

## Meet Our Team

### **San Jose Doctoral Internship in Health Service Psychology** **Silicon Valley Doctoral Internship Consortium**

#### **Shannon Stovall, Psy.D.**

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#### **Silicon Valley Consortium Director**

I am a licensed psychologist in the Fremont Psychiatry Clinic and work in child and family services. I am part of the Teen IOP Team (Intensive Outpatient Services) as well as part of the Triage Team. I received my bachelor's degree in psychology and political science and my master's degree in marriage and family therapy. I completed my PsyD at Our Lady of the Lake University in Counseling Psychology and went on to complete my pre-doctoral and post-doctoral training with The Hume Center. My therapeutic approach is to come from a strengths-based, solution focused and narrative lens while incorporating in other evidenced based interventions and theories such as CBT, DBT and ACT. I am truly passionate about my work with children, youth, and families as I feel that systemic work, as well as individual work is necessary for the greatest amount of change and progress. I am honored to be a part of the training program and helping trainees grow and become colleagues in this growing and amazing field.

#### **Dina Alkhoury, PsyD**

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#### **Doctoral Internship Training Director**

I received my Bachelor of Arts in Psychology from Notre Dame de Namur University in Belmont, CA and continued my education at The Wright Institute in Berkeley, CA where I received my PsyD in Clinical Psychology. I completed my predoctoral internship at Los Angeles County Department of Mental Health Specialized Foster Care Program and completed my postdoctoral fellowship at The Wright Institute School Based Collaboration Program. I joined Kaiser Permanente in 2020. I come to this position as manager with years of leadership and clinical experience working with a wide range of populations settings and mental health concerns. Much of my clinical experience has been centered around children and adolescents. I utilize an integrative approach in providing care that is both culturally and trauma informed. Supervision is one of my greatest passions in the work that I do at Kaiser Permanente, and I am honored to serve as Training Director of the San Jose Doctoral Internship Program.

#### **Colin Goodwin, PsyD**

I completed my undergraduate degree at the California State University Channel Islands and my graduate work at California Lutheran University with a Masters and PsyD in Clinical Psychology. My predoctoral internship was at the Missouri Health Sciences Psychology Consortium at the Harry S. Truman VA Hospital in Columbia, MO and I went on to a formal postdoctoral position at Kaiser Permanente Santa Rosa with specialized training in chronic pain. Throughout my studies and research, my interest in psychosocial interventions for cancer patients and survivors has been my central focus. I took part in the Integrative Oncology Scholarship program through the University of Michigan throughout my postdoc and in my current role within the Adult Psychiatry Department in San Jose where I serve as the psychosocial service coordinator for the Oncology Department. I have had the pleasure of taking part of a comprehensive DBT team as part of my practicum practice and have carried this torch into my subsequent training sites and continue to facilitate skills groups for this

treatment modality. I am excited to provide supervision across different training levels including practicum, interns, and psychological associates. I just celebrated three years at Kaiser and have been in this service area for two years.

### **Kristina G. Johnson, PhD**

I earned my bachelor's degree in Clinical Psychology from San Francisco State University in 1989 and a master's degree and PhD in Clinical Psychology from Palo Alto University (Pacific Graduate School of Psychology), in 1995 and 1997 respectively. I am a licensed psychologist in California and Texas. I completed my predoctoral Internship at Primary Children's Medical Center in Salt Lake City, UT with an emphasis in outpatient therapy and medical psychology. I completed my postdoc at Families First (EMQ Children and Family Services) in San Jose, CA with an emphasis in crisis intervention. I continued working at Families First as the lead crisis clinician, both assessing children/adolescents for danger to self/others/grave disability and as consultant to clinicians. I served as an adjunct professor at Western Seminary for several years teaching Psychopathology, Psychological Theory and Techniques and Human Life Span Development. I have worked at Kaiser San Jose Psychiatry Department as a psychologist since 2002 treating an array of diagnoses. In my capacity at Kaiser, I have also worked with the Oncology, Cardiology, Nephrology and Pain Management Departments in medical group appointment format and individual treatment. I very much enjoy teaching, mentoring, and training new therapists and trainees.

### **Lagen Schulte, PhD**

I grew up on a large working farm just outside Portland, Oregon. I first became interested in the field of psychology while volunteering as a camp counselor with troubled youth while in high school – it was then that I knew I wanted to pursue a caring profession. After high school I headed east to New York and attended a small liberal arts school, Union College. I received my degree in Psychology and Spanish. Next, I completed my M.S. and Ph.D. at Palo Alto University (Pacific Graduate School of Psychology). While completing my education I trained at the Palo Alto VAMC, Carl T. Hayden VAMC, and UC Davis Medical Center. There, I was able to work in a variety of specialty medical units and as part of multi-disciplinary teams which I really enjoyed. I conducted transplant evals, neuropsychological assessments, and used a solution-focused therapy models with inpatient and outpatient medical patients (specializing in death/dying, HIV, and complex medical case treatment adherence). Through these experiences I came to understand and appreciate the mind-body connection which helped me focus my career on health psychology. My interest in supervision began during my postdoc year where I taught and supervised clinical interviewing to medical student on a psychiatric inpatient ward. I joined Kaiser Permanente in 2007 with a focus on healthy psychology and brief treatment models and have continued to provide supervision within KP and professional consultation/supervision outside of KP over the years. I very much enjoy thought partnering and thinking outside the box when working with challenging patients.

### **Ashley Stokke, PsyD**

I earned my bachelor's degree at the University of Minnesota, and obtained my Doctorate Degree in clinical psychology, at John F. Kennedy University, in Pleasant Hill, CA. I was fortunate to receive my predoctoral internship training at an inpatient psychiatric hospital in Sacramento. There, I was able to train and work in a multi-disciplinary team and work with patients from child/adolescents, adults, and intensive care units. I was able to conduct individual and group therapies, provide case management, and psychological assessments. I moved on to do my post-doctoral training at Kaiser Permanente Child & Adolescent Services in San Jose, where I continue to work as a staff psychologist. I find that I particularly enjoying working with families with children/teens who struggle with Autism Spectrum Disorders and depression. I tend to conceptualize cases from a psychodynamic perspective and utilize more integrative approaches from evidence-based practices in my work with families. I have been supervising since 2015.