

## Meet Our Team

### Redwood City Internship in Health Service Psychology West Bay Doctoral Internship Consortium

**Michael Sasiain, PsyD (he/him)**

**West Bay Consortium Co-Director & Site Training Director**

Dr. Sasiain currently serves as the Co-Director of the West Bay Consortium's Doctoral Internship program, Director of the West Bay Consortium's Postdoctoral Residency program, and the site director of doctoral and postdoctoral training in Redwood City's Psychiatry Department. Additionally, he serves as *La Clinica's* team lead, which is a program that provides Spanish-speaking individual and group therapy for adults, children, and families. Dr. Sasiain also helps transition new staff members into their clinical roles and has served on the Adult Team's interview committee for staff positions. Clearly, he enjoys inhabiting different roles and mentoring colleagues irrespective of their years in the field.

Dr. Sasiain earned a B.A. in Philosophy and Psychology from the University of California, Santa Cruz and a Doctorate in Clinical Psychology (with a focus in Latinx Psychology) from Pacific University, Oregon. He completed his doctoral internship and postdoctoral residency in the Psychiatry Departments of Kaiser Permanente in Fresno and Redwood City, respectively. He primarily works with mono-lingual, Spanish-speaking individuals and patients who identify as Latinx. Moreover, Dr. Sasiain facilitates therapy groups that treat trauma-related disorders and OCD. And last, he is specializing in Psychedelic-Assisted Therapy (Ketamine, Psilocybin, and MDMA) and is certified in *Psychedelic Facilitation* through UC Berkeley's Center for the Science of Psychedelics (BCSP) certificate program. He sincerely looks forward to working with prospective interns.

**Thalia De Herrera, PhD (she/her)**

**West Bay Consortium Co-Director**

Dr. De Herrera is a psychologist and manager in the South San Francisco Child and Adolescent Mental Health Services Department. Dr. De Herrera completed her Ph.D. in Clinical Psychology from Alliant International University, Los Angeles. She completed her internship at Andrus Children's Center in New York and was a postdoctoral resident at Kaiser Permanente South San Francisco. After completing her residency, she stayed on as a bilingual psychologist (English/Spanish) on the Child and Adolescent Team. She is passionate about working with diverse youth and families to improve their relationships, building on their strengths, addressing issues of language, culture, inter-generational conflict, and empowering families to make positive change. As a bilingual psychologist in English and Spanish, she is passionate about providing culturally appropriate care and draws from Cognitive Behavioral Therapy, Dialectical Behavior Therapy, Family Systems, and client-centered approaches. As part of the Child and Adolescent team at KP South San Francisco, Dr. De Herrera provides group and individual psychotherapy and manages the Intensive Outpatient Program (IOP), which provides care to adolescents and families in acute crisis. Dr. De Herrera is also the co-director of the West Bay Internship Consortium, director of the South San Francisco Internship Program, and a supervising psychologist for practicum students.

**Jennifer Houseman, PsyD (she/her)**

**Internship/Residency Training Program Manager – AMRS Team**

Dr. Houseman serves as the training program manager for Addiction Medicine & Recovery Services (AMRS) at Kaiser Redwood City. In this role, she oversees the training program and acts as a liaison between the training director, managers, supervisors, doctoral interns, and postdoctoral residents in the clinic.

Dr. Houseman earned a B.A. in Psychology from Towson University and a Psy.D. from the California School of Professional Psychology (now Alliant University). After joining Kaiser Permanente South San Francisco in 2010, she brought her expertise to Kaiser Permanente Redwood City in 2023. Overseeing the training program is a professional passion of hers, where she enjoys facilitating the growth and transition of doctoral interns and postdoctoral residents into independent practice. Her commitment to the training program is deep and rewarding. Dr. Houseman is proud to see so many of the trainees in the training programs join Kaiser Permanente as colleagues, who, in turn, continue to enrich our community and the quality of care we provide.

**SUPERVISORS**

**Farzaneh Eleen, PhD (she/her)**

**Group Supervisor – Child Team**

Dr. Eleen is a primary supervisor for the Child and Family Psychiatry doctoral interns and postdoctoral residents in the Child and Family Psychiatry service in Redwood City and San Mateo. She has been working at Kaiser Permanente since 2002 and has been part of the postdoctoral residency program from its inception at Kaiser Permanente Redwood City. She enjoys being a supervisor and being involved with the training program as she finds it very fulfilling to participate in the growth and development of the next generation of psychologists while continuing to learn and grow through working with them. In addition to being a primary supervisor, she has facilitated group supervision and worked as an acting site training director and acting consortium director, which has helped her appreciate the entire scope of the training program at Kaiser Permanente beyond the individual supervision.

Prior to working at Kaiser Permanente, Dr. Eleen worked in community mental health programs as well as school-based and inpatient programs. She had an MFT license before she returned to complete a Ph.D. program at Palo Alto University (formerly known as PGSP), and she has been licensed as a psychologist since 2003.

**Keri Gordon, PsyD (she/her)**

**Delegated Supervisor – AMRS Team**

Dr. Gordon is a delegated supervisor for postdoctoral residents and doctoral interns at the Redwood City Addiction Medicine and Recovery Services Department (AMRS). She earned her doctoral degree from PGSP-Stanford Consortium and completed her postdoctoral residency in 2011 at Kaiser Permanente Redwood City. In her years at Kaiser Permanente, she has worked in multiple clinical capacities, supervised postdoctoral residents, and worked on medical center quality metrics relevant to the psychiatry and addiction medicine departments.

Dr. Gordon has seen and been a part of the growth and refinement of the training experience offered in the Redwood City doctoral-level training programs. She finds pleasure supporting psychology trainees as they are becoming independent and competent practitioners. Her approach to supervision is integrative; she adjusts to meet the needs of the supervisee and the situation at hand by being a teacher, advisor, or consultant in areas relevant to being an effective psychologist.

**Lorena Hernandez, PsyD (they/she)**  
**Assessment Supervisor – Adult Team**

Dr. Hernandez is the adult ADHD assessment psychologist and primary assessment supervisor in the Redwood City Internship Program. Her training has focused on working with folks of the global majority, LGBTQIA, and SPMI populations in a variety of community and hospital outpatient settings. She completed her postdoctoral residency at Kaiser Permanente Vacaville/Fairfield/Vallejo as a split Child & Family and Adult resident with a focus in Gender Specialty care. She then joined the Redwood City Adult Team and continued her role as a Gender Specialist before transitioning to ADHD assessment in 2021. She also maintains a private practice focused on working clinically with LGBQ, transgender, and/or non-binary folks as well as providing gender and neurodiversity-affirming assessments.

Dr. Hernandez is currently in her 3rd year supervising the Redwood City training programs' assessment clinic. Oftentimes assessment supervision is used to explore the potential benefits of psychological evaluations, to discuss ways to build a more ethical and appropriate battery of tests, and to build the resident's sense of competence and confidence in the assessments they are conducting. She has really loved being a part of the last year of formal training for clinicians. Her hope is that folks come out of the training year with an increased appreciation for psychological assessment, even if it isn't where they plan to focus their future work.

**Jason Karageorge, PhD (he/him)**  
**Primary Supervisor – AMRS Team**

Dr. Karageorge is a licensed clinical psychologist. He completed his clinical training at hospitals in New York City and earned his doctorate from Columbia University. He describes himself as a client-centered therapist, who meets patients where they are and treats therapy as an incredibly rich, idiosyncratic process. He also values understanding subjective meaning and making the implicit, explicit, while simultaneously leveraging insight to generate adaptive change. While enjoying his own therapeutic practices, he also finds great value in supervising postdoctoral residents and doctoral interns and bearing witness to that developmental process.

**Caitlin O'Donnell, PsyD (she/her)**  
**Delegated Supervisor – Adult Team**

Dr. O'Donnell serves as the delegated supervisor for the Doctoral Internship/Postdoctoral Residency in Adult Psychiatry at Kaiser Permanente Redwood City. In addition to supervising, she leads the Couples and Family Therapy Program and has served as a member of the Dialectical Behavioral Therapy Program, Trauma Program, and Teen Intensive Outpatient Program (Teen IOP). Prior to coming to Kaiser Permanente, she completed her undergraduate degree in Psychology and Human Complex Systems at UCLA, a Master's degree from Oxford University in Psychological Research, and a Doctorate in Clinical Psychology from Rutgers Graduate School of Applied and Professional Psychology (GSAPP). She held clinical training positions at Mount Sinai Beth Israel in New York City, Newark Beth Israel, NYU Langone Military Family Clinic, Rutgers Counseling, Brooklyn VA, GSAPP Center for Psychological Service, and Center for Psychotherapy and Psychoanalysis. Dr. O'Donnell also completed a postdoctoral residency at the Veterans Administration - Palo Alto Healthcare System. One of her passions is supervising, and she deeply appreciates the opportunity to be part of doctoral intern's and postdoctoral resident's final years of training, in which she can support them in their development into independent clinicians.

**Christine Pearston, PsyD (she/her)**  
**Delegated Supervisor – Child Team**

Dr. Pearston is a delegated clinical supervisor for the Child Team. She is based in Redwood City as a pediatric psychologist liaison, teen eating disorder therapist on the Outpatient Eating Disorders team (OPED), and as a lead for the DBT group for teens and families in the Intensive Outpatient Program (IOP). Her areas of interest are eating disorders, autism spectrum disorders, health/pediatric psychology, and psychological assessment.

Dr. Pearston received her B.A./M.A. from the University of Hartford in Connecticut and her Psy.D. in Combined Clinical Child/School Psychology from Pace University in New York. Like many of the clinic's therapists and supervisors, she completed her postdoctoral residency at Kaiser Permanente, having trained in Santa Clara and remained on staff there for four years. She was excited to also serve as the assessment supervisor for the postdoctoral residents at KP Santa Clara. After some time away, Dr. Pearston rejoined Kaiser Permanente, this time with the Redwood City team. She looks forward to continuing to learn from the next generation of psychologists!

**Chelsey Richeson, PsyD (she/her)**  
**Primary Supervisor – Child Team**

Dr. Richeson is a primary supervisor for the Child Team's doctoral internship and postdoctoral residency in Redwood City. She earned her Bachelor's degree in Psychology with a minor in Spanish at Pepperdine University and Doctorate in Clinical Psychology at CSPP, Alliant University in San Francisco. She completed her postdoctoral residency at Kaiser Permanente South Sacramento and had the opportunity to become a staff member here at Kaiser Permanente Redwood City. She is a bilingual (Spanish) psychologist and participates in *La Clinica*, which is a program that provides Spanish-speaking individual and group therapy for adults, children, and families. She received training to become a certified PCIT therapist and has experience working in a variety of settings, including pediatric settings, community mental health, outpatient clinics, and schools. Dr. Richeson has had a positive experience in her own training years and with supervisors, and she wishes to provide a similar experience to doctoral interns and postdoctoral residents in their own professional growth.

**Yuri Ouchi Stevens, PsyD (she/her)**  
**Primary Supervisor – Adult Team**

Dr. Stevens is a primary supervisor for the Intensive Outpatient Program (IOP) and the Adult Team at Kaiser Permanente Redwood City. She received her B.A. in Liberal Studies at Temple University and received her Psy.D. in Doctoral Studies of Clinical Psychology at California School of Professional Psychology at San Francisco. She completed her postdoctoral residency at Kaiser Permanente Antioch in 2016, and she became a staff psychologist at Kaiser Permanente Redwood City in 2020.

Dr. Stevens has long been interested in assisting young adult students who have desire to work and study in Asia, and she has been a member of the Board of Trustees for Princeton in Asia since 2020. Similarly, she is grateful to have an opportunity to be a clinical supervisor and support doctoral interns and postdoctoral residents in building mastery of clinical skills and with their professional development. She is looking forward to working with prospective interns and residents.