



Mental Health Training Program Northern California

Meet Our Team San Rafael Postdoctoral Residency North Bay Consortium

Thu Pham, PhD (Adult Mental Health)

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Postdoctoral Residency Co-Training Director

Dr. Pham (she/her) received her doctorate in Clinical Psychology from Northwestern University in 2005 and her Bachelor of Arts in Psychology from University of California, Berkeley in 2000. Dr. Pham completed her internship at the VA Martinez in 2004, joined Kaiser Permanente in Campbell as a post-doctoral fellow in 2005, and worked at Kaiser Permanente in Stockton as a psychologist from 2006-2012. Drawn to the beautiful area of Marin, Dr. Pham transferred to the Kaiser in San Rafael in 2012 and has worked as a psychologist on the Adult team since then. In addition to doing individual therapy, Dr. Pham also runs a Self-compassion group and a Dialectical Behavioral Therapy group at Kaiser. Dr. Pham was also the ACE (Achieving Clinical Excellence) lead for the Kaiser in San Rafael from 2012-2019, where the goal is to foster a therapeutic culture of feedback-informed care for patients. Dr. Pham's love for learning and mentoring led to her decision to take on the role of training director in 2019, where her goal as training director is to foster and facilitate a safe, engaging, and personalized training experience for our trainees.

Carl G. Oddo, PhD (Addiction Medicine & Recovery Services)

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Postdoctoral Residency Co-Training Director

Dr. Oddo (he/him) received his doctorate in Clinical and Organizational Psychology from San Francisco School of Psychology, and his Masters in Clinical Psychology at JFK University. He received his BA in Biological Sciences from U.C. Berkeley. Dr. Oddo completed his internship at the San Francisco County Mental Health, Monterey Clinic and his postdoctoral residency at Contra Costa County's New Connections, an outpatient community mental health and chemical dependency agency. He joined the KP Walnut Creek team in 2005 and worked in all phases of the WCR Chemical Dependency Recovery Program along with his responsibilities as Co-Training Director in the East Bay Consortium. Since coming to San Rafael in 2015 Dr. Oddo continues his work in Addiction Medicine and developing the SRF postdoctoral training program with an emphasis on integration of care.

North Bay Consortium Leadership

Jennifer Gershen, PsyD (Santa Rosa Medical Center)

Jennifer.L.Gershen@kp.org

Consortium Director for the North Bay Consortium

Dr. Gershen (she/her) received doctorate from The California School of Professional Psychology in Alameda, CA. She completed her APA accredited doctoral internship training at Shasta County Mental Health in Redding, CA and her postdoctoral residency training at Kaiser Permanente in Santa Rosa. Her specialties include family and child psychotherapy, Dialectic Behavior Therapy, groups for latency age children and parents, and parenting consultation. Since 2008, Dr. Gershen has served in the site training director role for the Postdoctoral Residency program at Kaiser Permanente Santa Rosa. She is also the Consortium Director for the North Bay Postdoctoral Residency Consortium. In 2019, she became the site training director for the now APA accredited Doctoral Internship at Kaiser Permanente Santa Rosa. Outside of Kaiser Permanente, Dr. Gershen enjoys her work with local school systems where she teaches staff and students about issues related to healthy bodies, healthy relationships and the importance of consent, and how to practice consent language.

San Rafael Medical Center Leadership

Stacey Nelson, PhD (Addiction Medicine & Recovery Services)

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San Rafael Training Manager

Dr. Nelson (she/her) received her B.A. in Literature from Hampshire College in Massachusetts. She earned her Ph.D. in Clinical Psychology from the California School of Professional Psychology in 1997. Dr. Nelson completed her doctoral internship at the V.A. Greater Los Angeles Healthcare Center in Sepulveda, CA and her postdoctoral residency at Kaiser Permanente, Department of Mental Health in Pleasant Hill. Dr. Nelson continued at Kaiser Permanente in Pleasant Hill, working first in Behavioral Medicine, next in the Intensive Outpatient Program, and in 2001 in Chemical Dependency Services. In 2004, she transferred to Kaiser Permanente, Department of Psychiatry in San Rafael, where she served as a psychologist in Addiction Medicine and Recovery Services and Training Director for postdoctoral residents specializing in chemical dependency. She continued in this role through 2011, when she transitioned to Program Manager of Addiction Medicine and Recovery Services at Kaiser Permanente San Rafael/Petaluma. Dr. Nelson has a continuing interest in neuropsychological assessment and enjoys providing training and clinical supervision for postdoctoral residents in addiction medicine and psychological assessment.

San Rafael Supervisors & Training Faculty

Sarah DeLuca, PhD (IOP, Clinical Case Management, & DBT Intensive Program)

Dr. DeLuca (she/her) received her B.A. degree in contemplative psychology with an emphasis in transpersonal psychology at Naropa University in Boulder, Colorado. She received her doctorate in Clinical Psychology from Palo Alto University in 2019 with emphases in diversity and community mental health and meditation and psychotherapy. She completed her doctoral internship at Didi Hirsch Mental Health Services in Los Angeles, and her postdoctoral residency at the San Francisco VA Health Care System. Dr. DeLuca is currently a staff psychologist with the Intensive Outpatient Program (IOP), Clinical Case Management, and DBT Intensive teams. She also leads an evidence-based outpatient mindfulness and meditation group called Inner Resources for Stress. Dr. DeLuca has a recovery-oriented approach to therapy utilizing cognitive behavioral and mindfulness-based interventions including CBT, ACT, DBT, and meditation training.

Jon DuBos, PsyD (Child & Family Mental Health)

Dr. DuBos (he/him) received his B.A. from San Francisco State University before receiving his doctorate from the Wright Institute in Berkeley in 2021. He completed his postdoctoral training as a Child and Family provider at Kaiser Permanente San Rafael before staying on as staff. Dr. DuBos's assessment training experience included practicum training in court disposition evaluations for youth in juvenile hall, a supplemental neuropsychology practicum at a geriatric clinic in San Mateo, working as an assistant to a child psychologist conducting comprehensive neuropsychological assessments on children, and a neuropsychology rotation at a primary care setting for his doctoral internship. As a clinical psychologist on the Child Team at Kaiser Permanente San Rafael, Dr. DuBos has completed many child ADHD evaluations, in addition to his work providing individual and group psychotherapy for children, adolescents, and families. Dr. DuBos facilitates the High School DBT group and Middle School Group, in addition to two groups that he created: Transitional Age Youth Group and Flip the Script: Improving Negative Thoughts and Mood.

Quinn Durand, PsyD (Eating Disorders Team)

Dr. Durand (she/her) received her doctorate in Clinical Psychology from Pepperdine University's Graduate School of Education and Psychology in 2013 and her Bachelor of Arts at the University of Richmond in 2006. She completed her doctoral internship at Princeton House Behavioral Health's eating disorders program, and two postdoctoral fellowships at Harbor-UCLA Medical Center (women's health and pediatric behavioral medicine). She previously worked as Assistant Director of the Behavioral Medicine Service at Harbor-UCLA and held a faculty appointment at the David Geffen School of Medicine. In 2018, she moved to Marin to join Kaiser Permanente, San Rafael's Eating Disorders Team. In her current role, Dr. Durand works closely with a multidisciplinary team treating children, adolescents, and adults with all types of eating disorder symptomology.

Susan Dyer, PsyD (Addiction Medicine & Recovery Services)

Dr. Dyer (she/her) received her B.A. in Economics from UCLA and an M.A. (Counseling) from Santa Clara University before earning a doctorate in Clinical Psychology from Pepperdine University in 2004. She completed her doctoral internship at the V.A. Healthcare Center in West Los Angeles and her postdoctoral fellowship within both the Department of Psychiatry and Chemical Dependency Services (CDS) at Kaiser Permanente, San Rafael. Dr. Dyer is currently a staff psychologist in Addiction Medicine and a delegated supervisor in the postdoctoral residency training program.

James K. Goetz PsyD (Adult Mental Health)

Dr. Goetz (he/him) received his doctorate in Clinical Psychology from Argosy University in 2007 and his Bachelor of Arts in Biology from Colby College in 1985. Dr. Goetz completed his doctoral internship at the County of Marin Community Mental Health Services in 2006. He completed his postdoctoral fellowship at Family Life Center in Petaluma, CA (a residential treatment center for SED adolescents) in 2007. He subsequently worked as a Family Therapist at Family Life Center from 2007-2009. Dr. Goetz served as Clinical Psychologist for Coastal Health Alliance Community Health Center in Point Reyes Station, CA from 2009-2018. He joined Kaiser Permanente Petaluma/San Rafael Department of Psychiatry in 2018 and has worked as a psychologist on the Adult Team since then. In addition to providing individual therapy, Dr. Goetz facilitates a Trauma Education/PTSD Coping skills group and an Acceptance and Commitment Therapy group at Kaiser Permanente, Petaluma. Dr. Goetz also maintains a small private practice.

Cori Heimer, PsyD (Adult Mental Health)

Dr. Heimer (she/her) received her doctorate in Clinical Psychology from the PGSP-Stanford Consortium (2018) and Bachelor of Arts at University of California, Santa Cruz (2008). She completed her doctoral internship in the Trauma Emphasis Track at Southeastern Louisiana Veteran's Healthcare System. Dr. Heimer joined Kaiser Permanente San Rafael as a postdoctoral resident in 2018 and was hired to the Adult Team in 2019. As a member of the Trauma Team and the Accelerated Treatment Program Team, Dr. Heimer's clinical work emphasizes short-term, evidence-based therapies. She co-facilitates the CBT Group, ACT Group, and Fierce Self-Compassion Group. Dr. Heimer enjoys serving as a delegated supervisor in the postdoctoral residency training program.

Eric Nadler, PhD (Pain Medicine & Program Evaluation Supervision)

Dr. Nadler (he/him) received his B.A. from the University of California, Santa Barbara, and his Ph.D. in Clinical Psychology from the California School of Professional Psychology in San Francisco. He completed his doctoral internship at the Psychosocial Medicine Clinic at San Francisco General Hospital and postdoctoral residency in the Chemical Dependency Services program at Kaiser Permanente, San Rafael. He worked at UCSF as a research assistant and statistician analyzing the impact of psychological, endocrine, and immunological variables on recovery after arthroscopic knee surgery. Dr. Nadler specializes in pain psychology and is part of the interdisciplinary chronic pain management program. He also works one day a week in the Department of Psychiatry doing on-call and crisis intervention and one day each week in a specialized program that helps patients who are on high doses of opiates taper down or off their narcotic medication. Dr. Nadler serves as a steering committee member for the Northern California Association of Pain Psychologists.

Amanda Eyges Spencer, PsyD (Adult Mental Health & Assessment Supervision)

Dr. Spencer (she/her) earned her B.A. in Psychology from the University of California, Berkeley, before earning her doctorate in Clinical Psychology from The Wright Institute of Berkeley in 2019. Dr. Spencer completed her APA-accredited doctoral internship at San Quentin State Prison and her postdoctoral fellowship, with an emphasis in assessment, at the California Medical Facility, a correctional program in Vacaville, CA. Dr. Spencer joined the Kaiser Permanente Petaluma Psychiatry Department as a psychological associate before her licensure in 2020. She is currently a staff psychologist working as a member of the Focused Therapy treatment team and serves in the role of ACE Champion for Feedback Informed Care within both clinics.