

## Internship Admissions, Support, and Initial Placement Data

Date Program Tables are updated: August 14, 2026

### Program Disclosures

|                                                                                                                                                                                                                                                                                                                                                                                    |                                                                               |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| Does the program or institution require students, trainees, and/or staff (faculty) to comply with specific policies or practices related to the institution's affiliation or purpose? Such policies or practices may include, but are not limited to, admissions, hiring, retention policies, and/or requirements for completion that express mission and values?                  | <input checked="checked" type="checkbox"/> Yes<br><input type="checkbox"/> No |
| If yes, provide website link (or content from brochure) where this specific information is presented:                                                                                                                                                                                                                                                                              |                                                                               |
| Interns will be required to sign a non-discrimatory statement prior to the start of internship.<br>The Values Statement, Appendix O can be found in our Policies and Procedures, on our programs webpage at: <a href="https://mentalhealthtraining-ncal.kaiserpermanente.org/doctoral-internship/">https://mentalhealthtraining-ncal.kaiserpermanente.org/doctoral-internship/</a> |                                                                               |

**Internship Program Admissions**

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program’s policies on intern selection and practicum and academic preparation requirements:

Must be enrolled in a doctoral degree program accredited by the APA. Furthermore, must be in advanced standing (e.g., coursework and comprehensive exams completed) in their programs in Clinical, Counseling, or School Psychology. The Program seek candidates who have demonstrated competencies in individual and group psychotherapy, models of brief therapy, evidence-based treatments, and integrated psychological assessment. Candidates should also have experience working with diverse patient populations. In addition, the program seek candidates who have demonstrated scholarship and leadership abilities in achieving their academic program goals.

Doctoral interns in the Adult Outpatient Track will spend their training year providing services in our community-based Adult Outpatient Clinic. Throughout the training year, interns gain experience in specialty services in the department, such as the Depression Care Clinic and the Cognitive Processing Therapy Clinic. Interns also have opportunities to facilitate group psychotherapy.

**🔊 Important Context for Public Disclosure Data**  
 South Sacramento Psychology Internship Program was established in August 2025 and was granted "Accredited, on Contingency" status by the APA Commission on Accreditation in May 2026. Because this program was not operational prior to 2025, the post-internship outcome data presented in the standardized tables reflect only the years during which the program has been active. Any multi-year totals represent data from our actual operational period and may not cover the full timeframe indicated in the standard template headings.

| Does the program require that applicants have received a minimum number of hours of the following at time of application? If Yes, indicate how many: |     |    |             |
|------------------------------------------------------------------------------------------------------------------------------------------------------|-----|----|-------------|
| Total Direct Contact Intervention Hours                                                                                                              | Yes | No | Amount: 400 |
| Total Direct Contact Assessment Hours                                                                                                                | Yes | No | Amount: 40  |

Describe any other required minimum criteria used to screen applicants:

All interns must have prior experience delivering outpatient psychotherapy services as a psychology practicum trainee/extern within a mental health agency or hospital setting. Intern applicants must have accrued at least 400 hours of prior intervention experience and 40 hours of prior psycho-educational assessment experience.

### Financial and Other Benefit Support for Upcoming Training Year\*

|                                                                                                                                                                                                        |                 |    |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|----|
| Annual Stipend/Salary for Full-time Interns                                                                                                                                                            | 55324           |    |
| Annual Stipend/Salary for Half-time Interns                                                                                                                                                            | n/a             |    |
| Program provides access to medical insurance for intern?                                                                                                                                               | Yes             | No |
| <b>If access to medical insurance is provided:</b>                                                                                                                                                     |                 |    |
| Trainee contribution to cost required?                                                                                                                                                                 | Yes             | No |
| Coverage of family member(s) available?                                                                                                                                                                | Yes             | No |
| Coverage of legally married partner available?                                                                                                                                                         | Yes             | No |
| Coverage of domestic partner available?                                                                                                                                                                | Yes             | No |
| Hours of Annual Paid Personal Time Off (PTO and/or Vacation)                                                                                                                                           | 120             |    |
| Hours of Annual Paid Sick Leave                                                                                                                                                                        | Included in PTO |    |
| In the event of medical conditions and/or family needs that require extended leave, does the program allow reasonable unpaid leave to interns/residents in excess of personal time off and sick leave? | Yes             | No |
| Other Benefits (please describe): Bereavement Leave, Dental Insurance, 8 paid holidays, up to \$3,000 tuition reimbursement for selected pre-approved courses after 30 days of training.               |                 |    |

\*Note. Programs are not required by the Commission on Accreditation to provide all benefits listed in this table

## Initial Post-Internship Positions

(Provide an Aggregated Tally for the Preceding 3 Cohorts)

|                                                                                                                               | 2022-2025 |    |
|-------------------------------------------------------------------------------------------------------------------------------|-----------|----|
| Total # of interns who were in the 3 cohorts                                                                                  | 0         |    |
| Total # of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree |           |    |
|                                                                                                                               | PD        | EP |
| Academic teaching                                                                                                             |           |    |
| Community mental health center                                                                                                |           |    |
| Consortium                                                                                                                    |           |    |
| University Counseling Center                                                                                                  |           |    |
| Hospital/Medical Center                                                                                                       |           |    |
| Veterans Affairs Health Care System                                                                                           |           |    |
| Psychiatric facility                                                                                                          |           |    |
| Correctional facility                                                                                                         |           |    |
| Health maintenance organization                                                                                               |           |    |
| School district/system                                                                                                        |           |    |
| Independent practice setting                                                                                                  |           |    |
| Other                                                                                                                         |           |    |

Note: "PD" = Post-doctoral residency position; "EP" = Employed Position. Each individual