 1997 respectively. I am a licensed psychologist in California and Texas. I completed my doctoral Internship at Primary Children's Medical Center in Salt Lake City, UT with an emphasis in outpatient therapy and medical psychology. I completed my postdoctoral residency at Families First (EMQ Children and Family Services) in San Jose, CA with an emphasis in crisis intervention. I continued working at Families First as the lead crisis clinician, both assessing children/adolescents for danger to self/others/grave disability and as consultant to clinicians. I served as an adjunct professor at Western Seminary for several years teaching Psychopathology, Psychological Theory and Techniques, and Human Life Span Development. I have worked at Kaiser Permanente San Jose Psychiatry Department as a psychologist since 2002 treating an array of diagnoses. In my capacity at Kaiser Permanente, I have also worked with the Oncology, Cardiology, Nephrology, and Pain Management Departments in medical group appointment format and individual treatment. I very much enjoy teaching, mentoring, and training new therapists and trainees.

#### Genevive Julien, PsyD

I received my undergraduate degree at Hawaii Pacific University and completed my doctoral training at Alliant International University, Los Angeles, graduating with a PsyD in clinical psychology. My practica and internship involved working with marginalized populations within a trauma-based framework and in a high acuity setting of a psychiatric hospital. My postdoctoral residency included working with Indigenous peoples and at-risk youth within a correctional setting, specializing in mindfulness-based practices to treat trauma and pain. In addition, working in a private pain clinic facilitating groups segued my career to Kaiser Permanente San Jose Pain Medicine. My role includes providing individual therapy, specializing in the mind-body-spirit connection of trauma and pain, as well as teaching classes (focused on CBT/ACT and mindfulness interventions) and completing pre-surgical psychological evaluations for spinal cord stimulators. I also help manage ADHD screening tests that practicum students and doctoral interns complete as part of their rotation. This has led to my current interest of developing and mentoring psychologists. My love of research continues to grow with interests in spiritual and mindfulness- based approaches to mental health working with the Sha Research Foundation as a researcher/co-investigator and recently presented at several international conferences. I enjoy learning and witnessing growth that takes place in training future psychologists and excited to continue this journey as a supervisor.

#### Julie Ngin, PsyD

I obtained my undergraduate degree at the University of California, Los Angeles, and my master's and PsyD in clinical psychology at Alliant International University. I completed my doctoral internship at California Polytechnic State University, San Luis Obispo. Subsequently, I worked in an outpatient, then inpatient, setting at Salinas Valley State Prison, where I had extensive exposure to crisis stabilization, trauma work, and treatment of dual diagnoses. I also had a private practice specializing in disordered eating, an area of interest I have continued to this day at Kaiser Permanente. I have worked at

Kaiser Permanente Adult Psychiatry since 2019, serving a diverse population and a wide range of clinical conditions. I conduct initial assessments and treatment planning in addition to facilitating groups for eating disorder, panic and anxiety, and couples, as well as provide supervision for training clinicians.

# Ashley Stokke, PsyD

I earned my bachelor's degree at the University of Minnesota and my doctorate degree in clinical psychology, at John F. Kennedy University, in Pleasant Hill, CA. I was fortunate to receive my doctoral internship training at an inpatient psychiatric hospital in Sacramento. There, I was able to train and work in a multi-disciplinary team with children/adolescents, adults, and intensive care units. I conducted individual and group therapies, provided case management, and completed psychological assessments. I moved on to do my postdoctoral training at Kaiser Permanente Child & Adolescent Services in San Jose, where I continue to work as a staff psychologist. I particularly enjoy working with families with children/teens who struggle with ASD and depression. I tend to conceptualize cases from a psychodynamic perspective and utilize more integrative approaches from evidence-based practices in my work with families. I have been supervising since 2015.