

**Meet My Team:** Mental Health Training Program Staff**Location:** Walnut Creek**Program:** Postdoctoral Resident**Margot Green, PhD.**

**Margot Green, PhD. (DSA Training Manager & Consortium Training Director).** Originally from the East Coast, I graduated from Smith College and then pursued my doctorate at Temple University, where there already was an integration of behavioral therapy and medicine. After an APA accredited internship, I moved to the Bay Area for wonderful training and mentorship and early career leadership opportunities at the Palo Alto VA Medical Center. I stayed for the rugged beauty and loved raising a family here, hiking and biking the mountains and bayside together and enjoying the East Bay community where we settled in.

Since joining KP in 2005, I've worked with thousands of diverse adults, primarily in the Department of Addiction Medicine & Recovery Services at Walnut Creek Medical Center. I've always had an interest in health psychology and integrating programs for preventive care and have found our multidisciplinary leaders to be welcoming innovators and colleagues for our training teams.

Now I am increasingly devoted to providing rich training opportunities for the next generation of mental health professionals. Kaiser Permanente in Diablo is an ideal setting for innovative programming. We have passionate and talented providers to pilot and develop best practices. Our Postdoctoral Residency at WCR with its unique tracks is a great example! Thank you for your interest in our training program.

**Ana Zdravkovic, PhD.**

**Ana Zdravkovic, PhD. (Site Training Director).** It has been a pleasure working with the training program since 2014 and I am honored to be the current Training Director. After earning a doctoral degree at the University of North Carolina, I moved to the Bay Area to work with Kaiser Permanente as a postdoctoral resident. I carry a caseload with the Child and Family Team and focus on working with acute adolescents and patients who are on the Autism Spectrum. I look forward to meeting interested applicants each year and guiding them through their year of training. Residents see me weekly, for a site-specific support meeting and monthly, when I facilitate group supervision for the consortium. I am available for ongoing consultation. My goal is to

foster a supportive supervision environment that also offers the challenges necessary to shape their professional identity. I see the program as a collaborative effort between myself, supervisors, and residents, so that we can all be proud of what we have accomplished during the year and the legacy that we leave.



**Ryan Kolakoski, PsyD.**

**Ryan Kolakoski, PsyD. (Clinical Supervisor).** My name is Dr. Ryan Kolakoski and I have been a psychologist with Kaiser Permanente since 2000. I have been involved with the Walnut Creek Postdoctoral Training program since 2003 and have served in various roles including training director and both primary and secondary supervisor. I enjoy working with residents and supporting their career development as they complete the final year of their training before becoming licensed psychologists. My clinical work at Kaiser includes both adult and child/family populations.



**Noel Nabeshima, PsyD.**

**Noel Nabeshima, PsyD. (Clinical Supervisor).** Hello! I am Elizabeth (Noel) Nabeshima, Psy.D. and I co-supervise the IOP/adult team position in Walnut Creek with Dr. Janice Alley. I graduated from the Wright Institute in 2005 and benefitted from excellent training at Kaiser Antioch during my pre- and post-doctoral residency years. I appreciated the supervision I received there on the adult, child, and adolescent and adult IOP teams. Early on, I realized I wanted to be part of Kaiser's integrated health care delivery system where I could make a difference in people's lives. I began supervising in 2008 and have found being part of the Walnut Creek supervision team to be one of the highlights of my job. I love sharing what I do with the amazing, high caliber residents who gravitate to our training program. I find that supervising residents who become an integral part of our IOP team provides opportunities for professional and personal growth. I look forward to meeting and supervising you in this important last year of training before licensure.



**Wendy Paik, PsyD.**

**Wendy Paik, PsyD. (Supervisor).** Hello, my name is Wendy Paik, and I am the assessment supervisor for the Child and Family residents in Walnut Creek. I am originally from Southern California and completed my doctoral training in Chicago. My background and clinical interests are in providing assessment and evidence-based treatment for children, adolescents, and families. I strongly believe that we offer unique assessment opportunities for our residents in our clinic that not only provides a valuable service for our patients in need, but also provides an opportunity for expanding their skills in their journey to becoming well-rounded clinicians. Finally, I am very fortunate to be a part of our supportive group of supervisors who are all dedicated to helping the residents meet their training and professional goals.



**Alana Stark, PsyD**

**Alana Stark, PsyD (Assessment Supervisor).** Hi there! My name is Alana Stark, and I am the Neuropsychology supervisor for our residents. I am originally from Canada, where I completed my undergraduate degree from the University of Western Ontario. After moving to the California Bay Area in 2007, I completed my doctorate degree from the Wright Institute in Berkeley, CA, specializing in Neuropsychology and completing a 2-year residency at the VA in Martinez. I started working at Kaiser in 2016 and prior to that, I worked at John Muir Hospital in Walnut Creek, doing mostly inpatient neuropsychological evaluations on their trauma, step-down, general medical, and rehabilitation units. In my current role here at Kaiser in Walnut Creek, I have the opportunity of completing outpatient neuropsychological evaluations, facilitating a cognitive rehabilitation group (Cog SMART), and supervising our Psychology interns and residents. I find my work incredibly rewarding and it is truly an honor to be part of our training program here!



**Claudia Wathen, PsyD.**

**Claudia Wathen, PsyD. (Clinical Supervisor).** Hello! My name is Claudia Wathen. I received my Psy.D. from Alliant International University (CSPP-Alameda), my masters in developmental psychology from Columbia University in New York, and my bachelor's in psychology from the University of Washington. I started my career at Kaiser Permanente as an intern and have been here ever since! I have been the director of the adolescent chemical dependency services program for almost 20 years, trained in family systems and group therapy. During that time, I also specialized in trauma treatment with youth. Now my career is transitioning to working with young adults. I have the unique perspective of having been an intern here that informs my supervision. As you can tell from my being here for over 22 years, I believe in longevity and legacy. This is made possible by working with a dedicated and nurturing team of professionals and good self-care (knitting, bowling, and playing ukulele). I enjoy training up the next generation of providers and serving as a mentor as I was mentored, passing on the passion of this work as I look forward to retiring, knowing I have left the field and our programs in your good hands.



**Kaitlin Tully, PhD.**

**Kaitlin Tully, PhD. (Clinical Supervisor).** It is my privilege to be a part of the resident faculty at Walnut Creek. I am originally from Massachusetts but have been living in California since college. I have my PhD in clinical psychology from the California School of Profession Psychology and completed my post-doctoral residency with KP in Pleasanton. After that I was hired on as a child generalist in WCR in 2013. I currently am the ADHD specialist for both child and adult services and carry a caseload and run several groups for the child team. My approach to supervision is

developmental and enjoy supporting residence as they tailor their specialty areas and tune their clinical skills. I am also interested in outcomes and program improvement, so I serve as the program evaluation supervisor. I look forward to working with you and helping to achieve all your training goals.



**Kendra R. Castillo**

**Kendra R. Castillo (Program Coordinator).** My name is Kendra R. Castillo, and I am the program coordinator for both the Walnut Creek Internship in Clinical Psychology and the East Bay Consortium for the Post-Doctoral Residency Program. I have been working with this program since summer of 2016, but overall have been working with Kaiser for 11 years with a background in Human Resources. I have a degree in Industrial Psychology with emphasis in HR management. In addition, while in this role, I earned my N.A.M.I. Family-to-Family Certification which has given me even more insight. I have always been interested in Psychology, so being able to be a part of the training programs while working directly with all the great and knowledgeable directors, psychologists, recruitment, interns, residents, and regional staff has made a huge impact on me. For that reason, this by far has been my favorite role at KP! We are constantly finding ways to improve our programs here at KP, which makes the work interesting, exciting and creative.



**Chelsea Vilinskas,  
PsyD.**

**Chelsea Vilinskas, PsyD. (Pediatric Assessment Supervisor).** I am very excited to be a part of the residency training program, as training is an important passion of mine. Prior to my pre-doctoral internship, my neuropsychological assessment training involved both adult and child assessment through Northwestern University and Rush University Medical Center. Additionally, my pre-doctoral training includes outpatient psycho-oncology, and working in inpatient mental health for over 4 years. My pre-doctoral internship was completed with Kaiser Permanente Walnut Creek, with training in chemical dependency, eating disorders, primary-care mental health integration, and neuropsychological assessment. I finished my two-year neuropsychology post-doctoral residency with Kaiser Walnut Creek and Kaiser San Francisco working with adults and pediatrics. Presently, I am a pediatric neuropsychologist for the DSA, and I work with the regional mental health training team throughout the week organizing different projects related to assessment and training.





**Zoltan Nabilek, PsyD.**

**Zoltan Nabilek, PsyD. (Clinical Supervisor).** It is an honor to be part of the training program at Kaiser Permanente. After earning a doctoral degree at Illinois School of Professional Psychology in Chicago, I moved to the Bay Area to work with Kaiser Permanente as a postdoctoral resident. Throughout the last decade and a half, I worked in different settings with a special focus on Health Psychology. I am a certified eating disorder specialist (IAEDP) and currently I work with adults in an outpatient setting who have been impacted by eating disorders. I have been lucky enough to provide supervision to students in training for years. My goal is to foster a supportive supervision environment that also offers grounds for challenges that are necessary to strengthen clinicians' professional identity.



**Jessica Brennan, PsyD.**

**Jessica Brennan, PsyD. (Clinical Supervisor).** Hello! My name is Jess Brennan; I am a clinician in Walnut Creek's EDIOP program for adults struggling with eating disorders. As a supervisor, I find such joy in helping others find their groove as therapists, honing what they are most interested in clinically, and leaning into a good work-life balance. As a recently licensed clinician, I am well acquainted with the rigors and training needed to excel in internship and postdoc. I received my PsyD from The Wright Institute in 2021 and my bachelor's from UC Davis. I use an integrative modality, pulling most from ACT, CBT, relational approaches, and a trauma-informed lens. While pursuing graduate studies, became impassioned to work with individuals struggling with trauma and eating disorders. I completed my internship at Kaiser Oakland's Enhanced Outpatient Eating Disorders Program, and my postdoctoral residency at Kaiser Walnut Creek's Eating Disorder Program. I look forward to supporting your training journey!



**Natasha Choudri,  
PsyD.**

**Natasha Choudri, PsyD. (Clinical Supervisor).** Hello, I'm Dr. Choudri and I am one of the primary supervisors and group supervisors here at the Walnut Creek training program. After graduating from the Clinical Psychology doctoral program at the Wright Institute in Berkeley, I completed my postdoctoral residency as part of the Adult Mental Health and Addiction Medicine departments at Kaiser Walnut Creek in 2020. I'm now a staff psychologist working on the Day Treatment team and teaching DBT in AMRS. In addition to addiction, my specific interests include using evidence-based behavioral therapies in individual and group settings, as well as subsequent interests in health psychology, peripartum and postpartum mood disorders, and trauma. As a graduate of the WCR training program, I can attest to the unique experiences and supportive environment the program provides to build a strong clinical acumen, and I hope to continue to foster a similar experience for future trainees to come.