

Meet Our Team

Roseville/Sacramento Valley Psychology Internship

Training Faculty



Emilio Licea III, PsyD
Training Program Manager

Dr. Licea (he/him) is a licensed Clinical Psychologist and Manager of the Training Program, Neuropsychology, and Assessment at Kaiser Permanente Roseville.

Dr. Licea earned his B.A. from Sonoma State University in 2005. He then earned his master's degree in Counseling Psychology from Sonoma State University. He later earned a second master's and doctorate degree in Clinical Psychology from The Wright Institute in Berkeley. He completed his doctoral internship and postdoctoral residency at the University of California Davis.

Dr. Licea later became the Associate Director of Behavioral Health at West County Health Centers in Sonoma County. There he led the expansion of their pediatric department and development of their internship program and spearheaded efforts in becoming a trauma informed organization.

As a generalist, Dr. Licea draws on his experience working and training at UCSF Benioff Children's Hospital Oakland, Family Service Agency of Marin, and Sutter Santa Rosa, among others.

As a psychologist and supervisor, Dr. Licea takes a collaborative and relational approach that is focused on creating a safe environment where patients/staff can openly and honestly express themselves. Supervision/therapy with him involves genuine and respectful listening that is aimed at understanding, empowering, and improving the lives of patients and growth of staff/supervisees.

As a theoretical foundation, Dr. Licea draws on his extensive knowledge of Cognitive Behavior Therapy, Family Systems theory, Dialectical Behavior therapy. As a Latino cisgender male, he has dedicated himself to the exploration of diversity and identity along the intersection of culture and society.



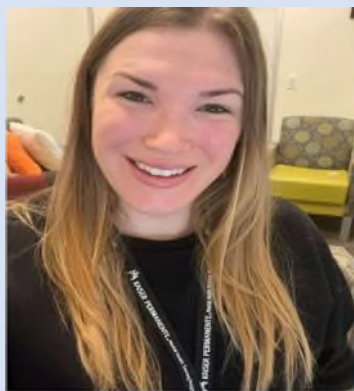
**Ladan Khatibijah, PsyD, ABPP
Training Director**

Dr. Khatibijah (she/her) is a licensed Clinical Psychologist and serves as an assessment specialist on the psychological assessment team at Kaiser Permanente, Roseville.

She received her bachelor's degree from California State University, Sacramento, majoring in psychology. She completed her master's and doctorate degree in Clinical Psychology, minoring in Correctional Psychology, from California School of Professional Psychology (CSPP) at Alliant International University, Sacramento (2018). Dr. Khatibijah completed her APA-accredited doctoral internship at Kaiser Permanente, Walnut creek, with rotations in Adult Addiction Medicine and Recovery Services, Eating Disorder treatment, as well as adult psychological assessments (2018). Following this experience, she returned to Kaiser Permanente, Roseville to complete her APA-accredited postdoctoral residency, where she provided individual therapy, facilitated psychoeducational groups, and partook in psychological assessments.

She then officially joined the Adult Outpatient team as a psychological associate. Upon receiving her California license in 2019, she was hired as a staff member at Kaiser Roseville and joined Roseville's Mental Health Training Program. Dr. Khatibijah earned her ABPP certification in Clinical Psychology in March 2026.

Currently, her role with the training team includes Doctoral Internship Program Director and Clinical Supervisor. She is also proud to be one of the founding members of the NVLY Justice, Equity, Diversity, and Inclusion (JEDI) team, where she continues to lead discussions on JEDI topics alongside her colleagues. Dr. Khatibijah is additionally a member of the North Valley Bias Impact Response Team.



Taylor McKneely, PhD

Secondary Supervisor

Dr. McKneely (she/her) is a licensed Psychologist at Kaiser Permanente Roseville in the Managing Complexity Program (MCP) specialty lane of care.

Dr. McKneely received her B.A. in Psychology from University of Fresno Pacific in 2016. She then earned her doctorate in Clinical Psychology from California School of Professional Psychology in 2022 after completing her doctoral internship at University of Nevada, Reno's Counseling Services. The following year she accepted a position with Kaiser Permanente's Department of Mental Health and Wellness (Adult Services) in Roseville as a postdoctoral resident. Dr. McKneely became licensed in 2023 and became a staff psychologist with the Managing Complexity Program (MCP) team at Kaiser Permanente Roseville. She provides individual and group therapy to patients who have experienced adverse childhood experiences (ACEs) and are diagnosed with a Trauma and Stressor-Related Disorder and/or Borderline Personality Disorder.

Dr. McKneely particularly enjoys co-facilitating the Dialectical Behavior Therapy for Substance Use Disorders (DBT-SUD) treatment group. As a trauma-informed care provider, Dr. McKneely views her work through a humanistic lens and values collaboration with patients to help them create a life worth living.



Courtney Parker, PsyD

Primary Supervisor

Dr. Parker (she/her) is a licensed Clinical Psychologist, currently serving as a consulting clinician on the Collaborative Care team at the Roseville/Riverside Medical Office Building.

Dr. Parker earned two bachelor's degrees from the University of California, Riverside in 2016, majoring in psychology and English literature. She completed her master's and doctorate degrees from the California School of Professional Psychology (CSPP) through Alliant International University in 2018 and 2020, respectively. Dr. Parker's doctoral dissertation focused on the relationship between implicit bias and attitudes toward interracial relationships. Dr. Parker completed her APA-accredited internship at Richard J Donovan Correctional Facility in San Diego, CA, where she conducted both individual and group therapy for patients with a wide array of diagnoses and provided a myriad of therapeutic interventions, including DBT and trauma-informed care. She completed her postdoctoral residency at the California Medical Facility in Vacaville and completed training in the Mental Health Crisis Bed Unit. Dr. Parker earned her psychology license in 2023.

Dr. Parker's previous clinical experience includes psychological assessments, individual therapy, and group therapy with adults and children. She has worked in various settings, including the VA, community mental health, and academic settings. Dr. Parker joined Kaiser Permanente in 2022 as a psychological associate on the Intake Team and continued upon licensure. She later joined the Collaborative Care team in 2024.



Ania Townsell, PsyD

Primary Supervisor

Dr. Townsell (she/her) is a licensed Clinical Psychologist with the Adult Department of Mental Health and Wellness at Kaiser Permanente, Sacramento.

Dr. Townsell received her bachelor's degree from University of California, Merced, majoring in psychology and minoring in sociology. She completed her master's and earned her doctorate degree in Clinical Psychology from John F. Kennedy University, now known as JFK School of Psychology National University. At JFK, Dr. Townsell completed several of her practica working with diverse and underserved populations. She completed her APA-accredited doctoral internship in 2019 at John Peter Smith Hospital in Fort Worth Texas, with rotations in Adult Outpatient, Acute Inpatient Psychiatry (adults and adolescents), Inpatient Neuropsychology, and Outpatient Behavioral Medicine. In 2020, she returned to California to complete her APA-accredited postdoctoral residency at Kaiser Permanente at the Autism Spectrum Disorders Clinic, where she administered cognitive and ADOS-2 evaluations to children aged 0-18. In addition to completing her postdoctoral residency, Dr. Townsell published an article on Black men's experience of police harassment. Following her time at Kaiser Permanente, Dr. Townsell provided services in Community Mental Health with an emphasis on outreach to African American/Black women and the therapeutic benefits of empowerment, education, and affirmation.

Dr. Townsell joined the Adult Outpatient team at Kaiser Permanente, Sacramento in 2021. She provides individual therapy services as a member of the Anxiety Treatment Program and conducts Adult ADHD and ASD evaluations.



Heather Duong, PhD

Secondary Supervisor

Dr. Duong (she/her) is a licensed Clinical Psychologist and serves as a Collaborative Care Clinician embedded within Adult Family Medicine at Kaiser Permanente, Sacramento.

Dr. Duong earned her Ph.D. in Clinical Psychology from the California School of Professional Psychology at Alliant International University, San Francisco Campus, with a dissertation investigating the longitudinal relationship between PTSD and substance use disorders. She also holds a master's in Counseling Psychology with an emphasis on Marriage and Family Therapy from University of San Francisco and dual bachelor's degrees in Psychology and Human Development from UC Davis. Her extensive clinical training includes an APA-accredited doctoral internship at the Captain James A. Lovell Federal Health Care Center, formerly the North Chicago VA, where she provided psychological treatment and assessment for veterans and active-duty service members with complex, comorbid conditions.

Dr. Duong has worked in various roles across major healthcare systems, such as Kaiser Permanente, where she has served in both collaborative care and specialized mental health settings, conducting comprehensive assessments, psychotherapy, and interdisciplinary consultations.

Dr. Duong has contributed to research at the National Center for PTSD, focusing on innovative interventions such as mobile applications for veterans with PTSD. Her work has been presented at national and regional conferences, and she has a peer-reviewed publication on the PTSD Coach mobile application. As an advocate for trauma-informed care, Dr. Duong is committed to promoting evidence-based practices that improve mental health outcomes across diverse populations.



Jennifer Grigoriou, PsyD
Secondary Supervisor

Dr. Grigoriou (she/her) attended the California School of Professional Psychology (Alliant) from 2006 to 2010. She was selected as one of two Spanish-speaking, doctoral interns at Gouverneur Hospital's APA-accredited training program, serving Puerto Rican, Peruvian, Central American, Eastern European and African American low-income residents. She worked in all areas of Gouverneur's Psychiatric department rendering adult intakes, mobile crisis services, adult individual therapy, child and family therapy, and psychological testing.

Dr. Grigoriou returned to California and completed her postdoctoral residency at California State University Stanislaus's college counseling center. In addition to rendering individual psychotherapy, she completed two projects that established the first campus student veteran center and additional peer supports for female veterans and wives of active duty servicemembers enrolled at the university. From 2011-2014, Dr. Grigoriou continued to engage in capacity-building projects for homeless veterans with the United States Veteran's initiative, the U.S. Department of Labor Women's Bureau, CA State Public Library, and Ameri Corps. In 2014, Dr. Grigoriou published an article on minority stress factors for same-sex attracted Mormon adults. For the last 8 years, Dr. Grigoriou has worked as a therapist for Kaiser Permanente's Intensive Outpatient and Outpatient Adult Teams. She specializes in the treatment of trauma, grief, thought disorders, affective disorders and dementia utilizing an integrative approach based in CBT, DBT, Trauma-oriented processing/reprocessing, mindfulness and Polyvagal theories. Dr. Grigoriou continues to offer individual psychotherapy in Spanish and attempts to close treatment gaps for underserved populations within the KP healthcare system.

Dr. Grigoriou lives in West Sacramento with her wife, Lisa, and canine son, Oliver-Wallace. She enjoys playing the ukelele, gardening, taking nature walks along the levee, swimming in the Sacramento River, and working on D-I-Y projects. Some of her works include restoring antique trunks, vintage toys, and classic cars and trucks to their original condition.



Matthew Holland, PsyD
Secondary Supervisor

Dr. Holland (he/him) received his B.A. in Psychology from UC Berkeley in 2002 and his doctoral degree in Clinical Psychology from The Wright Institute in 2016. He completed his doctoral internship at the Integrated Health Psychology Training Program in Contra Costa County and his postdoctoral residency in Adult Outpatient Services at Kaiser Permanente San Rafael.

Dr. Holland joined the Vallejo Psychiatry Department in 2017 and, soon thereafter, served as the clinic's Adult Team representative on the Achieving Clinical Excellence committee for the Northern California region of Kaiser Permanente. Dr. Holland also served on the Behavioral Medicine Faculty for the Family Medical Residency program for the 2020-2021 training year. From 2020-2023, he was the Behavioral Health Manager for Adult Services in Vallejo Psychiatry. During his tenure in Vallejo Psychiatry, Dr. Holland was actively involved in the doctoral training programs with roles that included assessment supervision, individual supervision, and didactic training. He is also an adjunct professor at The Wright Institute.

Currently, Dr. Holland enjoys working with the NCAL Mental Health Training Program as a Clinical Supervisor where he provides supervision to mental health trainees in local medical centers and develops projects designed to support training program quality and expansion goals in the Northern California region.



Dominic Prime, PhD

Group Supervisor

Dr. Prime (he/him) is a licensed Counseling Psychologist and Training Director for the Psychology Practicum Externship Program in the Roseville and Sacramento area. In addition to his role on the training team, he is a staff psychologist who provides therapy and psychological assessment services to Kaiser Permanente members in downtown Sacramento.

Dr. Prime received his B.A. from The University of Utah and his M.Ed. and Ph.D. in Counseling Psychology from Arizona State University (ASU). At ASU, he taught numerous university courses at the undergraduate and graduate level; he served as a research assistant on a National Science Foundation grant that created interventions to assist female doctoral students in the fields of Science, Technology, and Mathematics (STEM) to persist toward degree and career attainment; and he conducted research and published peer-reviewed journal articles in multiple topic areas, including psychometrics; vocational interests and academic success; and interpersonal models of personality. During his graduate training, Dr. Prime completed multiple practica in college counseling centers around the greater Phoenix metropolitan area as well as an additional one-year practicum in supervision provision. He completed an APA-accredited doctoral internship and postdoctoral residency at the University of California, Davis (UC Davis). During his tenure at UC Davis, he emphasized training in individual and couples therapy as well as specialized training in Health Psychology through the campus Health Center.

After completing his postdoctoral residency, Dr. Prime joined the Department of Psychiatry at the Kaiser Permanente Vacaville. He then moved to Portland, Oregon for a period and served as an embedded psychologist providing services to patients in two separate family medicine clinics for Providence Health and Services. Upon moving back to Northern California, he rejoined the Kaiser Permanente Department of Psychiatry, this time in the Sacramento/Roseville area. Currently, Dr. Prime's role with the training team includes directing of the psychology practicum externship as well as providing group supervision to the doctoral interns and the postdoctoral residents.