

Meet My Team**San Rafael Mental Health Training Program Bios**
Doctoral Internship**Thu Pham, PhD****Doctoral Internship Co-Training Director**
Adult Mental Health**Thu Pham, PhD**

Dr. Pham received her doctorate in Clinical Psychology from Northwestern University in 2005 and her Bachelor of Arts in Psychology from University of California, Berkeley in 2000. Dr. Pham completed her internship at the VA Martinez in 2004, joined Kaiser Permanente in Campbell as a post-doctoral fellow in 2005, and worked at Kaiser Permanente in Stockton as a psychologist from 2006-2012. Drawn to the beautiful area of Marin, Dr. Pham transferred to the Kaiser in San Rafael in 2012 and has worked as a psychologist on the Adult team since then. In addition to doing individual therapy, Dr. Pham also runs a Self-compassion group and a Dialectical Behavioral Therapy group at Kaiser. Dr. Pham was also the ACE (Achieving Clinical Excellence) lead for the Kaiser in San Rafael from 2012-2019, where the goal is to foster a therapeutic culture of feedback-informed care for patients. Dr. Pham's love for learning and mentoring led to her decision to take on the role of training director in 2019, where her goal as training director is to foster and facilitate a safe, engaging, and personalized training experience for our trainees.

Carl G. Oddo, Ph.D.**Doctoral Internship Co-Training Director**
Addiction Medicine & Recovery Services**Carl G. Oddo, PhD**

Dr. Oddo received his doctorate in Clinical and Organizational Psychology from San Francisco School of Psychology, and his Masters in Clinical Psychology at JFK University. He received his BA in Biological Sciences from U.C. Berkeley. Dr. Oddo completed his internship at the San Francisco County Mental Health, Monterey Clinic and his postdoctoral residency at Contra Costa County's New Connections, an outpatient community mental health and chemical

dependency agency. He joined the KP Walnut Creek team in 2005 and worked in all phases of the WCR Chemical Dependency Recovery Program along with his responsibilities as Co-Training Director in the East Bay Consortium. Since coming to San Rafael in 2015 Dr. Oddo continues his work in Addiction Medicine and developing the SRF postdoctoral training program with an emphasis on integration of care.

Jon DuBos, Psy.D
Training Supervisor
Child & Family Mental Health

Jon DuBos, Psy.D. (Child & Family Mental Health) received his BA. from San Francisco State University before receiving his doctorate from the Wright Institute in Berkeley in 2021. He completed his postdoctoral training as a Child and Family provider at Kaiser Permanente in San Rafael before staying on as staff. Dr. DuBos's assessment training experience included practicum training in court disposition evaluations for youth in juvenile hall, a supplemental neuropsychology practicum at a geriatric clinic in San Mateo, working as an assistant to a child psychologist conducting comprehensive neuropsychological assessments on children, and a neuropsychology rotation at a primary care setting for his predoctoral internship. As a clinical psychologist on the Child Team at Kaiser in San Rafael, Dr. DuBos has completed many child ADHD evaluations, in addition to his work providing individual and group psychotherapy for children, adolescents, and families. Dr. DuBos facilitates the High School DBT group and Middle School Group, in addition to two groups that he created: Transitional Age Youth Group and Flip the Script: Improving Negative Thoughts and Mood.

Quinn Durand, PsyD
Training Supervisor
Eating Disorders Team

Quinn Durand, Psy.D. (Eating Disorders Team) received her doctorate in Clinical Psychology from Pepperdine University's Graduate School of Education and Psychology in 2013 and her Bachelor of Arts at the University of Richmond in 2006. She completed her Predoctoral Internship at Princeton House Behavioral Health's eating disorders program, and two postdoctoral fellowships at Harbor-UCLA Medical Center (women's health and pediatric behavioral

medicine). She previously worked as Assistant Director of the Behavioral Medicine Service at Harbor-UCLA and held a faculty appointment at the David Geffen School of Medicine. In 2018, she moved to Marin to join Kaiser's Eating Disorder Team. Here Dr. Durand works closely with a multidisciplinary team treating children, adolescents, and adults with all types of eating disorder symptomology.

Susan Dyer, PsyD
Training Supervisor
Addiction Medicine & Recovery Services

Susan Dyer, Psy.D. (Addiction Medicine & Recovery Services) received her B.A. in Economics from UCLA and an M.A. (Counseling) from Santa Clara University before earning a doctorate in Clinical Psychology from Pepperdine University in 2004. She completed her pre-doctoral internship at the V.A. Healthcare Center in West Los Angeles and her postdoctoral fellowship within both the Department of Psychiatry and Chemical Dependency Services (CDS) at Kaiser, San Rafael. Dr. Dyer is currently a staff psychologist in Addiction Medicine and a delegated supervisor in the postdoctoral residency training program.

Alyssa Epstein, PhD
Training Supervisor
Adult Mental Health

Alyssa Epstein, Ph.D. (Adult Mental Health) received her doctorate in Clinical Psychology from The Illinois Institute of Technology in 2005, and her Bachelor of Science in Psychology from UC San Diego. She completed her internship at VA Long Beach Healthcare System, and her postdoctoral fellowship in anxiety disorders at UCLA. After completing her postdoc, she moved to the Central Valley for 5 years, where she was the only clinical psychologist on staff. She was excited to eventually move back with her family to Marin (where she was raised) and has been with San Rafael Kaiser since 2015. She runs the CBT-focused panic groups at Kaiser and is an integral part of the triage team.

Alexandrea Harmell, PhD
Training Supervisor
Neuropsychology

Alexandrea Harmell, Ph.D. (Neuropsychology) earned her PhD in Clinical Psychology with an emphasis in Neuropsychology from the San Diego State University/University of California, San Diego Joint Doctoral Program. She completed her Clinical Psychology Internship and two-year postdoctoral Neuropsychology Residency at the

San Francisco VA Medical Center, which included year-long rotations at the UCSF Memory and Aging Center and Epilepsy Center. She is actively involved in clinical research focusing on dementia risk factors and factors that protect against cognitive decline in aging. Dr. Harmell joined the Kaiser Permanente San Rafael Psychiatry department in 2020. She enjoys providing clinical supervision to postdoctoral residents in the assessment clinic.

**Cori Heimer, PsyD
Training Supervisor
Adult Mental Health**

Cori Heimer, Psy.D. (Adult Mental Health) received her doctorate in Clinical Psychology from the PGSP-Stanford Consortium (2018) and Bachelor of Arts at University of California, Santa Cruz (2008). She completed her predoctoral fellowship in the Trauma Emphasis Track at Southeastern Louisiana Veteran's Healthcare System. Dr. Heimer joined Kaiser San Rafael as a postdoctoral resident in 2018 and was hired to the Adult Team in 2019. As a member of the Trauma Team and the Accelerated Treatment Program Team, Dr. Heimer's clinical work emphasizes short-term, evidence-based therapies. She co-facilitates the CBT Group, ACT Group, and Fierce Self-Compassion Group. Dr. Heimer enjoys serving as a delegate supervisor in the postdoctoral residency training program.

**Lily Krauss, PhD
Training Supervisor
Child & Family Mental Health**

Lily Krauss, Ph.D. (Child & Family Mental Health) received her doctorate in Clinical Psychology from the California School of Professional Psychology (CSPP), San Francisco in 2018, and her Bachelor of Arts in Psychology from University of California, Santa Cruz in 2009. During her clinical training, Dr. Krauss specialized in child and family treatment in school and community mental health settings. She joined Kaiser Permanente San Rafael as a postdoctoral resident in 2018 and was hired as a member of our Child and Family Team in 2019. In addition to individual and family treatment, Dr. Krauss also co-facilitates our Teen IOP Multi Family and Middle School DBT groups. She is the new ACE (Achieving Clinical Excellence) lead on the Child and Family Team for Kaiser San Rafael, where the goal is to foster a therapeutic culture of feedback-informed care for patients. Dr. Krauss

supervises postdoctoral fellows on their community benefit projects.

Eric Nadler, PhD
Training Supervisor
Chronic Pain Care; Program Evaluation
Supervisor

Eric Nadler, Ph.D. (Chronic Pain Care; Program Evaluation Supervisor) received his B.A. from the University of California, Santa Barbara, and his Ph.D. in Clinical Psychology from the California School of Professional Psychology in San Francisco. He completed his pre-doctoral internship at the Psychosocial Medicine Clinic at San Francisco General Hospital and postdoctoral residency in the Chemical Dependency Services program at Kaiser Permanente, San Rafael. He worked at UCSF as a research assistant and statistician analyzing the impact of psychological, endocrine and immunological variables on recovery after arthroscopic knee surgery. Dr. Nadler specializes in pain psychology and is part of the interdisciplinary chronic pain management program. He also works one day a week in the Department of Psychiatry doing on-call and crisis intervention and one day each week in a specialized program that helps patients who are on high doses of opiates taper down or off their narcotic medication. Dr. Nadler serves as a steering committee member for the Northern California Association of Pain Psychologists.

Stacey Nelson, PhD
Training Supervisor
Addiction Medicine & Recovery Services;
Psychological Assessment Supervisor

Stacey Nelson, Ph.D. (Addiction Medicine & Recovery Services; Psychological Assessment Supervisor) received her B.A. in Literature from Hampshire College in Massachusetts. She earned her Ph.D. in Clinical Psychology from the California School of Professional Psychology in 1997. Dr. Nelson completed her pre-doctoral internship at the V.A. Greater Los Angeles Healthcare Center in Sepulveda, CA and her postdoctoral residency at Kaiser Permanente, Department of Mental Health in Pleasant Hill. Dr. Nelson continued at Kaiser in Pleasant Hill, working first in Behavioral Medicine, next in the Intensive Outpatient Program and in 2001 in Chemical Dependency Services. In 2004 she transferred to Kaiser Permanente, Department of Psychiatry in San Rafael, where she served as a psychologist in Addiction Medicine and Recovery Services and Training Director for postdoctoral

residents specializing in chemical dependency. She continued in this role through 2011, when she transitioned to Program Manager of Addiction Medicine and Recovery Services at Kaiser San Rafael/Petaluma. Dr. Nelson has a continuing interest in neuropsychological assessment and enjoys providing training and clinical supervision for postdoctoral residents in addiction medicine and psychological assessment.

**Katherine Schwimmer, Psy.D.
Training Supervisor
Addiction Medicine & Recovery Services**

Katherine Schwimmer, Psy.D. (Addiction Medicine & Recovery Services) received her B.A. in Psychology from Sonoma State University before completing a doctorate in Clinical Psychology from Alliant International University in 2014. She completed her pre-doctoral internship at Anka Behavioral Health in Concord, CA and her postdoctoral fellowship with Kaiser San Rafael, Department of Addiction Medicine. Dr. Schwimmer went on to work with the Addiction Medicine Department at Kaiser, Santa Rosa following postdoctoral residency. She returned to San Rafael/Petaluma Addiction Medicine in 2021. Dr Schwimmer values her role as a primary and delegated clinical supervisor. She currently facilitates the dual-diagnosis harm reduction group, a continuing recovery group, and assists with coordination of residential care. Her clinical interests include managing substance use disorders in the SPMI population, harm reduction and health psychology.