

Meet My Team

Roseville Training Team Bio's

Doctoral Internship Mental Health Training Program



Emilio Licea III, PsyD
Training Program Manager

Doctoral Internship Training
Program Director

Dr. Emilio Licea III is a licensed Clinical Psychologist and Manager of the Training Program, Neuropsychology, and Assessment. Dr. Licea earned his B.A. from Sonoma State University in 2005. He then earned his master's degree in Counseling Psychology from Sonoma State University. He later earned a second masters and doctorate degree in Clinical Psychology from The Wright Institute in Berkeley. He completed his pre-doctoral internship and post-doctoral residency at the University of California Davis.

Dr. Licea later became the Associate Director of Behavioral Health at West County Health Centers in Sonoma County. There he led the expansion of their pediatric department, development of their internship program, and spearheaded efforts in becoming a trauma informed organization.

As a generalist, he draws on his experience working and training at UCSF Benioff Children's Hospital Oakland, Family Service Agency of Marin, and Sutter Santa Rosa among others.

As a psychologist and supervisor, he takes a collaborative and relational approach that is focused on creating a safe environment where patients/staff can openly and honestly express themselves. Supervision/therapy with him involves genuine and respectful listening that is aimed at understanding, empowering, and improving the lives of patients and growth of staff/supervisees.

As a theoretical foundation, he draws on his extensive knowledge of Cognitive Behavior Therapy, Family Systems theory, Dialectical Behavior therapy. As a Latino cisgender male he has dedicated himself to the exploration of diversity and identity along the intersection of culture and society



**Kevin Newgren, PsyD
Clinical Supervisor**

Dr. Newgren is a Licensed Psychologist and is Board Certified in Clinical Psychology.

He works within the Department of Psychiatry at Kaiser Permanente, Roseville. Dr. Newgren earned his B.A degree from the University of California, Davis in 1999 completing a double major in Psychology and Communications. In 2002, he earned a masters degree in Marriage and Family Therapy at Fuller Seminary School of Psychology. He returned to Fuller to complete a Doctor of Psychology degree in Clinical Psychology in 2009.

He completed his APA accredited internship and his post-doctoral training through Philhaven, a private psychiatric hospital in Pennsylvania. He gained his license to practice clinical psychology in 2010 and received his Board Certification in 2011. While at Philhaven, he worked across the inpatient, outpatient, and day hospital settings with adults and children, while gaining unique experiences offering therapy and psychological testing to the Amish community. He also coordinated the psychological testing services in the hospital while assisting in the development of a triage intake program for the hospital.

He then worked at Psychological Health Affiliates, a private group practice based in Manheim, PA for four years before moving to California early 2016 to work for Kaiser Permanente.

His current role at Kaiser includes coordinating ADHD testing for adults, as well as conducting psychological testing. He runs specialized treatment programs for work stress and obsessive-compulsive disorder, as well as providing individual therapy services for adults. He has been working with the training team at Kaiser Permanente since 2017.

**Ladan Khatibijah, PsyD
Clinical Supervisor**

Dr. Khatibijah is licensed Clinical Psychologist with the Department of Mental Health and Wellness (Adult Outpatient) at Kaiser Permanente, Roseville. She received her bachelor's degree from California State University, Sacramento. She received her master's degree, as well as her Doctorate degree in Clinical Psychology with minor concentration in Correctional Psychology from Alliant International University, Sacramento (2018).

Dr. Khatibijah completed her APA-accredited doctoral internship at Kaiser Permanente, Walnut creek, with rotations in Addiction Medicine and Recovery Services, Eating Disorder treatment, and psychological assessment (2018). She completed her postdoctoral residency within the department of Mental Health and Wellness at Kaiser Permanente, Roseville (2019).

Dr. Khatibijah became licensed in 2019. She currently provides individual psychotherapy, facilitates groups (including Trauma Skills), and conducts ADHD evaluations. She is also member of the mental health training team as clinical supervisor and journal club facilitator. She continues to develop her interests related to diversity, trauma, self-compassion, effective communication, supervising and mentoring. She is also a member of the equity, diversity and inclusion workgroup in the department to further develop tools and resources for clinicians.



**Jessica Williams, PsyD
Clinical Supervisor**

Dr. Williams is a licensed Clinical Psychologist within the Department of Adult Psychiatry at Kaiser Permanente. She currently works as an Integrated Care Psychologist within Adult and Family Medicine in Lincoln, California. Dr. Williams received her Master's and Doctorate degrees in Clinical Psychology from Argosy University, the American School of Professional Psychology in Alameda after completing her undergraduate studies in Psychology and English at Sonoma State University.

Her background training includes narrative based 2-way mirror practices through Argosy University, community residential treatment programs for severely mentally ill at Progress House Foundation, supporting patients and their families dealing with cancer at the Wellness Community, college student counseling and assessment testing at Sacramento State University (APA accredited) and postdoctoral work in outpatient psychiatry at Kaiser Permanente (APPIC accredited).

During her postdoctoral training year, Dr. Williams provided individual, couples and group therapy and implemented the first complex trauma treatment program in the region. Since completing her training,

Dr. Williams has continued her work in outpatient Psychiatry until transitioning to Integrated Care Psychology where she currently provides consultation to patients and physicians in Primary Medicine.

Dr. Williams facilitates a group for patients experiencing chronic illnesses and provides mental health-based education to physicians and is also part of a physician wellness-based program that trains providers in Mindfulness.

Dr. Williams has provided supervision and education to trainees and residents as well as piloted programs for ADHD and initial access clinics. Dr. Williams enjoys working with clinicians of all levels and all disciplines.



**Kathryn Hurn, PsyD
Clinical Supervisor**

Dr. Hurn is a licensed Psychologist with the Department of Mental Health and Wellness (Adult Services) with Kaiser Permanente, Roseville.

Dr. Hurn received her B.A. in Psychology from University of California, Santa Cruz in 2006. She then completed her masters at California State University, Northridge and went on to get her doctorate in Clinical Psychology from California School of Professional Psychology. She completed her pre-doctoral internship at Kern County Mental Health, working at both Kaiser Permanente and the county mental health department on the Forensic Psychology team. Dr. Hurn completed her postdoctoral residency with Kaiser Permanente Addiction Medicine and Recovery Services (AMRS) in Union City. She became licensed in 2016 and joined the Adult Services team in Fremont in a split mental health and AMRS position.

In 2018, Dr. Hurn transferred to the Sacramento area and started working on the Managing Complexity Program (MCP) team at Kaiser Permanente, Roseville.

She provides individual and group therapy to patients who have experienced Adverse Childhood Experiences (ACES) and are diagnosed with a Trauma and Stressor-Related Disorders and/or Borderline Personality Disorder.

She started the Dialectical Behavior Therapy for Substance Use Disorders (DBT-SUD) at Roseville and helped launch Dialectical Behavior Therapy for Posttraumatic Stress Disorder (DBT-PTSD). She continues to co-facilitate both groups, as well as other MCP classes.

Dr. Hurn is also a part of the Psychological Assessment team and completes assessments regarding differential diagnoses questions. Her interests continue to be substance use disorders and childhood trauma, as well as supervision of trainees.

She values being a part of a multidisciplinary team and coordinating with providers inside and outside of mental health.

**Sonia Randhawa, PsyD
Clinical Supervisor**

Dr. Randhawa is a licensed clinical Psychologist with the Department of Mental Health and Wellness outpatient Adult Services at Kaiser Permanente, Roseville. Dr. Randhawa received her B.A. in Cognitive Psychology and Sociology from University of California, Irvine in 2010. She then completed her masters and went on to get her doctorate in Clinical Psychology from California School of Professional Psychology, San Francisco. She completed her pre-doctoral internship at University of South Florida with an external rotation at James A. Haley Veteran's Affairs.

Dr. Randhawa completed her postdoctoral residency with Kaiser Permanente outpatient Adult Services Department of Mental Health and Wellness in Roseville. She worked in a split general outpatient and Managing Complexity Program (MCP) mental health position. Dr. Randhawa joined the MCP Adult Services team in Roseville as a licensed psychologist in 2018.

She provides individual and group therapy to patients who have experienced Adverse Childhood Experiences (ACES) and are diagnosed with a primary Trauma and Stressor-Related Disorders and/or Borderline Personality Disorder.

Dr. Randhawa is the trauma lead for MCP. She helped start the Skills Training in Affective and Interpersonal Regulation (STAIR) and helped launch Dialectical Behavior Therapy for Posttraumatic Stress Disorder (DBTPTSD) groups at Roseville, Kaiser.

She co-facilitated STAIR for three years and now co-facilitates the DBT and DBTPTSD groups, as

well as other MCP classes. Dr. Randhawa is also trained in Eye Movement Desensitization and Reprocessing (EMDR), on the supervision team, and part of the Justice Equity Inclusion, and Diversity workgroup. Her clinical interests are in diversity, mindfulness, relational work, and trauma. On a personal note, Dr. Randhawa enjoys teaching yoga, traveling near and far, and spending time with friends and family.